



**DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ March-2012**

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**Time Flies** *by Connie Riter*

Here it is....March already! It seems like 2012 just began, and it is already almost 1/3 over! Do you ever want to tell time to "Stop! Let me get off for just a little while and enjoy the present, before it is gone forever." This is a beautiful time to enjoy the outside in Arizona as the wildflowers begin to bloom, the citrus are budding, and the days are cool enough for a gentle hike on a mountain trail.

Arizona is now over 100 years old as a State-- much has changed in those 100 years. The average life expectancy back then was 47 years. (That lets all of US out!) Only 8 percent of homes had telephones and there were only 8000 cars in the entire US (and only 144 miles of paved roads). The average wage was 22 cents per hour and a good dentist might make \$2500 per year! Most women washed their hair once a month and used borax and egg yolks for shampoo. The remote community of Las Vegas, occupied by mostly ranchers, numbered around 30 people. Antibiotics, plutonium, and insulin hadn't been discovered yet. There was no scotch tape, canned beer, iced tea, Mother's Day or Father's Day. Coca-cola contained cocaine, not caffeine, and marijuana, heroin, and morphine were all available over the counter at corner drugstores. How far we've come in those 100 years. Someone said to me as I was writing this, "Women were probably washing their clothes in the river and pounding them on rocks nearby!"

Years ago, an Alabama grandmother gave the new bride the following recipe for washing. It was found in an old scrapbook and is printed with spelling errors and all:

**Warshing Clothes**

"Build fire in backyard to heat kettle of rain water. Set tubs so smoke wont blow in eyes if wind is pert. Shave one hole cake of lie soap in boilin water. Sort things, make 3 piles. 1 pile white, 1 pile colored, 1 pile work britches and rags. To make starch, stir flour in cool water to smooth, then thin down with boiling water. Take white things, rub dirty spots on board, scrub hard, and boil, then rub colored don't boil just wrench and starch. Take things out of kettle with broom stick handle, then wrench, and starch. Hang old rags on fence. Spread tea towels on grass. Pore wrench water in flower bed. Scrub porch with hot soapy water. Turn tubs upside down. Go put on clean dress, smooth hair with hair combs. Brew cup of tea, sit and rock a spell and count your blessings."

Yes, time flies.....and sometimes I'm glad it does!

## From the President's Desk

by Dick Smith



March already. Hope you are all doing well. I want to talk about a couple of things that we all should know, but might have forgotten.

**First:** Speed limit in the park is 15mph. With the warmer weather here, there are a lot more people walking and riding their bikes. We need to watch our speed and also watch for these people. On that note, if you are walking either early in the morning or in the evenings, please wear something light so people can see you. A flashlight is a possibility also.

**Second:** Weeds! I know a lot of you have allergies and suffer from all the weeds. We need to walk around our houses and make sure the weeds are gone, either by spraying, or sitting in the sun and digging them up. Your cooperation will be greatly appreciated. Don't forget, we need you to sign up for the various activities going on in the park. Sign up sheets are on the bulletin boards. We need this so we can plan when we set up for the activity. As always, we need non-perishable food for the food bank. There is a need for this year round. And save your papers and cardboard and aluminum and place them in the bins behind the club house.

**This is profit for the club.**

**Thanks for letting me just talk this month**

### ACTIVITIES ORGANIZATION

President	Dick Smith	Lot #74	480-983-5819
Vice President	Sharon Schupbach	Lot #93	480-857-4629
Secretary	Alice Johnson	Lot #5	480-982-1224
Treasurer	Art Roberts	Lot #81	480-641-7756
Board Member	Midge Drouin	Lot #203	602-459-9039
Board Member	Mike Bauschard	Lot #99	480-288-4332
Board Member	Tim Chrissis	Lot #34	602-459-9236

## DESERT HARBOR ACTIVITIES

<u>ACTIVITY</u>	<u>COORDINATOR</u>	<u>TELEPHONE</u>
APPLIQUE	RENI DIEBALL	983-0578
CASINO TRIPS	CONNIE RITER	641-7753
CLOSET QUILTERS	RENI DIEBALL	983-0578
GENEALOGY	ESTHER LOUGH	288-8579
GOLF	DON WALKER	288-5686
LADIES OUT OF THE PARK LUNCHEONS	AGNES MILLER	982-6063
LADIES SOUP & SALAD LUNCHEON	JOANN HANKISON	641-0975
LINE DANCING	MARY PAT SUMMERS	983-4227
MAH JONGG	TBA	
PINOCHLE	ELAINE KERELUK	987-8587
POKER	MIKE BAUSCHARD	288-4332
STITCH & CHAT	RENI DIEBALL	983-0578
TAI CHI	DICK SMITH	983-5819

**WEB MASTER-DICK SMITH  
480-983-5819**

**MARTA ALEGRIA, DESERT HARBOR MANAGER,  
480-288-8876**

**PEI WEI RESTAURANTS REVIEW** *by Kay McKersie*

Lynn and I decided to try something new (for us) for lunch, so we went to Pei Wei. We had been told it was very good and wanted to see for ourselves.

You place your order as you go in and it is delivered to your table when it is ready. HOT--just the way we like it.

They serve foods from China, Japan, Korea, Thailand and Vietnam. Lynn ordered the Bangkok noodles and I had the lemongrass chicken noodle salad. Both were excellent after cups of hot and sour soup. The Bangkok noodles were sweet and the salad had a vinegar taste. The atmosphere was subdued so we could talk without straining our voices. We were there at lunch time so it was busy.

There are many Pei Wei's throughout the Valley, but the closest to our Park are:

3426 E. Baseline Rd. (Val Vista)  
Mesa, AZ.  
480-539-4454

6610 E. Superstition Springs Blvd.  
Mesa, AZ  
No phone listed

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**SAVE THE DATE** *by Kay McKersie*

Sat. Mar. 3rd/9:00a Residents Meeting

Tue. Mar. 6th/11:30a Ladies Soup 'N  
Salad Luncheon

Sat. Mar. 10th/7:00a Patio & Bake Sales

Wed. Mar. 15th Mazatzal Casino

Sat. Mar. 17th 4:30p St. Patrick's Potluck  
Corned Beef and Cabbage

Tue. Mar. 20th/11:30a Ladies Luncheon

Wed. Mar. 21st/7:00p Sock Hop

**IRA DISTRIBUTION SEMINAR** *By Dave Borchardt*

On Tuesday, January 31<sup>st</sup>, we had a presentation by David Hutmacher, President of Southwest Seniors Financial titled "Top 10 IRA Mistakes and How to Avoid Them". This was a seminar primarily devoted to how people get their distributions from various IRA accounts and some of the mistakes that many people make. We found out from David that there are many options available when getting your money out of these retirement accounts. He also showed us how it's possible to specify beneficiaries for your retirement account and they would actually end up with more money than what was started with. Anyway, it was pretty interesting and if anyone would like more information, please contact David. He was also kind enough to supply everyone with pizza, salad, water and soda pop which all enjoyed.

Did you know Desert Harbor has a website?

Have you ever looked at the website?

Go to <http://www.desertharboraz.com> and see what we have. It is a work in progress as I am just learning how to maintain it as Tom Hennessy was originally in charge of it. Let me know what you think of it.

Thanks Dick Smith

**LADIES SOUP 'N SALAD LUNCHEON** *by Kay McKersie*

Thirty-two women gathered at the Clubhouse on Tuesday, February 7th for our monthly Soup 'n Salad luncheon. As always the array of delicious soups, salads and desserts was outstanding.

The group consisted of residents, guests and one prospective new resident. We hope she will become one of us. It is always fun to get together with our friends and neighbors.

It was announced that Bon Worth will be conducting a Fashion Show at our next luncheon and the time will be moved to 11:30 a.m.

## BIRTHDAYS - ANNIVERSARIES

### MARCH BIRTHDAYS 2012

DATE	Name	Lot #
3	Rosemarie Williams	162
10	Sheila Galli	95
18	Ron Fisher	78
22	Hank Hilliard Phillip Thau	101 32
24	Cyndi Smith	74
25	Midge Drouin	203
26	Tony Tenaglia	140
28	Judy Ross	119
30	Toni Ague	126

### MARCH ANNIVERSARIES 2012

DATE	Name	Lot #
5	Harry & Barbie Davis	94
12	Jim & Lois Wagner	33
13	Roger & Naomi Howard Bob & Eileen Wilson	16 53
23	John & Margaret Mitchell	103
31	Art & Elaine Anfang	145

If you wish to add your birthday and/or anniversary or make any corrections to the list,

please call Kay McKersie at 480-288-9531.



### WELCOME TO OUR NEW RESIDENTS

Henderson—Chuck /Ellie Lot 201

Hassett— Richard/Carole Lot 49

## **How To Keep Eyes Healthy** *by Midge Drouin*

Wear sunglasses to prevent cataracts, cornea damage, and age related macular degeneration, which is caused by ultraviolet radiation from the sun. Get your eyes checked at least once a year, especially if you are in a high risk category for eye disease. High risk categories include those with diabetes and those with a family history of eye disease.

Care for your contact lenses properly to keep your eyes healthy. Make sure your hands are clean when putting in and taking out your contact lenses. Don't wear them longer than they are recommended to wear and don't sleep in your contacts. If not taken care of properly, you could get an infection. Wear protective goggles when working with chemicals or doing anything that could cause an object to fly toward the eye. Limit your use on the computer if you can. According to some studies 70% of people who work at a computer screen for more than six hours a day experience some visual problems.

Eat foods rich in vitamins A and C, and zinc, which can slow down age-related macular degeneration in patients. Lutein and Zeaxanthin (found in dark fruits and veggies) can help reduce cell damage caused by harmful sun rays.

### **Eating For Healthy Eyes**

A diet rich in nutrients and antioxidants can lower your risks of eye-related diseases and poor vision. If you think that carrots are for good vision, you're not far off. Carrots contain vitamin A, which is needed for the proper functioning of the retina. Not only does Vitamin A prevent age-related macular degeneration, it also prevents night blindness by helping the eyes to adapt between bright light and darkness. Richly pigmented fruits and veggies boost high levels of Vitamin A (sweet potatoes, cantaloupes, mangos, red peppers, kale and spinach). Other sources include beef, liver, chicken, dairy products and eggs.

Vitamin C is multi-faceted. It promotes bone and muscle health, boosts the immune system, keeps teeth and gums healthy and is essential for eye health. However, one particular fruit stands out as a super eye guardian: bilberry. It not only strengthens blood vessels in eyes, it helps to regulate intraocular pressure in the eyes, preventing the risk of glaucoma, a leading cause of blindness in people over 65. There are many more vitamins that are essential for healthy eyes. If you are interested, go online to web m.d. under Eating For Healthy Eyes.



COMPUTER CORNER *by Margo Crawford*

I will try to provide concise computer information for the casual daily user of the computer. This first article is going to center on the need to backup computer information on a routine basis. The use of compact discs or CDs is common for this procedure. There are also DVDs which are also compact discs but are formatted to hold / store more information per disc. However, the external hard drive is becoming the most popular method for backing up and storing computer data. We can discuss various brands and sizes at a later time or you can send an email to ask basic questions. This article is primarily to help people become aware of how important it is to backup your computer system.

Many of us have suffered the infamous "Computer Crash". We lost all our information and had to go through the aggravation of restoring our computers to the place they were before the crash including all windows updates and the reinstalling of programs and external devices. An external hard drive will save all your information and make a mirror image of the hard drive on a routine basis. Mine performs a backup on a weekly schedule. I turn it off or unplug it during the week. This will prevent possible viruses that get to your computer from reaching the external drive. But, if your computer should crash or need to be restored for any reason you can 'bring back' the information from the external drive at least from the point of the most recent backup! Much simpler than bringing it back from day one!

Case in point, Marty's computer was just breached by a nasty virus. It is an upgraded version of the Lisa Moon virus from last year. It is now called Security Shield and will automatically download, install and run on your computer. It does not ask for permission! After ridding his computer of the virus (until then it was just a paperweight) he was able to use his external hard drive to bring his computer back at the point of the most recent backup. As a final note on this first article; the flash drive or pocket drive or whatever you want to call it is for temporary storage only. They are not intended for long term storage.

P.S. If Security Shield does attack your computer while you are on line immediately unplug your computer from the power source! Don't even take the time to try to sign off or go through a proper shut down.

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HOW DO YOU DECIDE WHOM TO MARRY? (written by kids)

1. You got to find somebody who likes the same stuff. Like, if you like sports, she should like it that you like sports, and she should keep the chips and dip coming.

Alan, age 10

2. No person really decides before they grow up who they're going to marry. God decides it all way before, and you get to find out later who you're stuck with.

Kristen, age 10

**Thanks—Judy Peters for the smiles**



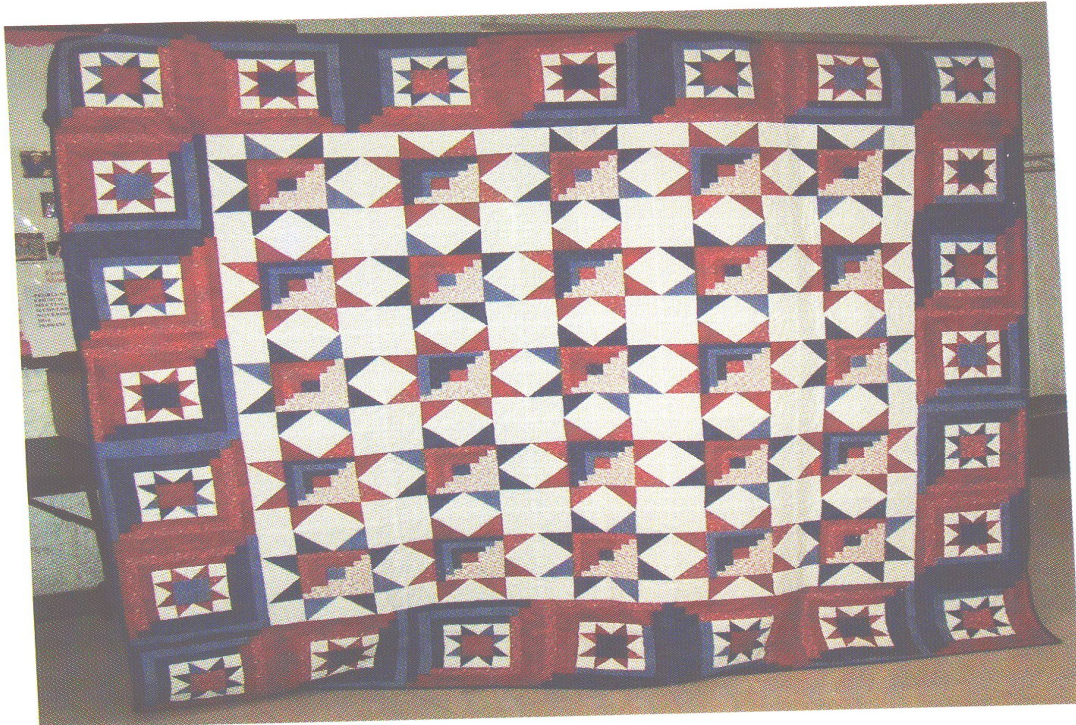
**Desert Harbor Quilt Show** by Reni Dieball

This was our second quilt show at Desert Harbor, courtesy of the Closet Quilters, and it was a great success! The weather was very cooperative as well!

We had 77 quilts and wall hangings made by 14 of our quilters. There were 80 guests who signed in and the comments we heard about the show were all very positive. Everyone had a wonderful time and the quilters enjoyed showing off their accomplishments and talking about their quilts.

If you enjoyed this show, please come and join us at the Arizona Quilters Guild Show at the Mesa Convention Center--March 8th, 9th, and 10<sup>th</sup>. There will be over 300 quilts on display and you could be the lucky winner of a beautiful red, white, and blue Raffle Quilt--"Stars in--Stars Out." Hope to see you there. For more information about the show go to [www.azquiltersguild.org](http://www.azquiltersguild.org) or call 602-220-9889

## Opportunity Quilt *Stars In - Stars Out*





## CHIT CHAT AROUND THE PARK

January's pot luck was a huge success. The hosts were the poker group – Dave, Bev, Mike, Midge and Terry – just to mention a few. It was suggested that a wager be extended to other groups for example: the horse shoe teams or the shuffle board teams and the ladies that hold the quilting group – maybe the group that exercise each morning to host the next pot luck. If any of you are interested just call Dick or Cyndi and they would be delighted to put your names down –

**I encourage you to.**

The pot luck was enjoyed by everyone who attended. The food was above average and the various dishes were outstanding. The desserts of course were all on everyone's mind when they saw the variety which was on the table.

About sixty attended and the crowd was all in good spirits – what a lovely way to enjoy an evening out and to get to know and spend time with our neighbors

Once again an invite is given to each and everyone in the park and we look forward to seeing you and sharing our hospitality with you all. Our next pot luck to remember is March 17th,

**So come and join us and enjoy**

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### Ladies Soup 'n Salad Lunch/Fashion Show

*by Joann Hankinson*

We are again looking forward to a wonderful time at our March Ladies Soup 'n Salad Luncheon on March 6<sup>th</sup>. This month, however, we will also have a Fashion Show by Bonworth. Because of this, we will begin the luncheon at 11:30 am with the fashion show around 1:00 pm. There will be a sign-up sheet if you would like to be a model -- we will need 6. Also, don't forget to sign up for the luncheon itself so that we know how many tables to set. This is always a very popular event of the year. BECAUSE OF THE FASHION SHOW, THE WEEKLY BIBLE STUDY WILL BEGIN AT 2:30 pm THIS DAY.

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### Corn Salad Recipe *by Margaret Crump*

(This is easy...and tastes GREAT!)

2 cups whole kernel corn, drained.  
2 cups cheddar cheese, shredded.  
1 cup mayonnaise  
½ bag chili cheese Fritos, crushed.

Mix together, and serve.

**Calico Beans** by Elaine Kereluk

*(Cindy, Elaine's daughter, made this for her Mom's recent birthday party --several people asked for the recipe.)*

1 can kidney beans, drained.  
1 can butter beans, drained.  
2 cans pork and beans  
½ cup white sugar  
½ cup brown sugar  
½ cup catsup  
1 pound cooked ground beef  
Onion to taste  
Bacon bits  
Salt and pepper  
2 Tbl dry mustard  
2 Tbl vinegar

Mix together and cook in crock pot.



**NEWS AND DATES FROM THE ENTERTAINMENT COMMITTEE**

*by Renee Spears*

Our first and second bingo nights were held and were successful! We thank all of you who attended and also purchased from our snack bar.

Remember to keep open the date of March 21, 7:00 pm to 9:00 pm. We will be having a "sock hop". DJ's have been hired and they will be playing all your favorite music from the 50's, 60's and 70's. Even if you don't dance this will be a fun evening. Watch the bulletin board for more information on this. We will be selling tickets in advance.

Some people have shown an interest in a karaoke evening. Let the committee members know if this is something you're interested in. Enough interest -- we will make it happen. :) Also: Shuffleboard on Wednesdays at 2:00 pm and horseshoes on Saturday mornings at 11:00am.

We welcome all suggestions and HELP. Support the entertainment committee and their efforts because in doing so, we will be able to offer many more varied events!!!!

*Rose and Tim Chrissis, Dennis and Dianne Maher, Sherry and Herm Weinert, Renee' Spears*

## CHIT CHAT AROUND THE PARK

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### **CLASSIFIED ADS** *By Dave Borchardt*

Please remember, this is a free service to our Desert Harbor residents. If you have something to sell or give away, please let one of the newsletter committee members know or send an e-mail directly to [desert Harbor@aol.com](mailto:desert Harbor@aol.com).

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### **RECYCLING UPDATE** *By Dave Borchardt*

As you know, Right Away Disposal broke ground last August for a new recycling facility just north of Baseline Road between Winchester and Tomahawk. I called recently and they said the new facility should be open in March. I don't know exactly what day but you can check their website at [www.rightawaydisposal.com](http://www.rightawaydisposal.com) or call them directly at 480-983-9101.

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### **Two New Out-door Activities** *by Tim Chrissis*

Shuffleboard and horseshoes are up and running with, at times up to 16 people on the shuffleboard court and 6-8 people at the horseshoe pits.

The Arizona weather has been great for both out-door activities. Horseshoes are at 11.00 am on Saturdays and shuffleboard on Wednesdays at 2:00pm. No real skill is involved; just show up and other players will help you. You can also practice these low impact sports at any time, soon becoming an expert. It's great to see both permanent and winter visitors gathering and getting to know each other while enjoying themselves. The courts have been improved and are in a lot better condition than when we started so come on down for a couple of hours and remember – ALWAYS HAVE FUN!

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## WHO AM I ?



LOOK FOR  
CURRENT  
PHOTO  
NEXT MONTH

**We moved into Desert Harbor in 2002. I enjoy all our club activities- games, cards and of course casinos. I also like to read and dabble in the kitchen making recipes of my own.**

If you know who I am, please jot your guess along with your name and lot number and put it in the suggestion box at the clubhouse. You may also submit your guess by e-mail to [desertharboraz@aol.com](mailto:desertharboraz@aol.com) There might even be a prize to the winner. Also, please put the date and time on your entry. Thank you!

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Last month we had five people correctly guess board member Michael Bauschard. The residents that correctly guessed Michael were: Estelle Pein, Ruthann Sather, Rose Tenaglia, Anne Eubank and Tony Ziccardi. **Congratulations.**

**Residents' Meeting Report** by Connie Riter

The monthly residents' meeting for February was called to order on February 4<sup>th</sup> at 9 am by Activities President, Dick Smith. Following the Pledge of Allegiance, the Secretary's report and the Treasurer's report were presented and approved. In the treasurer's report it was mentioned that the Park has agreed to pay for the meat for Thanksgiving and Christmas only, but as of this date, he still has not received a check from them. He also mentioned that the spaghetti supper for which tickets were sold had a profit of \$341 and he was appreciative of all those who worked so hard on the event.

Bobby Hitt, Esther Lough's brother, spoke on three of his upcoming bus trips to Tombstone, Sedona, and the Grand Canyon. Standing committee reports were given by the various committees. Shuffleboard and horseshoes are now doing well. Bingo is going to be held every Wednesday at 6 pm unless it would interfere with another planned activity. No casino trip is planned this month except to Laughlin Edgewater on the 26th. The bicycle rack is "still in the works" and the residents again voted to buy and display a Canadian flag in the clubhouse.

Midge Drouin again reminded residents of the Patio and Bake Sale on March 10 from 7 am - 12 pm and encouraged residents to bring items for the white elephant sale and to bring baked goods for that sale. Under new business, in the light of the Park limiting their funds for meat to only two holidays, a motion was made and passed that any special holiday dinner such as St. Patty's Day, Memorial Day, etc. for which we have to pay now for the meat, \$3.00 tickets will be sold by the Board members in advance. Residents are still encouraged to sign up in advance.

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**Meeting with the Manager** by Connie Riter

Marta again scheduled a meeting with the residents on Jan. 25<sup>th</sup> and it was well attended. Discussions centered around various topics -- from saltwater to a big screen TV. Marta indicated that the pools will remain chlorinated because most of the saltwater equipment would need to be replaced and that would be too costly. Maintenance has been done to the back wall of the outdoor pool, the hot tub will be closed shortly for major repairs, and the question of new pool furniture was raised. She indicated that some residents want a large flat screen TV in the clubhouse, others want repairs to the golf course, and many want new pool furniture. She will eventually have a vote on getting ONE of these three items at Park expense at a later date. She also said she is planning to have more of these meetings with the residents during the year, so watch when she posts the time of the next one.

## DESERT HARBOR RESIDENTS OFFER SERVICES

<u>NAME</u>	<u>LOT</u>	<u>SERVICE</u>	<u>PHONE</u>
-			-
Philicia Hightower	6	Cleaning & Errands	480-674-4570
Midge Drouin	203	Haircuts, Styling, Blow Drying	602-459-9039
Margo Crawford	104	Photo restoration, scanning-slides	623-910-2713
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780
Esther Lough	123	Puppy Sitting	480-288-8579
Connie Riter	81	Travel, Trips	480-641-7753
Renee Spears	57	Reiki Sessions	480-215-8328
Jean Myers	44	Pet/ House Sitting- errands-store-Dr's office ,airport etc.- house cleaning	480-671-4481
Bob Myers	44	Yard work, odd jobs	480-671-4481
John Williams	162	Handyman	602-561-4562
Toni Ague	126	Sewing, alterations, interior painting	319-533-1098
Miles Lowery	164	Exterior pressure washing, screens & windows, exterior painting, tighten jacks under home, repair-replace roofs, handyman	480-276-8568
Rich Blake	197	Therapist, reasonable cash rates, individual, couples, PTSD, most issues addressed	317-966-5740
Doug Stoesz	174	Will transfer your favorite VHS tapes to DVD or your favorite vinyl records to CD	480-982-1065

# March 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<p>1 8am Water aerobics 9am Tai Chi 11am Golf 6:30pm Billiards 6:30pm Euchre</p>	<p>2 8am Water Aerobics 9am Get Fit 1pm Genealogy 4pm Happy Hour 7pm Cards/ Games</p>	<p>3 8am Coffee/Donuts 9am Residents Meeting 5:30pm Texas Hold'em poker</p>
<p>4 10:30am Church 12:30pm Texas Hold'em poker</p>	<p>5 8am Water Aerobics 9am Tai Chi 1pm Mahjongg 6:30pm Billiards</p>	<p>6 8am Water Aerobics 11:30pm Ladies Soup &amp; Salad Luncheon 2:30pm Bible Study 6:30pm NDQ poker 7pm Cards/Games</p>	<p>7 8am Water Aerobics 8am Get Fit 1pm Mahjongg 1pm Shuffleboard 1pm Quilting 6pm Bingo 6:30 Quilting</p>	<p>8 8am Water Aerobics 9am Tai Chi 11am Golf 1pm Quilting 6:30pm Billiards 6:30pm Euchre 6:30pm Comedy night—Mandy</p>	<p>9 8am Water Aerobics 9am Get Fit 1pm Genealogy 4pm Happy Hour 7pm Cards/ Games</p>	<p>10 8am Coffee/Donuts 5:30pm Texas Hold'em Poker Patio Sale 7-12</p>
<p>11 10:30am Church 12:30pm Texas Hold'em poker 2pm Pinochle</p>	<p>12 8am Water Aerobics 9am Tai Chi 1pm Mahjongg 6:30pm Billiards</p>	<p>13 8am Water Aerobics 2pm Bible Study 6:30pm NDQ Poker 7pm Cards/Games</p>	<p>14 8am Water Aerobics 8am Get Fit 1pm Mahjongg 1pm Shuffleboard 6pm Bingo 6:30 Quilting</p>	<p>15 8am Water Aerobics 9am Tai Chi 11am Golf 6:30pm Billiards 6:30pm Euchre Casino trip</p>	<p>16 8am Water Aerobics 9am Get Fit 1pm Genealogy 4pm Happy Hour 7pm Cards/ Games</p>	<p>17 8am Coffee / Donuts 4:30pm Happy Hour 5pm Pot Luck</p>
<p>18 10:30am Church 12:30pm Texas Hold'em poker</p>	<p>19 8am Water Aerobics 9am Tai Chi 1pm Mahjongg 6:30pm Billiards</p>	<p>20 8am Water Aerobics 11.30.am Ladies Luncheon (outside park) 2pm Bible Study 6:30pm NDQ Poker 7pm Cards/Games</p>	<p>21 8am Water Aerobics 8am Get Fit 1pm Mahjongg 1pm Shuffleboard 1pm Quilting 6pm Bingo 6:30 Quilting</p>	<p>22 8am Water Aerobics 9am Tai Chi 11am Golf 1pm Quilting 6:30pm Billiards 6:30pm Euchre</p>	<p>23 8am Water Aerobics 9am Get Fit 1pm Genealogy 4pm Happy Hour 7pm Cards/ Games</p>	<p>24 8am Coffee / Donuts 5:30pm Texas Hold'em poker</p>
<p>25 10:30am Church 12:30pm Texas Hold'em poker 2pm Pinochle</p>	<p>26 8am Water Aerobics 9am Tai Chi 1pm Mahjongg 6:30pm Billiards</p>	<p>27 8am Water Aerobics 2pm Bible Study 6:30pm NDQ Poker 7pm Cards/Games</p>	<p>28 8am Water Aerobics 8am Get Fit 1pm Mahjongg 1pm Shuffleboard 6pm Bingo 6:30 Quilting</p>	<p>29 8am Water Aerobics 9am Tai Chi 11am Golf 6:30pm Billiards 6:30pm Euchre</p>	<p>30 8am Water Aerobics 9am Get Fit 1pm Genealogy 4pm Happy Hour 7pm Cards/ Games</p>	<p>31 8am Coffee / Donuts 5:30pm Texas Hold'em poker</p>