



DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ April—2012

April The Month of Many Holidays *by Midge Drouin*

APRIL FOOLS DAY - April 1

Sometimes called All Fools Day, is one of the most light-hearted days of the year. Its origins are uncertain. Some see it as a celebration related to the turn of the seasons, while others believe it stems from the adoption of a new calendar. April Fools Day is observed throughout the Western world. Practices include sending someone on a "fools errand," looking for things that don't exist, playing pranks, and trying to get people to believe ridiculous things.

EARTH DAY CELEBRATION - April 22

It's a celebration of life on this planet and is celebrated around the world in over 175 countries. It brings focus to environmental and humanitarian issues on a large scale. Earth Day is usually celebrated on March 21st. Two organizations lay claim to initiating the first Earth Day celebration. One group was founded by John McConnell, and the idea was introduced at the U.N.E.S.C.O. (United Nations Educational, Scientific and Cultural Organization) conference in 1969. The group settled on the vernal equinox, which happens on either March 20th or the 21st. This is the day when day and night are of equal lengths and is the first moment of spring in the Northern Hemisphere, the first day of fall in the Southern Hemisphere. But the actual celebration of earth day is on April 22nd.

PALM SUNDAY - April 1

On Palm Sunday Christians celebrate the triumphal entry of Jesus Christ into Jerusalem, the week before his death and resurrection. For many Christian churches, Palm Sunday often referred to as "Passion Sunday", marks the beginning of Holy Week, which concludes on Easter Sunday. Palm branches are usually given to all parishioners on that Sunday.

EASTER SUNDAY - April 8

Easter Sunday is considered the most important Christian holiday. It celebrates the resurrection of Jesus Christ three days after his death. It is popularly celebrated with egg hunting, toy bunnies, Easter baskets, egg decorating and coloring.

HAPPY EASTER TO ALL IN DESERT HARBOR!

From the President's Desk

by Dick Smith



From the Desk of the President by Dick Smith

We have made it to April. The weather has been perfect. Time to get down to the swimming pool for some R & R. Can't believe it is Easter time already. Probably a lot of our winter residents are getting ready to head for home. Hope you have a very safe trip. I also want to welcome the new residents into the park. I have talked with several of them already. Hope to meet the rest of you very shortly. We hope you join in with all the activities going on in the park.

By now, you have received your new phone books. Hope they are satisfactory. I will make this short this time. Just want to remind you that the food bank bins are still in the clubhouse. Any non perishable food is needed. Also the paper and cardboard bins are in the rear of the clubhouse. The money made from these bins goes to the activities club, so please use them.

Thanks and "Happy Spring to all!"

ACTIVITIES ORGANIZATION

President	Dick Smith	Lot #74	480-983-5819
Vice President	Sharon Schupbach	Lot #93	480-857-4629
Secretary	Alice Johnson	Lot #5	480-982-1224
Treasurer	Art Roberts	Lot #81	480-641-7753
Board Member	Midge Drouin	Lot #203	602-459-9039
Board Member	Mike Bauschard	Lot #99	480-288-4332
Board Member	Tim Chrissis	Lot #34	602-459-9236

DESERT HARBOR ACTIVITIES

<u>ACTIVITY</u>	<u>COORDINATOR</u>	<u>TELEPHONE</u>
APPLIQUE	RENI DIEBALL	983-0578
CASINO TRIPS	CONNIE RITER	641-7753
CLOSET QUILTERS	RENI DIEBALL	983-0578
GENEALOGY	ESTHER LOUGH	288-8579
GOLF	DON WALKER	288-5686
LADIES OUT OF THE PARK LUNCHEONS	AGNES MILLER	982-6063
LADIES SOUP & SALAD LUNCHEON	JOANN HANKISON	641-0975
LINE DANCING	MARY PAT SUMMERS	983-4227
MAH JONGG	TBA	
PINOCHLE	ELAINE KERELUK	987-8587
POKER	MIKE BAUSCHARD	288-4332
STITCH & CHAT	RENI DIEBALL	983-0578
TAI CHI	DICK SMITH	983-5819

**WEB MASTER-DICK SMITH
480-983-5819**

**MARTA ALEGRIA, DESERT HARBOR MANAGER,
480-288-8876**

Residents' Meeting *by Bob Mayo*

The monthly residents' meeting was called to order by Dick Smith on March 3rd at 9:00 a.m. Following the Pledge of Allegiance the minutes of the February meeting were presented and approved along with the Treasurer's report. The 50/50 drawing was won by Monica Bauschard and Harry Davis. A couple of new residents were introduced and welcomed to the community. Carol Rysavy presented the results of the annual audit of the Activities Organization finances. All areas covered by the audit were found to be in order. Connie Riter questioned why the community management had yet to reimburse the organization for meat the organization purchased for events which park management normally pays for. This will be brought up to the Park Manager and resolved.

Committee reports were presented along with the announcement that we are working with a new travel company and Connie Riter talked about some planned trips. It was brought up that the horseshoe pits and shuffleboard area were being improved. It was announced that Bingo will be starting again for park residents. One new bicycle rack has been bought and a second is in the works.

There was a discussion regarding one or more coyotes having been seen in the park. This is normal around this time of year and people need to be on the lookout for them. They have apparently also been getting into garbage bags that have been set out for pickup. If possible a garbage container with a lid should be used.

Dick Smith reminded residents that we have a Desert Harbor web site that provides information about the park and also has the newsletter available on the site.

Our treasurer reported that he has now received a check from Marta for the money that was owed for the food that they cover in our special pot luck dinners.

Meeting was adjourned.

E-mail Addresses Needed..... *By Dick Smith*

We sure would like to get your email addresses! The newsletter is printed so far in advance that at times there are things that come up that need to get out to the residents. An email address helps us get out the word.

We never share these emails and will only send information on them.

Please send your e-mail address to: rlcksmith@msn.com

Do You Have Cataracts? *by Midge Drouin*

A cataract is a painless, cloudy area in the lens of the eye. A cataract blocks light from reaching the retina (the nerve layer at the back of the eye) and may cause vision problems. Cataracts are common in older adults and are associated with aging. Smoking and exposure to excessive sunlight are additional risk factors.

Cataracts can also occur after an eye injury, as a complication of eye disease, after the use of certain medications, or because of certain medical conditions, such as diabetes.

Cataracts in adults are treated with surgery if vision problems are interfering with the person's quality of life. Surgery for a cataract involves removing the clouded lens of the eye. The lens can be replaced with an artificial lens called an intra ocular lens implant (IOL). Or if an (IOL) cannot be used for any reason, it will be left out and contact lenses, or rarely eyeglasses can compensate for its absence. Most people will get an IOL during surgery.

Info taken from Web MD

Patio Sale Recap *by Midge Drouin*

Gates opened at 6:45 a.m. as usual. The smell of coffee was brewing in the clubhouse and people were scurrying around the park and in and out of the clubhouse--purchasing books, goodies from the bake sale table, and white elephant items. There were quite a few parks having sales today, which was a good thing. It got everyone out and about. The weather was simply beautiful--sunny and bright and very comfortable for walking around the community, shopping.

I would like to thank all who participated in the patio sale, especially with the setting up and breaking down, baking, passing flyers around the other parks, advertising and mostly the people who were spending. On the whole we had a fantastic fundraiser for our community. We made a grand total of \$386.25. Thanks to all.

Poker Tournament *by Mike Bauschard*

The spring poker tournament will begin on Friday 13th of April at 5:30 pm. A signup sheet is posted on the bulletin board in the club house. The cost is \$25.00 with payment due on the first day of play so we request all players arrive at least 15 minutes early to make payment and review the rules.

See you there

BIRTHDAYS - ANNIVERSARIES

APRIL BIRTHDAYS 2012

Date	Name	Lot #
7	Eileen Wilson	53
8	Jeanette Kitterman	36
	Gary Ross	119
10	Carol Haydter	154
15	Lorna Almon	9
	Robert Galli	95
	Peggy Ziegele	71
19	Judy Matthews	18
20	Marty Martinez	112
21	Rose Tenaglia	140
23	Sandra Schwiezer	89
24	Jim Matthews	18
26	Ruthann Sather	10
27	Eleanor Bieder	125
	Carol Ann Sabareio	166
28	Charles Van Wickle	192

APRIL ANNIVERSARIES 2012

Date	Name	Lot #
20	Joe & Barb Schnier	146
22	Terry & Nita Watkins	141
23	Jim & Judy Matthews	18

If you wish to add your birthday and/or anniversary or make any corrections to the list,

please call Kay McKersie at 480-288-9531.



Blast from the Past

Desert Harbor Goes Green

as reported by Bob McCann, #42

There's a new gate going in at our back entrance to the Park. It will be powered with Solar Energy and for what it's worth, you can say that Desert Harbor is doing its part towards saving the planet. Think "GREEN" everyone! As of this writing installation is not yet complete but it is expected within the next two weeks of May.

The solar powered 30ft. sliding gate will replace the hinged two part one



The gate will open along an embedded track. Residents can use the same remote device currently for the main gate. People concerned by the ever increasing traffic along Ironwood will be happy with the new safe and secure to and from the community.

Many thanks to American Land Lease for this welcomed improvement. Management wanted to express its thanks to Ed Croyle, #120, for volunteering his time to close and lock the gate each evening for these last few months.

Gambling and Good Health in the Elderly *by Connie Riter*

Many elderly people enjoy visiting casinos and it's easy to understand why this leisure activity can elevate mood and happiness levels. "With every trip to a casino, people 65 and over can actually be increasing their life span!"

According to the National Gambling Impact Study Commission and researchers at Southern Illinois University, gambling has tremendous psychological and physiological effects on the elderly. Studies indicate that older people who do recreational gambling have lower rates of depression, are in better health overall, are more self-reliant, and have a larger social support network. Mental health can be improved through casino activities -- higher levels of concentration, improved memory, and increased problem solving skills are some of the good effects of playing bingo, keno, slots, or table games.

For the most part, senior citizens realize that their chances of winning a huge Jackpot are slim, but they enjoy socializing with others, chatting on the bus trips, eating breakfast or lunch with their friends, and just plain visiting. They are responsible gamblers who set limits to their spending and do other things once that limit is met.

Elderly people who lead an active lifestyle which promotes emotional and mental well-being are generally happier. Some theories suggest that those who maintain a positive outlook are able to cope with stress better which, in turn, helps improve health. *(From the Arizona Gaming Guide)*

Here is a list of the next few Casino trips planned for Desert Harbor. Come join the fun!

April 19 -- Fort McDowell check in at 8:30 am. Departure at 9:00 am

May 17 -- Wild Horse (and Lone Butte) check in at 8:15 am. Departure at 8:45 am

June 21 -- Harrah's Ak Chin check in at 8:15am. Departure at 8:45 am.

July 19 -- Mazatzal (Payson) check in at 7:15 am. Departure at 7:45 am.

BJ's Brew House *by Margo Crawford*

Having not called ahead or made reservations on Valentine's Day we stopped at several venues. Most waits were too long. We decided to wait it out at BJ's Brew House in restaurant row by Power and Superstition Springs Rd. The waiting period lasted longer than the estimated amount of time we had been quoted. However, since it was Valentine's Day I certainly wouldn't hold that against them. The price of the special for the night was quite fair and not deliberately run up to take advantage of customers. A large, well-seasoned steak was served along with salad and GIANT baked potato. Our server was friendly and prompt and took good care of our needs. We will be going back to BJ's in the future. I don't really remember much about the menu except it had a nice variety and the prices seemed fair. The necessary information is below. You can also order food on line. I would imagine that would be for orders to go but I have not checked it out.

BJ's is at 6622 E. Superstition Springs Blvd. Their phone number is 480) 324-1675 and you can check out their website at **www.bjsbrewhouse.com**

LADIES' GET ACQUAINTED SOUP AND SALAD LUNCHEON *by Jane Boudreau*

On March 6, thirty-nine ladies met for lunch in the Desert Harbor Clubhouse. They dined on soup, salad and delicious desserts. Before the fashion show a 50/50 drawing was held with \$25 going to the Activities Association Treasury.

A fashion show followed with clothing from BonWorth located at Apache Trail and Signal Butte. The models were Desert Harbor residents Dorothy Miller, Sherry Wienenert, Midge Drouin, Beverly Norman, Sheryl Nagy, and Sylvia Goodrich. Estelle Pein was the lucky winner of a gift certificate to BonWorth.

The Ladies' Get Acquainted Soup and Salad Luncheon is held on the first Tuesday of each month. Come and meet your neighbors and enjoy some delectable desserts.



CHIT CHAT AROUND THE PARK

One Potato, Two Potato.....More! *By Margo Crawford*

February 8, 2012 85 Desert Harbor residents attended a baked potato fest. Large size potatoes, all the fixings, salad and dessert made for a great meal. I think most of us tried to ignore the calorie sheet that was posted! I know I was successful in avoiding totaling my calorie intake. We even had entertainment. Tunes from the 40's, 50's and 60's were sung by the duo of Jim And Jake. A big thank you goes out to Sharon Schupbach, Cyndi Smith, Alice Johnson and the multitude of people who helped bake all the potatoes, bake cakes, chop and slice the fixings and the setup and cleanup. Whew!

If you have a suggestion for another 'specialty' type meal, let us know! We are always looking for ways to have fun here at DH. And as always we appreciate anyone who would like to volunteer with our varying endeavors. Let's not make this our only Baked Potato dinner. More!

Valentines Wine and Cheese Party *by Monica Bauschard*

A wine and cheese party celebrating Valentine's Day was held at the club house on Wednesday February 29th. This was given by management as a social gathering for all members of the park. If you were not able to attend for some reason you really missed a wonderful get together. Look for the next planned event it will be posted on the bulletin board- sign up and plan on attending – you will have a very enjoyable time and lots of great food cheese, crackers, fruit – cookies – wine and cold drinks. The tables were decorated with different individual packets of candy and it all looked very festive. We had approximately 56 people attending – Mandy was as always a very pleasant host she deserves a round of applause for her hard work – great job Mandy we look forward to your next event!

DESERT HARBOR CLOSET QUILTERS *by Dave Borchardt*

The Desert Harbor Closet Quilters were asked by Ryan Martin, a local Boy Scout, if they would make brightly colored pillow cases for children with cancer. Ryan is trying to earn his Eagle Badge by supplying 300 pillow cases that will make the children's rooms brighter and cheerful. Each child then gets to take their pillow case home with them when they leave the hospital. Ryan has asked several quilting clubs to participate and sew the pillow cases. We can be very proud of our Desert Harbor Closet Quilters as they were able to supply Ryan with 62 pillow cases that gave him his 300 quantity that he was hoping for. In addition, he still has four other sewing groups to pick up from, so he should go well over the 300 mark.

Congratulations to this young man and congratulations to our Closet Quilters for their help.



CHIT CHAT AROUND THE PARK



FEBRUARY POT LUCK *by Dave Borchardt*

Our February 21st pot luck was extra special this month because we had two of our residents entertain us with their musical talents. We had Hans Nikolaas playing the Accordion and we also had Ron Fisher playing the Drums. They were both very good, everyone seemed to enjoy the music and we even had a few people get up and dance, so you know they enjoyed it. Oh yes, we also had great food as usual, and we had about 75 or so people show up. We are truly blessed with so many great cooks in our park. We always seem to have a good time at our pot lucks and everyone seems to enjoy getting together with their neighbors to eat and chat.

Ham Loaf Recipe *by Connie Riter*

(This recipe is over 50 years old and was originally made by my Mother-in-Law, Evelyn. She served it with macaroni and cheese and red jello with whipped cream.)

1 lb. ground, smoked ham.
1 lb. ground, fresh pork.
 $\frac{3}{4}$ cups cornflake crumbs
 $\frac{1}{4}$ tsp pepper
2 eggs, beaten
1 cup milk

Mix well....Shape as a loaf in a Pam-sprayed loaf pan.

$\frac{1}{2}$ cup brown sugar
1 tbsp. dry mustard
 $\frac{1}{5}$ cup apple cider vinegar.

Mix sugar, mustard, and vinegar together and pour over ham loaf. Bake at 350 degrees for 1 hour.

I let it chill overnight, then cut it in slices in another pan, pour a little beef broth over the slices, and heat it up before serving. This extra touch brings out the flavors....

WHO AM I ?



Cyndi Smith, Lot #74

The curly hair is gone, but the smile hasn't changed

We had a total of four residents correctly guess Cyndi Smith and they were: Toni Ague, Jackie Bowman, Steve Davis and Nancy Pavkov. Congratulations to our residents with the sharp eye!

Also, last month, Sylvia Goodrich was one of the first people to correctly guess Michael Bauschard. We somehow left Sylvia off the list. Sorry Sylvia.

50th Class Reunion *by Midge Drouin*

He was a widower and she a widow. They had known each other for a number of years being high school classmates and having attended class reunions in the last 20 years without fail. They had a wonderful evening, their spirits high. The widower throwing admiring glances across the table. The widow smiling coyly back at him. Finally, he picked up courage to ask her, "Will you marry me?" After about six seconds of careful consideration, she answered, "Yes, yes I will!"

The evening ended on a happy note for the widower. But the next morning he was troubled. Did she say "Yes" or did she say "No?" He couldn't remember. Try as he would, he just could not recall. He went over the conversation of the previous evening, but his mind was blank. He remembered asking the question but for the life of him could not recall her response. With fear and trepidation he picked up the phone and called her.

First, he explained that he couldn't remember as well as he used to. Then he reviewed the past evening. As he gained a little more courage he then inquired of her. "When I asked if you would marry me, did you say "Yes" or did you say "No?" "Why you silly man I said, 'Yes. Yes I will.' And I meant it with all my heart." The widower was delighted. He felt his heart skip a beat. Then she continued. "And I am so glad you called because I couldn't remember who asked me!"

SAVE THE DATE *by Kay McKersie*

Tue. Apr. 3rd/12:00pm	Ladies Soup 'N Salad Luncheon
Sat. Apr. 7th/9:00am	Residents Meeting
Wed. Apr. 11th/4:30pm	Chili Cook Off
Tue. Apr. 17th/11:00am	Ladies Luncheon
Thu. Apr. 19th/8:30am	Fort McDowel Casino
Sat. Apr. 21st/4:30pm	Potluck

DESERT HARBOR RESIDENTS OFFER SERVICES

<u>NAME</u>	<u>LOT</u>	<u>SERVICE</u>	<u>PHONE</u>
-			-
Philicia Hightower	6	Cleaning & Errands	480-674-4570
Midge Drouin	203	Haircuts, Styling, Blow Drying	602-459-9039
Margo Crawford	104	Photo restoration, scanning-slides	623-910-2713
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780
Esther Lough	123	Puppy Sitting	480-288-8579
Connie Riter	81	Travel, Trips	480-641-7753
Renee Spears	57	Reiki Sessions	480-215-8328
Jean Myers	44	Pet/ House Sitting- errands-store-Dr's office ,airport etc.- house cleaning	480-671-4481
Bob Myers	44	Yard work, odd jobs	480-671-4481
John Williams	162	Handyman	602-561-4562
Toni Ague	126	Sewing, alterations, interior painting	319-533-1098
Miles Lowery	164	Exterior pressure washing, screens & windows, exterior painting, tighten jacks under home, repair-replace roofs, handyman	480-276-8568
Rich Blake	197	Therapist, reasonable cash rates, individual, couples, PTSD, most issues addressed	317-966-5740
Doug Stoesz	174	Will transfer your favorite VHS tapes to DVD or your favorite vinyl records to CD	480-982-1065

April 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30am Church 12:30pm 5:30pm Texas Hold'em Poker	2 7:30am Water Aerobics 9am Tai Chi 1pm Mahjongg 6:30pm Billiards	3 7:30am Water Aerobics 12pm Ladies Luncheon (in park) 2pm Bible Study 6:30pm NDQ Poker 7pm Cards	4 7:30am Water Aerobics 8am Get Fit 9am Line Dancing 1pm Mahjongg 1pm Quilting 2pm Shuffleboard 6pm Bingo 6:30pm Quilting	5 7:30am Water Aerobics 9am Tai Chi 11am Golf 6:30pm Billiards 6:30pm Euchre	6 7:30am Water Aerobics 9am Get Fit 1pm Genealogy 4pm Happy Hour 7pm Cards	7 8am Coffee/ Donuts 9am Residents Meeting 11am Horseshoes 5:30pm Texas Hold'em Poker
8 10:30am Church 12:30pm 5:30pm Texas Hold'em Poker 2pm Pinochle	9 7:30am Water Aerobics 9am Tai Chi 1pm Mahjongg 6:30pm Billiards	10 7:30am Water Aerobics 2pm Bible Study 6:30pm NDQ Poker 7pm Cards	11 7:30am Water Aerobics 8am Get Fit 9am Line Dancing 1pm Mahjongg 2pm Shuffleboard 5pm ChiliCook-off 6:30pm Quilting	12 7:30am Water Aerobics 9am Tai Chi 11am Golf 1pm Quilting 6:30pm Billiards 6:30pm Euchre	13 7:30am Water Aerobics 9am Get Fit 1pm Genealogy 4pm Happy Hour 5:30pm Texas Hold'em Poker Tournament 7pm Cards	14 8am Coffee/ Donuts 11am Horseshoes 5:30pm Texas Hold'em Poker Tournament
15 10:30am Church 12:30pm 5:30pm Texas Hold'em Poker Tournament	16 7:30am Water Aerobics 9am Tai Chi 1pm Mahjongg 6:30pm Billiards	17 7:30am Water Aerobics 11am Ladies Luncheon (out of park) 2pm Bible Study 6:30pm NDQ Poker 7pm Cards	18 7:30am Water Aerobics 8am Get Fit 9am Line Dancing 1pm Mahjongg 1pm Quilting 2pm Shuffleboard 6:00pm Bingo 6:30pm Quilting	19 7:30am Water Aerobics 8:30am Casino Trip 9am Tai Chi 11am Golf 6:30pm Billiards 6:30pm Euchre	20 7:30am Water Aerobics 9am Get Fit 1pm Genealogy 4pm Happy Hour 5:30pm Texas Hold'em Poker 7pm Cards	21 8am Coffee/ Donuts 11am Horseshoes 4:30pm Happy Hour 5pm Pot Luck
22 10:30am Church 12:30pm 5:30pm Texas Hold'em Poker 2pm Pinochle	23 7:30am Water Aerobics 9am Tai Chi 1pm Mahjongg 6:30pm Billiards	24 7:30am Water Aerobics 2pm Bible Study 6:30pm NDQ Poker 7pm Cards	25 7:30am Water Aerobics 8am Get Fit 9am Line Dancing 1pm Mahjongg 2pm Shuffleboard 6:0pm Bingo 6:30pm Quilting	26 7:30am Water Aerobics 9am Tai Chi 11am Golf 1pm Quilting 6:30pm Billiards 6:30pm Euchre	27 7:30am Water Aerobics 9am Get Fit 1pm Genealogy 4pm Happy Hour 7pm Cards	28 8am Coffee/ Donuts 11am Horseshoes 5:30pm Texas Hold'em Poker
29 10:30am Church Clubhouse Reserved 12pm—7pm	30 7:30am Water Aerobics 9am Tai Chi 1pm Mahjongg 6:30pm Billiards					