



DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ—FEBRUARY 2013

AND NOW IT'S FEBRUARY

by Connie Riter

There is a reason why February is so short! Back East (and North) this is usually the month when the worst cold weather occurs. The nights are long, the snows deep, and the people are glad to see this month go by a few days quicker. Here in Arizona we don't have those problems. We'd be happy to take about 10 days away from July and add them to our February -- but we can't make our own calendar -- so here we are!

This is American Heart month, aptly named since Valentine's Day falls on the 14th. Be good to YOUR heart this month -- come down to the Clubhouse for some exercise classes, use the pool or exercise room, join those who walk. Your heart will be happy! Among our commonly known holidays this month are Ground Hog Day on the 2nd. (Have you seen the movie "Ground Hog Day" recently? It's worth seeing over and over again.) The Superbowl is on the 3rd. Mardi Gras on the 12th with Ash Wednesday following on the next day. President's Day is on the 18th. (A good day to see the new movie, "Lincoln.")

Other lesser known holidays are Feb. 1st known as National Freedom Day, Feb 3rd the anniversary of the deaths of Buddy Holly and Rickie Valens who died in a plane crash in 1959, and Chinese New Year on the 10th. This year is the "Year of the Snake."

The LEAST known holidays include Feb. 4 designated as "Thank a mailman day", Feb. 17th known as "Random Acts of Kindness Day," Feb. 20th marked as "Love Your Pet Day", and one of MY favorites -- Feb. 27th listed as "No Brainer Day." If a project requires thinking, study, or analysis of any kind, don't do it on the 27th. Only do things which are simple, easy, and obvious on this day. This is my kind of day -- and my kind of month!

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From the President's Desk

by Dick Smith



February already. How time flies! Hoping the weather will start warming up soon. There are a few of us that can't tolerate that 60 degree weather anymore. Yes, I am one of the wimps.

Don't forget, we will have the elections for the activities board in the March residents meeting. You will be receiving a special edition newsletter with the biographies of all the people running. The 3rd week of February, you will receive your ballots. There will be a ballot box in the clubhouse until the meeting on the 2nd of March. We are electing 5 people this year. President, Vice President, Secretary, Treasurer and one board member at large. Please do your part and vote.

As always, don't forget the recycle bins behind the clubhouse. That is pure income for the residents. Hope you have a great month!

ACTIVITIES ORGANIZATION

President	Dick Smith	Lot #74	480-983-5819
Vice President	Sharon Schupbach	Lot #93	480-857-4629
Secretary	Sharon S. will fill in until next election		
Treasurer	Art Roberts	Lot #81	480-641-7753
Board Member	Midge Drouin	Lot #203	602-459-9039
Board Member	Mike Bauschard	Lot #99	480-288-4332
Board Member	Tim Chrissis	Lot #34	480-982-1891

**WEB MASTER, DICK SMITH
480-983-5819**

DESERT HARBOR ACTIVITIES

<u>ACTIVITY</u>	<u>COORDINATOR</u>	<u>TELEPHONE</u>
APPLIQUE	RENI DIEBALL	983-0578
BINGO	DENNIS & DIANE MAHER	646-1433
CASINO TRIPS	CONNIE RITER	641-7753
CLOSET QUILTERS	RENI DIEBALL	983-0578
GENEALOGY	ESTHER LOUGH	288-8579
GOLF	DON WALKER	288-5686
HORSESHOES	TBA	
LADIES OUT OF THE PARK LUNCHEONS	TBA	
LADIES SOUP & SALAD LUNCHEON	JOANN HANKISON	641-0975
LINE DANCING	MARY PAT SUMMERS	983-4227
MAH JONGG	TBA	
PINOCHLE	ELAINE KERELUK	987-8587
POKER	MIKE BAUSCHARD	288-4332
SHUFFLEBOARD	TIM CHRISSIS	982-1891
STITCH & CHAT	RENI DIEBALL	983-0578
TAI CHI	DICK SMITH	983-5819

**MARTA ALEGRIA, DESERT HARBOR MANAGER,
480-288-8876**

BIRTHDAYS - ANNIVERSARIES

FEBRUARY BIRTHDAYS

Day	Name	Lot #
2	Philicia Hightower	8
5	Fay Brandt	109
6	Judy Fischer	96
10	Bette Roy	130
11	Barb Schnier	146
14	Jean Hansen	151
16	Carole Garriott	115
18	Alana Zimmer	41
20	John Smartt	20
21	Allen Horning	106
24	Elmer Stambaugh	69
26	Beverly Thau	32
29	James Almon	9

FEBRUARY ANNIVERSARIES

Day	Name	Lot #
10	Jim & Bonnie Harrison	40
14	Jerry & Patricia Murphy	205
14	John & Anne Eubank	169
15	Ron & Connie Farmer	175
19	Michael & Monica Bauschard	99
19	Ron Ruetz & Helen Rietow	73
23	Jim & Anna Parker	72
28	Mike & Elaine Kereluk	82

If you wish to add your birthday and/or anniversary or make any corrections to the list, please call: Kay McKersie at 480-288-9531



PHONE BOOK UPDATES AND NEW RESIDENTS:

PLEASE NOTE: We are in the process of updating our phone books, so if you have a new number or are new in the park, we need to get the phone numbers from you. Send to: desertharboraz@aol.com

E-MAIL ADDRESS UP TO DATE?

Please be sure to let us know if you change your e-mail address. We usually are working a month in advance on the newsletter, so many times there is last minute information that we like to send out. So if you want your e-mail address to be included, please send any corrections or updates to: desertharboraz@aol.com. Also, be sure to add desertharboraz@aol.com to your contact list.

Law-We-Lat-Klah by Margo Crawford
Mt. St. Helens May 18, 1980



The Cowlitz Indian People called the great mountain Law-We-Lat-Klah which translates to Smoker. After weeks of speculation and several days of specific observation Mt. St. Helens erupted through a side vent. Although the bulge in the side of the mountain had been expanding for several days, scientists still expected the eruption to occur at the top. The eruption through the side caused a more directional path of destruction that carried far beyond what was expected. As you



drive up to Mt. St. Helens, the highway is lined with a variety of trees. There are signs indicating the types of trees and when they were planted. Many of these groves were planted prior to the eruption and were just far enough away to have survived. Some groves have been planted since May 18, 1980 and are fast growing trees just to help Mother Nature along.

There are several scenic view areas along the road up to the main observation point for Mt. St. Helens. As you gaze out over the valley you can see the silt and muddy ash that spewed that day. The dead tree trunks remain in place allowing nature to continue the natural decay. There has been no major human interference in the re-growth around the devastation. Man has made a conscious effort to stay out of it! Seeds from the new growth of vegetation are carried by animal hooves and deposited through the feces of animals that eat the berries and forage. Bees, birds and butterflies are all being allowed to handle the rebirth.



Seeing the remaining damage caused by the eruption is awesome. We stood in absolute admiration of the way nature is healing itself. Fallen tree trunks have become natural planters for new flowers and other plants. We watched the video at the main observation area and gift shop. It was full of interesting facts and not too long. At the end of the show the red drapes behind the roll up screen opened and Mt. St. Helens was the immediate and awesome backdrop! I cannot even begin to describe the awesome effect this scene creates. Mt. St. Helens creates her own weather so you never know for sure if she will be totally visible or if she will be shrouded in clouds and mist. If you make the trip to Washington State the visit to Mt. St. Helens is strongly recommended.



ACTIVITIES ORGANIZATION ELECTIONS

by Bob Mayo

It is that time of year when the Activities Organization will hold elections for individuals who will lead the organization during the coming year. The open positions are President, Vice President, Secretary, Treasurer and one Member at Large position. A nominating committee consisting of Michael Bauschard, Alice Johnson, and Sherry Weinert has been appointed to collect the names of interested individuals. Any park resident desiring to become involved should contact a committee member and tell them for which position they would like to run. Individuals may also be nominated from the floor during the February residents meeting.

During this same period residents will be voting on proposed amendments to the organization's bylaws. Any resident of the park may propose an amendment to the bylaws at any time. It is suggested that if someone wishes to propose an amendment to the bylaws that they contact a member of the bylaws committee for assistance. Committee members include Bob Mayo, Connie Riter, Carol Rysavy and Agnes Miller. If they wish, they may write up the proposed amendment themselves and provide it to one of the committee members. It is recommended that any proposed amendment be accompanied by a short reason for the amendment. All proposed amendments must be presented not later than the February residents meeting.

Voting for officers and amendments to the bylaws will be conducted beginning in mid February with ballots provided to each park resident. A box will be available in the clubhouse in which to place your completed ballot. All ballots must be submitted prior to the start of the February residents meeting. Votes will be counted and new officers announced at the end of that meeting.

We hope and ask that all park residents become involved either by running for office, if that is your desire, or by at least voting.

AMENDMENTS TO BYLAWS - *by Bob Mayo*

Just a reminder that any desired changes to the bylaws of the organization need to be available not later than February 1st so they may be posted prior to the voting which will begin in mid-February. Proposed amendments may be given to any member of the Bylaws Committee at any time. Members include Connie Riter, Carol Rysavy, Agnes Miller and Bob Mayo.

RECYCLED GREETING CARDS WANTED

Do you have leftover greeting cards? There is a basket in the clubhouse that you can put them in. Connie Riter will be sure the cards are sent to St. Jude's in Nevada. Thank you.

TURNING OFF YOUR COMPUTER PROPERLY

by Margo Crawford

Part 1

In this article

- Use the Shut down button on the Start menu
- Using sleep
- When to shut down
- Laptop users: Close the lid



When you're finished using your computer, it's important to turn it off properly—not only to save energy, but also to help keep your computer more secure and to ensure that your data is saved. There are three ways to turn off your computer: pressing your computer's power button, using the Shut down button (sometimes called the Power button) on the Start menu, and, if you have a laptop, closing the lid.

Use the Shut down button on the Start menu

To turn off your computer using the Start menu, click the Start button , and then, in the lower-right corner of the Start menu, click Shut down.

When you click Shut down, your computer closes all open programs, along with Windows itself, and then completely turns off your computer and display. Shutting down doesn't save your work, so you must save your files first.

Click the arrow next to the Shut down button for more options.

Taken From Microsoft Help

SAVE THE DATE! *by Kay McKersie*

Sat. Feb. 2nd	9:00am	Resident's Meeting
Tue. Feb. 5th	12:00pm	Ladies Soup 'N Salad Luncheon
Fri. Feb. 8th	10:00am	Marta's Meeting
Sat. Feb. 16th	4:30pm	Valentine's Potluck
Tue. Feb. 19th	11:00am	Ladies Luncheon
Thu. Feb. 21st	9:30am	Fort McDowell Casino
Sat. Mar 9th	7am to Noon	All Park Patio Sale
Sun. Mar 17th	TBA	St. Patrick's Day Celebration

RECIPES

A Recipe from our Christmas Pot Luck

CALIFORNIA BLEND *by Judy Fischer*

One box Chicken Stove Top Stuffing (prepared as directed).
Place in bottom of casserole dish.
One package frozen California Blend vegetables, boiled and drained.
Place over stuffing.



Make sauce: Two to three tablespoons melted butter. Sprinkle flour into butter with whisk until thick. Add milk until thin white sauce. Add ½ lb. cubed Velveeta cheese and stir until cheese is melted. Pour sauce over vegetable mixture and bake at 350 for approx. 15 min. or until warm.

GERMAN CHOCOLATE / CARAMEL BARS *by Kay McKersie*

Combine and melt in microwave(30 sec. increments--check and stir):

- 1 - 14 Oz. bag of Kraft Caramels
- 1/3 cup milk

Set aside

Blend:

- 1 German Chocolate Cake mix
- 1/3 cup milk
- 1 stick melted butter

Batter will be stiff.

Press half of cake mixture into buttered 9x13 pan. Bake six minutes at 350 degrees.

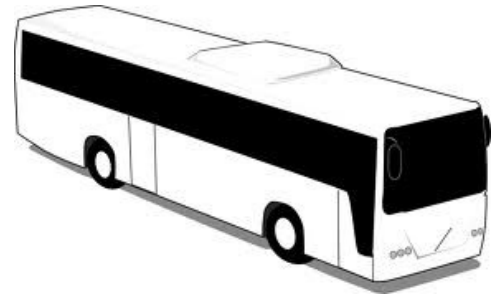
Sprinkle with 12 oz. bag of chocolate chips and pour caramel over the top of baked bar.

Put rest of dough on top. (I couldn't make the dough spread so made small pancakes and spread them over the top)

Bake at 350 degrees for about 20-25 minutes.

INTERESTED IN A BUS TRIP? *by Connie Riter*

Several interesting bus trips are planned for the next month...Some are just day trips and should be fun for those who don't want to stay anywhere overnight.



Feb. 7 -- **Festival of the Arts in Tubac.** Tubac was established in 1752 as a Spanish Presidio. Working artists' studios now surround the grounds, which once served as the home for a Spanish Military garrison. The Tubac Arts Festival had its start back in 1959 and is the longest running event of its kind in the southwest. The major event of the year for Tubac showcases the works of hundreds of visiting artists, crafters, and musicians from the US and Canada. There is a huge food court loaded with many delicious treats. This is one event you are sure to enjoy. \$49 pp

Feb. 13 - 15 -- **Las Vegas for Valentine's Day.** Want to spend Valentine's Day in Las Vegas? 3 days/2 nights at the 4-star Golden Nugget, Fremont Light Show and a Golden Nugget Coupon Book with many 2 for 1 offers. \$159 ppdbl.

Feb. 16 (Sat.) -- **Phoenix Gold Cup 2012 at Turf Paradise.** The largest thoroughbred Race Day of the Year. Reserved all-day seating with a buffet lunch (included) in the Turf Club Terrace, a race named after the group, 8 winners will be escorted to the paddock to watch the race trackside and then proceed to the winner's circle for a souvenir photo of our group with the winning horse, owner, and trainer. ...and you get a 2013 Phoenix Gold Cup Tee-Shirt, too!! \$65 pp.

Feb. 19-21 -- 3 day/2 night trip for a **private tour of Universal Studios** and a sit-down dinner (included) in Universal City Walk. Also tour the **Reagan and Nixon libraries**. A total of 5 meals and 3 tours included. \$435 ppdbl.

Feb. 22 -- **Verde Canyon Railroad trip.** Relax in first class seating on the heritage train for a 40- mile round trip train ride through some of the most scenic and remote areas in Arizona. Complimentary appetizers served as you travel and listen to original music. and a cash bar is available. Bring your camera for some beautiful pictures of the area and perhaps the wildlife...Then dinner afterwards (included) \$159 pp.

Feb. 28 -- Here's a one-day trip to **Sedona**, which has been called the no. 1 most beautiful spot in the country! Drive through Oak Creek Canyon (with a photo shoot stop), visit Tlaquepaque Village which is a replica of Guadalajara, Mexico and has some unique shops. Have brunch in Sedona (included). Tour Sedona by trolley, and see the Chapel of the Holy Cross. \$69 pp.

March 1 -- A chance to see **ABC channel 15 TV studios** for a live show of Sonora Living Live. This is a morning trip where you participate in this live telecast. Breakfast is included. \$42 pp.

Call me for reservations on any of these trips, or others in the travel book in the clubhouse. Remember, the travel company gives our Activities Organization a 5% commission on these trips. I'm sure you will enjoy learning about our beautiful state!

CHIT CHAT AROUND THE PARK

SOLSTICE COMMUNITIES CHRISTMAS PARTY *by Tim Chrissis*



The Christmas Party was held at Lost Dutchman Park on December 16, 2012. There were over 200 guests at the Party. They served cakes, breads, cookies, punch, coffee and eggnog. Tracy, the Solstice Activities Director gave away numerous \$25 gift cards as prizes all through-out the party. It was nice to connect with old friends from the different parks that attended. Fun was had by one and all.

CHRISTMAS POT LUCK

By Dave Borchardt

The annual Desert Harbor Christmas pot luck was held on Saturday Dec. 15th and was very well attended. The food was great and our hosts for the evening were the Desert Harbor Community Church group. There was a wide assortment of foods and of course we have some of the best cooks here at Desert Harbor so it's no wonder that most of the dishes get scraped to the bottom.

LADIES LUNCHEON *by Kay McKersie*

Charleston's was our choice for the Christmas Ladies Luncheon on December 18th. It has long been a favorite among the group. We had a much larger turnout than usual with twenty ladies joining us. Looking down the tables, I saw a lot of soups, salads and burgers. The food and service was up to their usual high standards making the event a pleasant outing.

Sharing lunch and friendships make for an excellent start to the Holiday season.

NEW YEAR'S EVE PARTY

By Dave Borchardt

A huge THANK YOU goes out to all who helped plan and promote our Desert Harbor's New Year's Eve party held at the club house. The following people all helped with the event: Renee' Spears, Pat Ballock, Tim & Rose Chrissis, Dennis & Diane Maher and Cliff & Phyllis Tessmer. The DJ sound and light show was a big success and there were many requests to bring him back for a future event. There was plenty of food for everyone, even cake for dessert and of course Champagne for everyone at midnight. And there were door prizes throughout the evening including \$25.00 Longhorn Steak House, \$25.00 Olive Garden, \$15.00 The Dining Room, \$25.00 Mickey's Diner, Two 30 minute massages at Moris Chiropractic, 4 caps & 4 mugs from Shoppers, McDonalds, 3 Bottle Wine Basket and a Set of 2 glasses with a bottle of wine. I heard many people say how terrific the event was and that they are looking forward to next year's party.

WHO AM I ?



Look for current
photo next month

I moved into Desert Harbor in 2007. I am fairly active in the community and like to participate in community events and I enjoy going to casinos.

If you know who I am, please jot your guess along with your name and lot number and put it in the suggestion box at the clubhouse. You may also submit your guess by e-mail to desertharboraz@aol.com, and, please put the date and time on your entry.

Thank you!

WANTED: CRAFTERS! *By Margo Crawford*

We are starting a craft get together. Thursday mornings at 10:30 at the clubhouse as of January 10, 2013. All craft levels welcome. To get us off to a good start, Monica has offered to conduct a card stamping class. Supplies will be provided for this class--just show up! Even if you don't plan on making cards, learning the art of stamping can be fun and can be used for other forms of decorating.

Anyone who has a talent to share please let us know. We have people interested in paper beads, bead ornaments, appliqués and several people interested in rag rug making. If you don't want to work on a specific project with the group, bring whatever you want to do and just enjoy some company. I have some cross stitch projects that I have started and now have me completely intimidated. Perhaps some people who do cross stitch can gather and help those of us who are RTI challenged. (Read The Instructions)

RESIDENT'S MEETING - *by Bob Mayo*

The resident's meeting was held on 5 January 2013 at 9:00 am. Following the Pledge of Allegiance two new residents were introduced. They are the Daltons and they reside in Unit #145. Minutes of the previous meeting were approved along with the treasurer's report. Art Roberts reported that sales of the Desert Harbor cook books along with the Coyote Coupon books were going well and we have sold enough of both so that we are now making a small profit. Art and Dick Smith both offered congratulations to those individuals who worked to make the New Years Eve party a great success. Agnes Miller reported on the recent ladies luncheon and also stated that she was retiring as the coordinator for this event and that someone needed to step up as a replacement. It was announced there will be a Jam Session the 1st and 3rd Wednesday each month at 6:30 pm. On Mondays we also have Bingo beginning at 6:00 pm. and there will be a Bingo Blowout event sponsored by the Solstice Communities on February 11th-- so watch for further information.

Connie Riter provided information on several trips coming up including a Gourd Craft Festival in Casa Grande on February 2nd; the Tubac Arts and Craft show February 7th; a trip to Turf Paradise on February 16th. There will also be a trip & ride on the Verde Canyon RR on February 22nd; along with a trip to Sedona on 28 February and a 3 day trip to visit the Reagan Library from the 19th-21st of February. More information on all these trips will be on the board in the clubhouse. Solstice Communities will also be having an Ice Cream Social February 16th at the pot luck.

Under old business the issue of a new sound system for the clubhouse was brought up. A motion was made and seconded to approve an expenditure of up to \$1800.00 for this sound system. After much discussion the motion was approved.

Mike Bauschard reported the nominating committee had received several names of people desiring to run for the organization offices which will be open. These include:

President:	Dennis Maher
Vice President:	Arturo Tapia Cliiff Tessmer
Secretary:	
Treasurer:	Tim Chrissis Art Roberts
Board Member:	Margo Crawford Phil Thau

Nominations for offices may be made until the end of the February meeting. Meeting was adjourned.

HEALTH ARTICLE *by Midge Drouin*

A muscle cramp is a strong painful contraction or tightening of a muscle that comes on suddenly and lasts for a few seconds to several minutes. It often occurs in the legs. A muscle cramp is also called a charley horse.

What Is The Cause? Muscle cramps may be brought on by many conditions or activities such as: exercising, injury or overuse of muscles. Pregnancy-cramps may occur because of decreased amounts of minerals such as calcium and magnesium. Exposure to cold temps, especially to cold water. Other medical conditions such as blood flow problems, kidney disease, thyroid disease, and multiple sclerosis. Standing on hard surfaces for a long time, sitting for a long time, or putting your legs in an awkward position while you sleep. Not having enough potassium, calcium, and other minerals in your blood. Being dehydrated, which means that your body has lost too much fluid. Taking certain meds, such as anti psychotics, birth control pills, diuretics, statins, and steroids.

How Can You Stop A Muscle Cramp? Stretch and massage the muscle. Take a warm shower or bath to relax the muscle, also by using a heating pad. Using an Ice or cold pack. Take OTCS such as Tylenol, Ibuprofen, Motrin, Aleve. Drink plenty of fluids to keep yourself hydrated. *Info taken from Web M.D.*



CHURCH GROUP CELEBRATES CHRISTMAS

Our Desert Harbor Community Church held their Christmas Service on Sunday December 23rd. There were a total of 27 people in attendance. If you would like to join us sometime, please stop by.

Service is every Sunday morning at 10:30am.



Helen and Ron want to announce the future wedding of their granddaughter Danielle DePoy to Zach Buss on July 20, 2013. Danielle is going to wear Helen's wedding dress (with some alterations) which Danielle's mother Julie also wore. So it is three generations of wearing the same dress. Danielle will become an instant mother to Zach's son Gage.

LECTURE SERIES AT AJ HIGH SCHOOL *by Dick Smith*

Are you looking for something interesting to do on a Monday Evening? Why not try the lecture series at the **Performing Arts Center, Apache Junction High School 2525 S. Ironwood Drive**. The cost is only \$5.00 and all money raised goes back to the schools in the form of grants and scholarships. All lectures are based on Arizona history or performed by local people. Doors open at 6 pm and the lecture starts at 7 pm and lasts about 1 hour. If you need a ride, there are several from the park who go. Give it a try!

Programs are as follows:

Jan 28, Community Builders: The Riordan Families of Flagstaff - by Kathy Farretta

Feb 4, Surviving the Superstitions - by Lon McAdam

Feb 11, Badger Clark: Cowboy Poet - by Greg Scott

Feb 18, The 612 Squadron: The Air Force Station Time Forgot - by Mary Estes

Feb 25. Picture Arizona - by Jim Turner

March 4, Havasu Canyon Flood - by Lee Allison

March 11, Arizona Place Names - by Gregory McNamee

March 18, The Harvey Girls - by Shirley Gage-Hodges

March 25, A Conversation with Governor George W.P. Hunt - by Don Shields

ITEMS FOR SALE OR ITEMS WANTED BY RESIDENTS

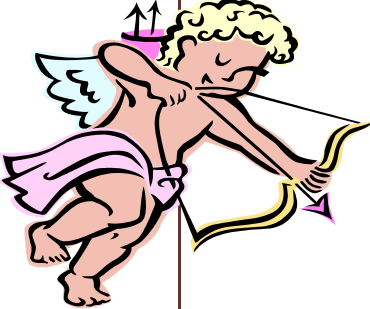
If you have something you would like to sell, or if there is something you want, please let us know...

WANTED TO BUY: Window Air Conditioner, Dave Drouin, Lot #203, 602-459-9039

DESERT HARBOR RESIDENTS OFFER SERVICES

<u>NAME</u>	<u>LOT</u>	<u>SERVICE</u>	<u>PHONE</u>
Philicia Hightower	6	Cleaning & Errands	480-374-4570
Midge Drouin	203	Haircuts, Styling, Blow Drying	602-459-9039
Margo Crawford	104	Photo restoration, scanning-slides	623-910-2713
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780
Esther Lough	123	Puppy Sitting	480-288-8579
Greg Sather	10	Interior, Exterior Painting	602-558-0612
Connie Riter	81	Bus Trips	480-641-7753
Renee Spears	57	Reiki Sessions	480-215-8328
Jean Myers	44	Pet & House Sitting, Drive to Store, Doctor's Office, Airport, House Cleaning	480-671-4481
Bob Myers	44	Yard work, odd jobs	480-671-4481
John Williams	162	Handyman	602-561-4562
Miles Lowery	164	Exterior pressure washing, screens & windows, exterior painting, tighten jacks under home, repair-replace roofs, handyman	480-276-8568
Rich Blake	197	Therapist, reasonable cash rates, individual, couples, PTSD, most issues addressed	317-966-5740
Doug Stoesz	174	Will transfer your favorite VHS tapes to DVD or your favorite vinyl records to CD	480-982-1065
Liz Pawlowski	6	Odd jobs, anything you can't do yourself	619-508-5402
Karen Majur	173	Sweet Life Home Sales	480-250-2219

February 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 7:30am Water Aerobics 9am Exercise 1pm Genealogy 4pm Happy Hour 7pm Cards	2 8am Coffee/Donuts 9am Residents Meeting 5:30 Texas Hold'em Poker
3 10:30 Church 1pm Texas Hold'em Poker	4 7:30am Water Aerobics 9am Exercise 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	5 7:30am Water Aerobics 9am Tai Chi 12pm Ladies Soup/ Salad Luncheon 2pm Bible Study 2:30pm Shuffleboard 6:30 pm NDQ Poker 7pm Cards	6 7:30AM Water Aerobics 8am Exercise 1pm Quilting 1pm Mahjongg 6pm Jam Session 6:30pm Quilting	7 7:30am Water Aerobics 9am Tai Chi 11am Golf 6:30pm Billiards 6:30pm Euchre	8 7:30am Water Aerobics 9am Exercise 10am Marta's resident Meeting 1pm Genealogy 4pm Happy Hour 7pm Cards	9 8am Coffee/Donuts 5:30 Texas Hold'em Poker
10 10:30 Church 1pm Texas Hold'em Poker 2pm Pinochle	11 7:30am Water Aerobics 9am Exercise 1pm Mahjongg 6:30pm Bingo Blowout Bonanza (Solstice) 6:30pm Billiards	12 7:30am Water Aerobics 9am Tai Chi 2pm Bible Study 2:30pm Shuffleboard 6:30 pm NDQ Poker 7pm Cards	13 7:30AM Water Aerobics 8am Exercise 1pm Mahjongg 6:30pm Quilting	14 7:30am Water Aerobics 9am Tai Chi 11am Golf 1pm Quilting 6:30pm Billiards 6:30pm Euchre	15 7:30am Water Aerobics 9am Exercise 1pm Genealogy 4pm Happy Hour 5:30 Texas Hold'em Poker 7pm Cards	16 8am Coffee/Donuts 4:30pm Happy Hour 5pm Pot Luck
17 10:30 Church 1pm Texas Hold'em Poker	18 7:30am Water Aerobics 9am Exercise 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	19 7:30am Water Aerobics 9am Tai Chi 11am Ladies Luncheon 2pm Bible Study 2:30pm Shuffleboard 6:30 pm NDQ Poker 7pm Cards	20 7:30AM Water Aerobics 8am Exercise 1pm Quilting 1pm Mahjongg 6pm Jam Session 6:30pm Quilting	21 7:30am Water Aerobics 9:30am Casino Trip Ft McDowell 11am Golf 6:30pm Billiards 6:30pm Euchre	22 7:30am Water Aerobics 9am Exercise 1pm Genealogy 4pm Happy Hour 7pm Cards	23 8am Coffee/Donuts 5:30 Texas Hold'em Poker
24 10:30 Church 1pm Texas Hold'em Poker 2pm Pinochle	25 7:30am Water Aerobics 9am Exercise 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	26 7:30am Water Aerobics 9am Tai Chi 2pm Bible Study 2:30pm Shuffleboard 6:30 pm NDQ Poker 7pm Cards	27 7:30AM Water Aerobics 8am Exercise 1pm Mahjongg 6:30pm Quilting	28 7:30am Water Aerobics 9am Tai Chi 11am Golf 1pm Quilting 6:30pm Billiards 6:30pm Euchre	