



**DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ—JULY 2012**

## **THE HEAT IS ON!**

*By Dave Borchardt*

Summer is here and along with it comes the Arizona heat. The average high temperature for July is 105.9 degrees and the average low temperature is 81.0 degrees making it the warmest month of the year. I think that is why so many people head north to escape some of the heat. But remember what they say about Arizona, "It's a Dry Heat". Even for the long time residents and short time residents, it is pretty warm around here in July. The golf rates are about the best in July and August, we just have to get out early and finish before noon.

Of course the thing we think of the most about July is Independence Day celebrated on July 4th usually with picnics and bar-b-q's with family and friends. Other less recognized events for July are National Blueberry Month, National Hot Dog Month and National Ice Cream Month.

Some of the more recognized individual days of the month are Canada Day on July 1st, World UFO Day on July 2nd, National Fried Chicken Day on July 6th, National Nude Day on July 14th (what ?), All or Nothing Day on July 26th (where do these days come from ?) and National Cheesecake Day on July 30th.

I'm sure quite a few of you already knew about some of these events, but it's always a good idea to review them so we don't forget.

---

<b>TABLE OF CONTENTS:</b>			
		Birthdays & Anniversaries	4
President's Message	2	Recipes	8
Activity Organization	2	Who Am I	11
Activity Coordinators	3	Resident Services	15
Phone Book Updates	4	Calendar	16

## From the President's Desk

by Dick Smith



The heat is on! Hope everyone is staying cool and drinking a lot of water. We had a good turnout for the Memorial Day cookout. Next big thing will be the 4th of July cookout. We will have hamburgers and hot dogs supplied by the activities group. There will be a \$3.00 charge to help cover the cost of the meat. The board members will have the tickets, so when you see them, ask them for a ticket. There will also be a sign up sheet in the clubhouse.

I need to ask several things from you. People are cutting through other people's yards to get places in the park. There have been several complaints. If you must cut through, it would be nice to get permission from the lot owner. Also, with the resident coyote in the park, he knows when trash day is. He goes all over the park tearing into trash bags left on the curb. If you can, we would like for you to either put your trash in a barrel with a lid or not put the trash out until the morning of pickup. It makes a mess on the road and extra work for either you or the trash men to clean up. Just be aware of what is going on around you.

Hope you all have a great summer and STAY COOL! Maybe a trip to the mountains would be a fun thing to do.

---

### ACTIVITIES ORGANIZATION

President	Dick Smith	Lot #74	480-983-5819
Vice President	Sharon Schupbach	Lot #93	480-857-4629
Secretary	Alice Johnson	Lot #5	480-982-1224
Treasurer	Art Roberts	Lot #81	480-641-7753
Board Member	Midge Drouin	Lot #203	602-459-9039
Board Member	Mike Bauschard	Lot #99	480-288-4332
Board Member	Tim Chrissis	Lot #34	602-459-9236

## **DESERT HARBOR ACTIVITIES**

<b><u>ACTIVITY</u></b>	<b><u>COORDINATOR</u></b>	<b><u>TELEPHONE</u></b>
APPLIQUE	RENI DIEBALL	983-0578
CASINO TRIPS	CONNIE RITER	641-7753
CLOSET QUILTERS	RENI DIEBALL	983-0578
GENEALOGY	ESTHER LOUGH	288-8579
GOLF	DON WALKER	288-5686
LADIES OUT OF THE PARK LUNCHEONS	AGNES MILLER	982-6063
LADIES SOUP & SALAD LUNCHEON	JOANN HANKISON	641-0975
LINE DANCING	MARY PAT SUMMERS	983-4227
MAH JONGG	TBA	
PINOCHLE	ELAINE KERELUK	987-8587
POKER	MIKE BAUSCHARD	288-4332
STITCH & CHAT	RENI DIEBALL	983-0578
TAI CHI	DICK SMITH	983-5819

---

**WEB MASTER, DICK SMITH  
480-983-5819**

**MARTA ALEGRIA, DESERT HARBOR MANAGER,  
480-288-8876**

## BIRTHDAYS - ANNIVERSARIES

### JULY BIRTHDAYS

Date	Name	Lot
3	Steve Ziegele	71
4	Kitty Hutson	56
7	Bill Johnson	5
9	Harvey Nelson	131
9	Cathleen Smartt	20
11	Anne Eubank	169
11	Bertha Luby	86
12	Phyllis Tessmer	51
14	Jerry Murphy	205
14	Alma Shephard	107
15	Ray Altenschulte	83
15	Marge McClain	150
15	Penny Newby	185
17	Karen Majur	173
17	Ron Ruetz	73
20	Art Roberts	81
21	Noran Olson	27
22	Ellie Henderson	20
23	Bev Borchardt	142
23	Bill Garriot	115
23	Jim Hutson	56
24	Helen Rietow	73
24	Cliff Tessmer	51
25	Kathleen Kalber	64
27	Elaine Anfang	145
27	Mary Lou Croyle	120
27	Dot Smith	196
29	Jim Stephens	156
31	Karla McClain	150
31	Joe Schnier	146

### JULY ANNIVERSARIES

Date	Name	Lot
6	Larry & Bertha Luby	55
11	Harvey & Marjorie Nelson	131
12	William & Philicia Hightower	6
17	Chuck & Ellie Henderson	17
19	Robert & Bette Roy	130
23	Richard & Karen Anderson	39
25	Bob & Fran LeVeque	62



If you wish to add your birthday and/or anniversary or make any corrections to the list, please call: Kay McKersie at 480-288-9531

---

### PHONE BOOK UPDATES AND NEW RESIDENTS:

We want to welcome our new residents into the park:

Lot #55      Peter Jackson  
Lot #161     Ken & Bonnie Miller

## **JULY CASINO BUS TRIP** *by Connie Riter*

We are going to Fort McDowell Casino for our July trip on Thursday, July 19<sup>th</sup>. The bus is free and all who go will receive \$10 in free slot play. We will be checking in at the Clubhouse at 9:30 am and are scheduled to leave at 10:00 am. Bingo starts at 12:30 pm and we will depart for home after Bingo. Please sign up in the Clubhouse on the trip board if you would like to go on this fun trip with us. Everyone is welcome -- including your friends who may not live in the Park.

---

## **WANT TO ESCAPE THE HEAT?** *by Connie Riter*

Only a few bus trips are available during the summer months since so many residents are "on vacation" at their other homes. For a different, refreshing way to celebrate the 4<sup>th</sup> of July, join us for two nights at Hon-dah Casino in Pinetop. The trip includes two nights accommodations 4 buffets (2 dinner/2 breakfast), fireworks display, live music, and an Arts and Crafts Festival in Pinetop. \$185 pp dbl.

July 17<sup>th</sup>-- go underground to cool off! There is a trip to Kartchner Caverns, Rotunda Throne Tour. This includes lunch for \$89 pp.

A really exciting trip is planned for August 14-16 to Newport Beach Harbor for the "Pageant of the Masters." Three meals and an area tour are included, as well as a ticket to see the Pageant. This is a collection of classic and contemporary art work which are brought to life by real people acting out the scene. \$425 pp dbl.

For other trips and cruises, check the travel book in the Clubhouse. We are now working with Sue Sinclair Travel Center, who not only plans bus tours and cruises, but also can help you find a flight to accommodate your needs.

---

## **SAVE THE DATE!**

*by Kay McKersie*

Tue.	July 3rd/12:00pm	Ladies Soup 'N Salad Luncheon
Wed.	July 4th/4:30pm	BBQ
Tue.	July 17th/11:00am	Ladies Luncheon
Thu.	July 19th/ 9:30am	Fort McDowell Casino Trip
Sat.	July 21st/4:30pm	Potluck

## Our Down Under Adventure *by Sharon and Ron Schupbach*

We have several places around the globe that are on our “bucket list” to visit. The “a” list includes Alaska, Africa, Australia, Alps, and Argentina. We’ve visited the first two “a’s” already and after our dear friends returned from Australia with raves about the country, we knew it had to be next. Thanks to a really great deal we found on *travel zoo.com* we’re able to now check that one off the list.

The country/continent of Australia lies in the southern hemisphere, covers 2,941,299 million square miles (about the same size as the USA without Alaska) and has a population of about 23 million.  $\frac{3}{4}$  of the population live on the eastern coast. The country is divided into six areas: the Northern Territory- (main city being Darwin), Queensland-(Cairns), New South Wales-(Sydney), Victoria-(Melbourne), South Australia -(Adelaide), Tasmania-(Hobart) and the Western Territory-(Broome). We did not visit the Northern or Western Territories.

Our adventure began at Sky Harbor where we met up with our good friend, Dale, from San Antonio. We then flew to LAX and at 11:30 pm boarded our Qantas 16 hour flight to Melbourne. (2 meals, 4 movies, little sleep). We stayed at the Travelodge Docklands - very nice accommodations. Our first day tour was “The Great Ocean Road” tour. This road was



built between 1880 and 1932. Our first stop was Bell’s Beach, a world famous surf competition area. It’s a beautiful area with fantastic rolling waves. The water in this area is actually “Bass Strait.” We stop at the Split Point Lighthouse in Airey’s Inlet.” Then on to the Memorial Arch which is dedicated to the workers who built the road. We stop for morning tea or afternoon tea on every tour and have scones and beverages. Next we visit Koala Cove where we find several koalas in the trees and multiple wild birds: green parrots, king parrots, blue swamp hens and crimson rosellas to name a few. The weather is cool and misty as we drive through the Otway National Forest and hike some in the temperate rainforest. The Eucalyptus tree is the national tree of Australia. There are 100 varieties and the Mountain Ash and Myrtle Beech tree are among the tallest deciduous trees in the world. Along the shipwreck coast we see the 12 apostles which are huge monoliths in the water along the coastline which also includes the “London Bridge.” Unlike ours in Lake Havasu which is authentic, this is another rock formation, but the middle has fallen down into the sea.

The following day we take a city bus tour and stop at a huge city market where we buy some fresh bread, cheese, fruit, and some wine, and sit in the park to enjoy our lunch. We take in the 360 degree views of the city from the Eureka Tower, which was the tallest in the southern hemisphere until 5 days after we visited it. Melbourne is a magnificent city with beautiful old stone block and brick architecture, impressive old churches, and green garden areas every few blocks.

We leave Melbourne the next morning to fly to Hobart in Tasmania on the Tasman Sea. It's clear but cool when we arrive. Hobart was built around the Derwin River and was originally a penal colony. We toured the Bonorong Wildlife Park which is a rehabilitation sanctuary for natural wild life. There we feed kangaroos, koalas, wombats, and saw the Tasmanian devils. The following day we took the tour to Russell Falls, visited a trout farm, saw beautiful apple and cherry orchards, rolling hills and lots of cattle, alpacas and sheep. We passed many hops fields. Of note, it is legal in Tasmania to grow opium poppies for commercial medicinal use. We saw many white cockatoos in the Blue Eucalyptus trees which are the tallest hardwood trees in the world. The following morning we flew back to Melbourne to catch a flight to Adelaide sitting along the Fleurieu Peninsula. We toured the beautiful Barossa Valley that stretches for miles and miles with acres of vineyards. We stopped at several wineries for some wine tasting--some of you may be familiar with *Jacobs Creek* varieties. In the old German town of Hahndorf we shopped some quaint little stores and purchased some opals. The next day we toured Victor Harbor area, the town of Strathalbyn on the Angas River, Horse-shoe Bay and Goolwa on the Murray River. We visited other wineries in McClaren Vale. The Victor Harbor area is mostly a senior/tourist area that has all the amenities and healthcare facilities that might be needed by a senior population.

The next morning we're back to the airport for our trip north to Cairns. Our accommodations sit in eleven acres that resemble a scene from *South Pacific*. The air is warm with gentle sea breezes. It helped us relax after a flight with no less than a dozen tots screaming in unison. The next morning we are ready to board "The Passions of Paradise" catamaran to sail to the Great Barrier Reef. Our day on the water included several swims/snorkels in the sea, a visit to a sand island that is a bird sanctuary, a mini-submarine tour of other parts of the reef, a wonderful buffet and a sunset sail back to port. The sun, the sea, the sail, the sand, the surf, and the saltwater sea life to see and to savor were all superb!!

The next morning we took a city tour and visited another wonderful city market. The varieties of fresh fruits, vegetable, cheeses, breads, wines, and goodies were fantastic, although not inexpensive. The flora and fauna in the Cairns area is glorious. The Flecker Botanical Garden is a display of multiple rainforest varieties of teak, palms, spices, vines, ferns, shrub, orchids, and bromeliads. St. Monica's Catholic Church has exquisite stained-glass windows known as the "Creation Windows" and "Peace Windows." Cairns is the only place in the world with two designated world heritage sites: the great barrier reef and the rainforest.

In the morning we left Cairns for Sydney. During the flight we could see scenes on the ground resembling our Grand Canyon. So our first tour was to the Blue Mountains. First stop was at Featherdale Wildlife Park to take in more specimens of Australian native creatures, then on to Katoomba. The Blue Mountains are more forested than our Grand Canyon, size not of the scale of our canyon, but quite spectacular. The "Three Sisters" monoliths are impressive. On the return trip we passed the Olympic Park from the 2000 Olympic Games, then boarded a riverboat to cruise down the Parramatta River into Circular Quay.

The next morning, we took Captain Cook's harbor cruise which included another buffet lunch and tour of Darling Harbor, Circular Quay, the Opera House and the great Sydney Harbor Bridge. Our cruise was followed by a tour of the Sydney Opera House which is an amazing architectural and engineering masterpiece. It houses 5 different halls for presentations and has a pipe organ that took four years to build and two years to tune. The acoustics are perfect, requiring no amplification.

This was an appropriate end to our touring in Australia. It epitomized the quality and vision of the Australian peoples. They foster conservation, promote recycling and reforestation, protect the environment, and preserve green areas throughout the country. The citizens were all very friendly and helpful--offering assistance whenever we were standing on a corner with a map in our hands and a bewildered look on our faces. And they offered a grand variety of gluten-free foods everywhere we went. Ron really appreciated that!! I highly recommend Australia to any avid travelers!!!

## RECIPES

### PASTA WITH BROCCOLI AND SAUSAGE

by Dick Smith

#### Ingredients:

- 1 package ground Italian Sausage (any flavor)
- 1 roasted red Bell pepper
- 2 roasted green Bell pepper
- Garlic powder
- Salt
- 1/2 Cup of Water
- Orecchiette or Pennette pasta
- Broccoli (fresh or frozen)
- 1 Onion
- Italian and Cheddar Cheese



#### Preparation:

1. Boil and prepare the pasta according to package. Drain and set aside.
2. Begin by preparing the peppers, see below for a fantastic roast pepper recipe. Cut these into strips and set aside.
3. You can begin to brown the sausage during this time. You can season it with some garlic powder and salt for flavor. Finish cooking the meat. Use some of the grease from the meat to fry and brown the onions (these can be browned in butter as well).
4. Prepare the broccoli (for frozen broccoli just boil it until hot). For fresh broccoli remove florets and separate large florets into small ones. Slice away the tough outer skin from stalks. Slice trimmed stalks into little chunks.
5. Put the meat back onto the heat. Allow to warm. Add peppers and onions to the meat, stir everything really good. Stir in the broccoli and 1/2 cup of water. Cover and allow the broccoli to steam for 2 minutes, stirring halfway in. Uncover and keep cooking to allow some of the liquid to evaporate. Stir into the pasta. Add 2/3 cup of Italian cheese and 1/3 cup of Sharp cheddar cheese. You can add some salt and pepper to taste!

---

### RECYCLED GREETING CARDS WANTED

Do you have leftover greeting cards? There is a basket in the clubhouse that you can put them in. Connie Riter will be sure the cards are sent to St. Jude's in Nevada. Thank you.



**BOOK REVIEW** by Bob Mayo

**The Cobra by Frederick Forsyth**

The Cobra is one of the latest offerings by Fredrick Forsyth who is well known for his many novels of suspense, mystery and intrigue; and is set in the present with the United States being under attack by those whose lone ambition is the acquisition of wealth and power. These individuals and groups prey not only on the United States but the nations of western Europe and the seemingly insatiable appetite of people for drugs and, in particular, cocaine. The President of the United States has called upon Paul Devereaux, a former CIA spymaster and a veteran of many political maneuverings and operations to come up with a solution to the cocaine problem. He has given Devereaux carte blanche to do whatever is necessary to bring an end to the cocaine epidemic and to destroy those who provide and profit from this insidious trade.

Devereaux in turn enlists the aid of a former rival Cal Dexter whom over time he has come to know and have a great respect for. They work together using the virtually unlimited powers that the President has provided Devereaux to open any door and to call on the assistance of any agency of the government in the fight to bring the cocaine cartels to their knees by hitting them where it hurts the most; in their pocketbooks. This war is aimed primarily at the largest and most vicious cartel in the world the "Hermandad" or Brotherhood; based in Columbia and its leader Don Diego Esteban.

This battle to destroy the cocaine trade is accomplished through the blending of modern technology in conjunction with some older military stratagems to disrupt the ability of the major drug cartel to supply the many distributors and their dealers worldwide.

Follow the battle and see how the drug cartels are destroyed and the cocaine trade that has thrived are brought to their knees. Or are they?

---

**Retirement !!!** sent by Jane Boudreau

**Question:** How many days in a week? **Answer:** 6 Saturdays, 1 Sunday

**Question:** When is a retiree's bedtime? **Answer:** Three hours after he falls asleep on the couch.

**Question:** How many retirees to change a light bulb? **Answer:** Only one, but it might take all day.

**Question:** What's the biggest gripe of retirees? **Answer:** There is not enough time to get everything done.

**Question:** Why don't retirees mind being called Seniors? **Answer:** The term comes with a 10% discount.

**Question:** Among retirees what is considered formal attire? **Answer:** Tied shoes.

**Question:** Why do retirees count pennies? **Answer:** They are the only ones who have the time.

**Question:** What is the common term for a senior who still works and refuses to retire? **Answer:** NUTS!

**Question:** Why are retirees so slow to clean out the basement, attic or garage? **Answer:** They know that as soon as they do, one of their adult kids will want to store stuff there. Or move back in there . . .

**Question:** What do retirees call a long lunch? **Answer:** Normal.

**Question:** What is the best way to describe retirement? **Answer:** The never ending Coffee Break...spiked !

**Question:** What's the biggest advantage of going back to school as a retiree? **Answer:** If you cut classes, no one calls your parents.

**Question:** Why does a retiree often say he doesn't miss work, but misses the people he worked with? **Answer:** He is too polite to tell the whole truth.

And, my very favorite....

**QUESTION:** What do you do all week? **Answer:** Monday through Friday, NOTHING..... Saturday & Sunday, I rest

## CHIT CHAT AROUND THE PARK



### LADIES LUNCHEON OUT *by Connie Riter*

Fifteen ladies from Desert Harbor met for lunch at Baci Italian Bistro on Tuesday, May 15<sup>th</sup>. This fairly new restaurant is located on Germann near Ellsworth and is worth the drive out there. The décor is very relaxing -- with overhead sconces, glistening black granite tables, and large picture windows to see the beauty of farmland and open spaces. Everyone selected their lunch from one of several different menus-- deciding on eggplant parmesan, salads, pasta with vodka sauce, or a number of other delicious Italian dishes. Each was served with fresh baked bread and softened butter. The lunch menu even has sandwiches for \$3.95! The service was pleasant, prompt and attentive and one could see by the number of other groups having lunch at the same time as we that Baci's is definitely a popular place to meet and eat! Thanks, Agnes Miller for planning these monthly outings for us -- and if you missed this one, please come to the one in July. Everyone is welcome. We always go on the third Tuesday of the month...and the laughter is contagious!

---

### SOUP 'N SALAD LUNCHEON

Seventeen ladies attended the June soup 'n salad luncheon held in the Clubhouse at noon on June 5<sup>th</sup>. Five soups were enjoyed and a variety of salads and desserts. Kay McKersie, who recently returned from Minnesota, brought some of her daughter's fresh picked rhubarb back with her, and made a delicious dessert to share with all of us! We were happy to meet two of our new neighbors--Colleen who lives in 184 and Wilma who lives in 83. Elaine Anfang won the 50/50 raffle. Everyone seemed to enjoy the relaxing chance to sample new recipes and to chat with our neighbors.

---

### MEXICAN POT LUCK RECAP *by Midge Drouin*

On Saturday May 19th residents of Desert Harbor gathered in our clubhouse at 4:30 pm for Happy Hour and to enjoy a variety of dishes of Mexican cuisine prepared by residents of the park in recognition of Cinco de Mayo. There were 40 people in attendance. Terry Watkins, our community minister, gave the blessing before our meal. Many different varieties of food were set on the table, such as chicken enchiladas, salsa and tortilla chips, chili cheese squares and much more. Everything was delicious, including the desserts. We had our 50/50 drawing, too. Pot Lucks are always held on the 3rd Saturday of the month. Come and enjoy the camaraderie and the good food.

---

### NEW SOLSTICE LIFESTYLE DIRECTOR

Hi: My name is Jeanette Weber. I am the new Lifestyle Director for Solstice Communities. I have been with the company for 6 years, working as a manager in several of our parks. I would like to invite you to all of our Solstice Events. I plan to make our activities fun and hope you will enjoy attending. I am open to suggestions as to what activities you would like, so feel free to let me know. I look forward to meeting you -- come have fun!

# WHO AM I ?



LOOK FOR  
CURRENT  
PHOTO  
NEXT MONTH

**I purchased my home at Desert Harbor in December of 2005 and moved here full time in February of 2006**

If you know who I am, please jot your guess along with your name and lot number and put it in the suggestion box at the clubhouse. You may also submit your guess by e-mail to [desertharboraz@aol.com](mailto:desertharboraz@aol.com) There might even be a prize to the winner. Thank you!

Please be sure to put the date and time on your entry.

## **MEMORIAL DAY PICNIC** *by Connie Riter*

Over 70 people met at the Clubhouse on Monday, May 28<sup>th</sup>, for our annual Memorial Day potluck and picnic. Brats, hamburgers, and a few hotdogs were grilled outside by our "grill gurus", Al Goodwin, Dave Borchardt, and his grandson, David. This is no small task when you have to brave the 100 degree heat as well as cook so many! Thanks also goes to Cyndi Smith for not only purchasing the brats but boiling them in beer before they were grilled. Yummy! Residents brought many delicious salads and desserts and by the sound of the laughter, everyone had a good time.

The Memorial Day Veterans Board was on display and many people took time to view the pictures and read about some of our veterans living in the Park. If you have been in military service or have a relative, including grandchildren, who are in the service, and would like them honored on our board in the Fall, please call me for the information sheet and if you can, take time to find a picture. With so many new people moving into the Park, we would like to keep this tradition going.

---

## **A DELIGHTFUL MONDAY LUNCHEON** *by Connie Riter*

Seventy-one people met for lunch at the clubhouse on May 14<sup>th</sup> to wish Estelle Pain happiness in her new home, and to thank her for her friendship for the many years she and her late husband, Al, lived here in Desert Harbor. (Al was on the committee which drafted the original by-laws of the Park and their daughter, Cookie, served as the secretary for the organization for several years.) The luncheon was put on by Eileen Wilson, Estelle's other daughter, and her husband, Bob, who have also been residents with Estelle for a while.



Salads, sandwiches, tortilla wraps, a delicious cake, and even a Keurig "coffee station" added to the festivities. Estelle walked from table to table meeting and greeting her many friends -- hugging and chatting with each. We wish her well in her new home south of Tucson. She will be deeply missed by many!

---

## **ANOTHER MOVIES TO DVD FACILITY** *by Margo Crawford*

I also recently had my Super 8 family movies converted to DVD by a company name iMemories. You can visit their web site at [www.iMemories.com](http://www.iMemories.com) and take a virtual tour of their facility. They explain the steps and what is done and provide a price list per foot for expense. I opted to take my movies in, in person rather than mailing them. I am a face to face kind of gal. I wanted to see where my precious memories were going to be housed temporarily. The place is modern, clean and very COOL! Of course cool is good for film. Once the movies have been converted to DVD they are made available on line for you to view, organize and delete footage that you don't want or that is not of good quality etc. Once you have the albums set up and organized the way you want you can order a master DVD. Once the movies are made available on line you can also download them to your computer. And of course they also take care of slides and picture restoration etc. When I went in to pick up my movies and master DVD I took Miss Elmo along. The staff was really happy to see her. That made her feel welcome and you know how Miss Elmo eats up those compliments and all that attention! iMemories 9181 E. Bell Rd., Scottsdale, AZ 85260. Phone number 800 845 8199.

## HEALTH ARTICLE

### Understanding Insect and Spider Bites *by Midge Drouin*

#### What Are the Symptoms of Insect and Spider Bites?

Most insect bites produce only minor irritation, with symptoms such as: Swelling at the site of the bite, itching or burning, or local numbness or tingling.

Bites of poisonous spiders and scorpions may produce these symptoms:

- Intense pain at the site of the wound.
- Stiffness or joint pain.
- Muscle spasms.
- Abdominal pain, nausea, or vomiting.
- Fever or chills.
- Difficulty breathing or swallowing.
- A spreading, ulcerated wound or tissue death.
- Dizziness, impaired speech, or convulsions.

An insect or spider bite can rarely cause a **potentially fatal allergic reaction** known as anaphylactic shock. Its symptoms include:

- Rapid swelling of the lips, tongue, throat, or around the eyes.
- Difficulty breathing.
- Wheezing or hoarseness.
- Severe itching, cramping, or numbness.
- Dizziness.
- A reddish rash or hives.
- Stomach cramps.
- Loss of consciousness.

#### Call Your Doctor About an Insect or Spider Bite If:

You think you have been bitten by a poisonous spider or scorpion.

You experience any of the symptoms of anaphylactic shock described above. This is a severe, possibly life-threatening condition. Call 911 or your emergency number immediately.

#### First Aid & Emergencies

##### Call 911 NOW if you are having:

- Chest pain
- Difficulty breathing
- Severe bleeding
- Sudden weakness or numbness, or a medical emergency

## **COMPUTER CORNER** *by Margo Crawford*

Let's address the differences in the CD. CD stands for Compact Disc. A compact disc is used for storing information. A CD can hold much more information than the previous Floppy Disc. There are several types of CDs. The blank DVD discs (DVD-R and DVD+R) can be recorded once using a DVD recorder and then function as a DVD-ROM. They cannot be rewritten, written over or erased. They are a read only once they have been recorded. Re-writable DVDs (DVD-RW, DVD+RW and DVD-RAM) can be recorded and erased multiple times.

One of the most frustrating situations with CDs is burning music to one and it plays fine on the computer but won't play in a stereo system or car stereo. The first rule is not to use a CD-RW cd to record music to be played in a car stereo, home stereo, boom box, etc. This type of cd is less reflective than the CD-Rs and the lasers in your stereo equipment may not be powerful enough to read the CD-RWs.

Also, when you are finished burning the music to a CD that you close the session / finalize the disc. Otherwise the CD is left 'open' for further recording. When it is left open only the computer will be able to read it.

And finally you need to check the format of the music you are recording and make certain it is compatible with your other equipment. Mp3's will only play on equipment made to play Mp3's. Older equipment will not be able to play Mp3's and will require recording in a different format. So, if you have a variety of music players to deal with, you will have to check your owner's manuals for each one to verify the music format you need to use.

(Information gleaned from Wikipedia and Askville.com / ILovePeanut).

---

## **E-MAIL ADDRESS UP TO DATE?**

Please be sure to let us know if you change your e-mail address. We usually are working a month in advance on the newsletter, so many times there is last minute information that we like to send out. So if you want your e-mail address to be included, please send any corrections or updates to: [desertharboraz@aol.com](mailto:desertharboraz@aol.com). Also, be sure to add [desertharboraz@aol.com](mailto:desertharboraz@aol.com) to your contact list.

---

## **HELP OUR WEBSITE**

We need your help with the website. Dick is looking for interesting stories from you about your trips, families or whatever is going on in your life.

We like to keep up with what is going on in our neighbors lives. Please send anything you have to Dick Smith. [RLCKSMITH@MSN.COM](mailto:RLCKSMITH@MSN.COM). Thank you!

**DESERT HARBOR RESIDENTS OFFER SERVICES**

<u>NAME</u>	<u>LOT</u>	<u>SERVICE</u>	<u>PHONE</u>
Philicia Hightower	6	Cleaning & Errands	480-374-4570
Margo Crawford	104	Photo restoration, scanning-slides	623-910-2713
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780
Esther Lough	123	Puppy Sitting	480-288-8579
Connie Riter	81	Bus Trips	480-641-7753
Renee Spears	57	Reiki Sessions	480-215-8328
Jean Myers	44	Pet & House Sitting, Drive to Store, Doctors Office, Airport, House Cleaning	480-671-4481
Bob Myers	44	Yard work, odd jobs	480-671-4481
John Williams	162	Handyman	602-561-4562
Rich Blake	197	Therapist, reasonable cash rates, individual, couples, PTSD, most issues addressed	317-966-5740

---

**ITEMS FOR SALE BY RESIDENTS**

If you have an item you would like to sell or give away, you can place your ad here Just let someone on the newsletter committee know.



# July 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30am Church 1pm Texas Hold'em Poker	2 7am Water Aerobics 1pm Mahjongg 6:30pm Bil- liards 7pm Shuffleboard	3 7am Water Aerobics 12pm Ladies Soup/ Salad Luncheon 2pm Bible Study 6:30;pm NDQ Poker 7pm Cards	4 7am Water Aerobics 8am Exercise 9am Line Dancing 1pm Mahjongg 1pm Quilting  4:30pm Happy Hour 5pm Picnic	5 7am Water Aerobics 6:30pm Billiards 6:30pm Euchre	6 7am Water Aerobics 9am Exercise 4pm Happy Hour 7pm Cards	7 8am Coffee/ Donuts  5:30pm Texas Hold'em Poker
8 10:30am Church 1pm Texas Hold'em Poker	9 7am Water Aerobics 1pm Mahjongg 6:30pm Bil- liards 7pm Shuffleboard	10 7am Water Aerobics 2pm Bible Study 6:30;pm NDQ Poker 7pm Cards	11 7am Water Aerobics 8am Exercise 9am Line Dancing 1pm Mahjongg 6pm Bingo 6:30pm Quilting	12 7am Water Aerobics 6:30pm Billiards 6:30pm Euchre	13 7am Water Aerobics 9am Exercise 4pm Happy Hour 7pm Cards	14 8am Coffee/ Donuts  5:30pm Texas Hold'em Poker
15 10:30am Church 1pm Texas Hold'em Poker	16 7am Water Aerobics 1pm Mahjongg 6:30pm Bil- liards 7pm Shuffleboard	17 7am Water Aerobics 11am Ladies Luncheon 2pm Bible Study 6:30;pm NDQ Poker 7pm Cards	18 7am Water Aerobics 8am Exercise 9am Line Dancing 1pm Mahjongg 6pm Bingo 6:30pm Quilting	19 7am Water Aerobics 9:30am Casino Trip, Ft McDowell 6:30pm Billiards 6:30pm Euchre	20 7am Water Aerobics 9am Exercise 4pm Happy Hour 5:30pm Texas Hold'em Poker 7pm Cards	21 8am Coffee/ Donuts  4:30pm Happy Hour 5pm Pot Luck
22 10:30am Church 1pm Texas Hold'em Poker 2pm Pinochle	23 7am Water Aerobics 1pm Mahjongg 6:30pm Bil- liards 7pm Shuffleboard	24 7am Water Aerobics 2pm Bible Study 6:30;pm NDQ Poker 7pm Cards	25 7am Water Aerobics 8am Exercise 9am Line Dancing 1pm Mahjongg 6pm Bingo 6:30pm Quilting	26 7am Water Aerobics 6:30pm Billiards 6:30pm Euchre	27 7am Water Aerobics 9am Exercise 4pm Happy Hour 7pm Cards	28 8am Coffee/ Donuts  5:30pm Texas Hold'em Poker
29 10:30am Church 1pm Texas Hold'em Poker 2pm Pinochle	30 7am Water Aerobics 1pm Mahjongg 6:30pm Bil- liards 7pm Shuffleboard	31 7am Water Aerobics 2pm Bible Study 6:30;pm NDQ Poker 7pm Cards				