

DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ—OCTOBER 2013

MEET OUR NEW MANAGER

by Margo Crawford

September 7, 2013 we met our new manager, Gentry Dion. He is currently the manager at La Casa Blanca and will manage Desert Harbor also. He promises he will be able to handle both properties. He has worked in restaurant management running several different venues at the same time. However, he will also have a full time assistant to help keep things moving smoothly. Her name is Justine and she is the very lovely daughter of former manager, Marta Alegria.



Gentry assured us that the kitchen improvement is on schedule and will be taken care of in the summer of 2014. He is going to check with the landscape crew as to what is being done for the Desert Harbor Golf Course. He will make certain that the improvement is being done as promised. During Monsoon Season if your property suffers a washout of gravel that you feel you cannot handle you may request that Tony, our current maintenance man, perform the cleanup.

Mr. Dion wants to be an advocate for the residents and not just a "go between" for the owners and management. Mosquito boxes are to be placed in the park so the county can check for West Nile virus. If it is discovered to be present, the county will spray the park. If the virus is not detected, Gentry will check into other avenues to see what can be done about this onslaught that we are currently suffering.

Other items on the agenda: A new front entrance sign... cutting back the shrubs along the outside walls... the tree in the vacant lot will be removed to help alleviate the problem with people "resting and drinking under the tree"... the seam in the clubhouse floor where ants are invading will be checked for at least a temporary fix... the chipped up area by the pool will be repaired. Many of these issues have been brought up at previous meetings with former managers, but Mr. Dion seems to have a take charge attitude and has a demeanor that suggests he **does want** and **will appreciate having** a well-run and maintained park.

Welcome to Desert Harbor!

(see page 12 for an introduction to Justine)

TABLE OF CONTENTS:		Birthdays & Anniversaries	4
President's Message	2	Recipes	8
Activity Organization	2		
Activity Coordinators	3	Resident Services	15
Phone Book Updates	4	Calendar	16

From the President's Desk

By Clifford Tessmer

As we embark on a new season, let me welcome our new Park Manager, Gentry Dion. We had our first manager's meeting with him on Saturday, September 7, 2013. He represented himself and Solstice quite well, which gives us all great hopes that the needs of the community will be met. He brings to mind the fact that this is a new time in the history of Desert Harbor.



As we go forward in the Fall Season, and winter visitors return to the nest, I hope to see more people at gatherings, be it games, movie viewing, pot luck dinners, luncheons, park outings, or just a "bull session" etc. We are so fortunate to have all these activities at our disposal whenever we want. So, that being said, let us take a moment to be mindful of our ill neighbors, say a silent prayer for our young men and women, who, everyday put themselves in harm's way to protect us in one way or another.

I would like to welcome any and all new residents to the community, and would like any input you may have regarding any functions you may feel we should address.

Be safe, be aware of your surroundings, and be "Happy".

ACTIVITIES ORGANIZATION						
President	Cliff Tessmer	Lot #51	480-671-1414			
Vice President	Dennis Maher	Lot #193	480-646-1433			
Secretary	Margo Crawford	Lot #104	623-910-2713			
Treasurer	Tim Chrissis	Lot #34	480-982-1891			
Board Member	Midge Drouin	Lot #203	602-459-9039			
Board Member	Mike Bauschard	Lot #99	480-288-4332			
Board Member	Bill Johnson	Lot #5	480-982-1224			

DESERT HARBOR ACTIVITIES					
<u>ACTIVITY</u>	COORDINATOR	<u>TELEPHONE</u>			
APPLIQUE	RENI DIEBALL	480-983-0578			
BINGO	DENNIS & DIANE MAHER	480-646-1433			
CASINO TRIPS	CONNIE RITER	480-641-7753			
CLOSET QUILTERS	RENI DIEBALL	480-983-0578			
CRAFTS	MARGO CRAWFORD	623-910-2713			
ENTERTAINMENT	KATHY GABEL	480-625-1297			
GENEALOGY	ESTHER LOUGH	480-288-8579			
GOLF	DON WALKER	480-288-5686			
HORSESHOES	TBA				
LADIES OUT OF THE PARK LUNCHEONS	TBA				
LADIES SOUP & SALAD LUNCHEON	JOANN HANKISON	480-641-0975			
LINE DANCING	MARY PAT SUMMERS	480-983-4227			
MAH JONGG	ESTHER LOUGH	480-288-8579			
PINOCHLE	ELAINE KERELUK	480-987-8587			
POKER	MIKE BAUSCHARD	480-288-4332			
SHUFFLEBOARD	CLIFF TESSMER	480-671-1414			
STITCH & CHAT	RENI DIEBALL	480-983-0578			
TAI CHI	DICK SMITH	480-983-5819			
WELCOME / SUNSHINE	DIANE TREMBLAY	480-982-1419			

WEB MASTER, DICK SMITH, 480-983-5819

DESERT HARBOR MANAGER, 480-288-8876

NEWSLETTER COMMITTEE

Connie Riter, Dave Borchardt, Dick Smith, Bob Mayo, Midge Drouin, Kay McKersie, Margo Crawford, Jane Boudreau

BIRTHDAYS - ANNIVERSARIES

OCTOBER BIRTHDAYS

OCTOBER ANNIVERSARIES

<u>Day</u>	Name	Lot #
2	Karen Stephens	156
5	Bob Mayo	124
7	Bonnie Harrison	40
8	Mike Kereluk	82
10	Dick Lazzari	202
11	Karen Anderson	39
15	Sharon Rau	158
19	Jane Boudreau	179
21	Bob Berberian	188
22	Wilma Altenschulte	83
22	Paul Tremblay	196
27	Lorraine Albright	14
27	Ron Estes	77
27	Alice Johnson	5
30	Rich Goodrich	60
30	Fran LeVeque	62
30	Wanda Wilson	11
31	Jim Parker	12

Day	Name	Lot #
17	Phillip & Beverly Thau	32
20	Bill & Alice Johnson	5
26	Gerry & Janice Miller	170



If you wish to add your birthday and/or anniversary or make any corrections to the list, please call: Kay McKersie at 480-288-9531

PHONE BOOK UPDATES:

NEW RESIDENTS:



No new residents or phone book updates this month.



TWO ELDERLY LADIES:

Two elderly ladies were talking.

"At our age, I don't know what would be worse -Parkinson's or Alzheimer's."

Her wise friend thought and then answered, "I'd
rather have Parkinson's, definitely Parkinson's.

Better to spill half my wine than to forget where I keep
the bottle."

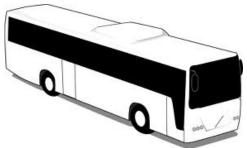


GENEALOGY SESSIONS RESUME by Esther Lough

Are you interested in where your ancestors came from? Come join us on Fridays at 1 pm starting October 4th. We meet in the Clubhouse in the computer room and everyone is welcome whether you are just beginning your search or are a "seasoned genealogist." We search not only records in the United States but throughout the world. We will help you build your family tree and perhaps even take trips to the genealogy library. It's exciting and fun!

FUN "GETAWAYS" by Connie Riter

Overnight (and longer) bus trips are available to the following places in the near future. **Albuquerque and Santa Fe (Oct. 15-19)** for \$529 pp dbl and this includes a guided tour of Santa Fe and Sky City and 8 meals. **A Branson Holiday Celebration (Nov. 15-19)** for \$1699 pp dbl which includes 5 days and 4 nights, 7 shows and meals, RT Airfare



and transportation to airport. Las Vegas for Christmas (Dec. 24-26) for \$139 pp dbl. This includes two nights at the Four Queens, Christmas Lights Tour, Freemont Street Light Show, and two breakfasts and no other casino stops. New Year's Vegas Strip (Dec. 30 - Jan 1) for \$447 pp dbl. Stay at the New Tropicana on the Strip which is a Hilton restored to a 1950's décor. Two nights, 3 meals, NY Eve show and dinner buffet and fireworks. The Rose Parade (Dec. 30 - Jan. 1) for \$529 pp dbl. Details of this trip are on the board at the Clubhouse.

Day trips available are **Kartchner Caverns (Oct. 31**, \$69), **Algodones (Dec. 3**, \$59), **A Celebration of Christmas (Dec. 7**, \$59) at the First Assembly of God Church in Phoenix, a **Christmas Shopping trip to the Outlet M**all near Wild Horse Casino, with breakfast included on Dec. 13th. **Glendale Glitters (Dec. 20**, \$39) which includes a buffet dinner before the event. **Tucson Quilt Show (Jan. 17**, \$59) and **Tubac Festival of the Arts (Feb. 5**, \$49). Take some time and read about the exciting variety of trips available from going on the Verde Valley Wine Trail, attending a live TV Show, a Florence Fun Trip, Pebble Beach National Pro-PGA Tour, Grand Canyon and Sedona, and the last year of the Palm Spring Follies. Details are available on the travel board and book in the Clubhouse. Leave the driving and the planning to the bus driver and tour guide, and just go have fun! Call me for reservations so our Activities Committee can receive a commission.

"Yaateeh" by Connie Riter

Means "welcome" in Navaho and is written above the entrance to the New Twin Arrows Casino in Flagstaff (exit 219 on east Route 40). This is a beautiful casino with a welcoming staff, many penny slots, daily poker tournaments, and an excellent buffet serving a variety of foods -- American, Mexican, and Oriental. The price is reasonable, too!

If you'd like to spend a day visiting this new casino which opened in July, a bus comes to Apache Junction at the 99cent store at 3003 W. Apache Trail on Mondays and Thursdays at 6:30 am and on Saturdays at 8:30 am. The cost for the bus ride is \$10.00. Reward Club members receive \$15 Casino Cash and a food court buffet pass for riding the bus. New Members are eligible for an additional \$25 Casino Cash. To make bus reservations call 480-237-8888 or go to www.twinarrows.com and click on the bus. It's a long trip there, but you have a lot of time to relax on the bus and see the countryside.

Our own Park Casino Trip will be going to Fort McDowell on Thursday, October 17th with a meeting time in the Clubhouse of 8:15 am. Please sign up in the Clubhouse if you would like to go--we need at least 10 for the bus to come into our park.

RESIDENT'S MEETING

by Bob Mayo

The monthly resident's meeting was call to order by President Cliff Tessman at 9:10 am Saturday Sept 7th. Following the Pledge of Allegiance two new residents were introduced. The minutes of the previous meeting were deferred until the October meeting. Treasurer Tim Chrissis was not present due to a family emergency so no formal treasurer's report was given, however Vice President Dennis Maher reported that there was a balance of \$2076.58 in the organization's account.

Cliff Tessmer stated that people must sign up for events ahead of time because the organization needs to know how much to buy to support the event. Cliff also noted that events put on by Solstice Communities are intended for park residents only. If you have company staying with you, they are welcome to attend but these events are not for other individuals from outside the park. There is also a need for individuals to host the pot lucks and anyone who can do so is asked to sign up to host these events.

Some items to note include a plan for a river cruise on October 25th. This is only tentative at this time and more information will be provided later. The new Coyote Coupon books are now on sale. The price is \$20 and there are coupons for many events and activities providing discounts to coupon book purchasers. All profits from the sale of these books go to the Activities Organization. The books are available from Connie Riter in lot 81.

The Halloween Party is planned for October 31st at 7:00 p.m. People are encouraged to wear costumes and there will be food, games and the planners are hoping to have some entertainment as well.

Midge Drouin discussed the next patio sale at Desert Harbor. The date will be Nov 23rd with the gates opening at 7:00 a.m. There will also be a bake, book, and white elephant sale as well. Residents providing baked goods, books or items for the white elephant sale are asked to tag their items with the price. Coffee and rolls will be available at the clubhouse the morning of the sale and items for sale will be available the night before for park residents to preview and buy if they wish.

Meeting was adjourned at 9:35 a.m.

RECIPES

Skinny Pumpkin Cream Cheese Bars

1 box angel food cake mix- the 1 step kind 1 15oz can Pumpkin 3/4 Cup water 1/2 teaspoon cinnamon 1 8oz pkg. reduced fat cream cheese few tablespoons of water, to be mixed with cream cheese

I let the cream cheese soften on the counter for awhile, then added it to my stand mixer & beat it with a couple of tablespoons of water until smooth. I just wanted it to thin out a little bit.

In a separate bowl, mix the cake mix, pumpkin, water, & cinnamon together until it is smooth & well mixed.

In a 9x13 pyrex dish (sprayed with PAM) add HALF of the cake-pumpkin mix. Then, smooth it out with a rubber spatula. Drizzle half of the cream cheese over the top of it and take a small spatula to smooth it over the top. Add remaining cake-pumpkin mix & also the remaining cream cheese just making layers. Finally, take a butter knife, stick it into the mix and go back & forth over the top of the cake making figure "8's" to blend it a bit

Bake for 35 minutes at 375 degrees, OR until a toothpick comes out clean

ITEMS FOR SALE OR ITEMS WANTED

For sale Emerald Ring, 2.21 carat, Columbian Stone, 14K gold, with diamonds on the side, \$3000.00.

Contact Joseph Woltanski at Lost Dutchman Park, Lot #1034, 989-370-0251

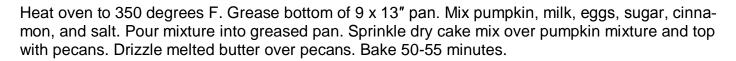
RECYCLED GREETING CARDS WANTED

Do you have leftover greeting cards? There is a basket in the clubhouse that you can put them in. Connie Riter will be sure the cards are sent to St. Jude's in Nevada. Thank you.

This would be great this fall!!! Pumpkin Crunch Cake

Ingredients:

- •1 box yellow cake mix
- •1 can (15 oz) pumpkin puree
- •1 can (12 oz) evaporated milk
- •3 large eggs
- •1 1/2 cups sugar
- •1 tsp. cinnamon
- •1/2 tsp. salt
- •1 1/2 cups chopped pecans (the original recipe called for 1/2 cup)
- •1 cup butter, melted





RESTAURANT REVIEW by Dave Borchardt

We found a new restaurant thanks to Tim & Rose Chrissis. It's called Fran's Place and it is located at 6320 E Main St in Mesa and their phone number is 480-396-1103. It is west of Power on E Main St. and just before S 63rd St. Right now they are still on summer hours which are 7:00 am to 2:00 pm and they are closed on Thursdays. Check with them come October and see what their winter hours will be. Anyway, Fran is from Roseau MN (which is real close to the border with Canada) and they make everything from scratch. Tim suggested I try the Walleye fish and he was right, it was some of the best Walleye I've had. It was cooked just right, not much batter at all and the seasoning was just right. I had a cup of homemade vegetable beef soup, mashed potatoes and gravy and steamed vegetables and all of it was very, very good. The place is small, I don't think it holds more than 30 to 35 people and they told me that in the winter time there might be a one hour wait sometimes. They have pasties on Tuesday (but you must order them on Monday) and stuffed cabbage rolls on Wednesday. Overall it was a good experience and the wait staff was very helpful and I would go back for the Walleye anytime!

CHIT CHAT AROUND THE PARK



LADIES SOUP 'N SALAD LUNCHEON by Kay McKersie

Our monthly Ladies Soup 'N Salad Luncheon was held on Tuesday, September 3rd and was attended by eight women. Joann Hankison Carol Rysavy and I played hostesses and Karen Stephens gave the invocation.

There was one soup, one dessert and six salads, plus cornbread. There was plenty to go around and no one left hungry.

Some of us stayed until 2:00 p.m. just visiting. It seems like it has been a long, hot summer and we are looking forward to fall and the return of our winter visitors.

LADIES LUNCHEON by Kay McKersie

Rose Chrissis selected the China City Buffet for our monthly luncheon outing in August. Seven ladies joined her in "pigging out" at their huge buffet.

The food items cover several countries, including Japanese sushi. There are soups, salads, main dishes and desserts. There is even an area where they will stir-fry the order to your taste.

It is always a fun time to get together with our neighbors.

AUGUST POT LUCK

Our August pot luck was held on Saturday August 17th and was hosted by Midge-Dave Drouin and Bev-Dave Borchardt. We had about 40 or so people attending and as usual the food was terrific. After pot luck, we enjoyed Card Bingo and everyone who played really seemed to enjoy it.

If you haven't hosted a pot luck yet, please consider signing up. It isn't that hard, and almost always there are extra people to help.

POTATO BAKE by Midge Drouin

The afternoon of August 29th, 43 residents gathered together at our clubhouse at 4:30pm for Happy Hour and at 5:00pm to enjoy baked potatoes with garnishes of bacon bits, sour cream, shredded cheese, chili, and broccoli. Side dishes of tossed salad, pasta salad, and a couple varieties of cake and homemade peanut butter cookies also found their way to our serving tables.

We had our usual 50/50 drawing and to end the evening, we all enjoyed card bingo. Thanks goes out to Dennis Maher and David Borchardt for calling our bingo, and to Kathy Gabel for organizing this activity fund raiser. GREAT JOB!!!!

Least we forget the people who donated their time to bake the potatoes: Pat Ballock, Philicia Hightower, Monica Bauschard, Bill Johnson, and Midge Drouin. GREAT JOB!!!!

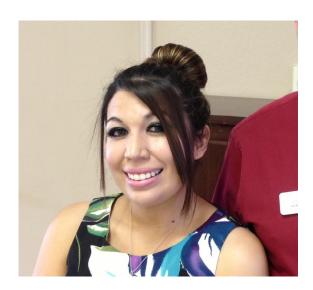
LABOR DAY COOKOUT by Midge Drouin

On Monday, Sept. 2nd, our community here at Desert Harbor celebrated Labor Day at our clubhouse....with Happy Hour beginning at 4:30pm followed by dinner at 5:00pm with Elaine Kereluk giving the blessing.

There were 73 people in attendance which made for many different and delicious dishes and desserts being presented. Solstice donated hot dogs, hamburgers, and baby back ribs. The ribs were prepared by Cliff and Phyllis Tessmer and they did a GREAT job as everyone enjoyed them to the point that there were no left-overs. GONE!!! The hamburgers and hot dogs were prepared by Ken Camp, Bill Johnson, and Paul Tremblay. OUTSTANDING JOB!!!! Let's not forget our servers: Philicia Hightower, Midge Drouin, and Joanna Hankison. Thanks to our clean-up crew as quite a few people chipped in with that. Also, Thank You to our host and hostess, Ken Camp and JoAnn Hankison respectively.

We all enjoyed Card Bingo after the cookout, called by David Borchardt and Dennis Maher as there were 37 people left to play. Once again, thanks to all who participated, attended, and enjoyed the fellowship of our Community.

You can also view the newsletter in full color at our website www.desertharboraz.com



Introducing Our Assistant Manager

Hello all! My name is Justine Alegria and I will be based out of Desert Harbor full-time. I am the Assistant Manager for Desert Harbor and Gentry Dion is the General Manager for both Desert Harbor and La Casa Blanca. I came over from our sister community, Rancho Mirage. I am so extremely excited to be a part of Desert Harbor as I have already met so many friendly and welcoming faces!

Just a little bit about myself: I have an extensive sales and management background as well as a background in Psychology specializing in cognitive functions of the brain as well as statistical analysis and research. I am currently engaged to my high-school sweetheart and I'm thoroughly excited and proud of him as he has recently graduated law school this past May and has completed the Arizona Bar Exam. I was born on the 4th of July and was born and raised in Arizona. A little bird told me that many of you like to cook. Cooking was a huge part of my life growing up (and still is! I love food!) and I look forward to exchanging dishes and recipes with you.

Please feel free to stop by the office for any of your questions, concerns, comments or if you would just like to chat. My work cell is 480-307-2644 so keep that number handy and if I am unable to answer, leave me a message and I will get back to you ASAP. My email address is Justine. Alegria@solsticecommunities.com in case you need to contact me via email. Again, thank you for the warm welcome and I look forward to being a part of this community and living up to our Good Neighbor Pledge!

HEALTH ARTICLE by Midge Drouin

Three More Healthy Foods (cont. from last month)

4. Red Cabbage

Christine Gerbstadt, MD, RD, physician and registered dietitian, votes for the cruciferous vegetable red cabbage.

"[It's] a great source of fiber; vitamins A, D, and K; foliate; and lots of trace minerals with only 22 calories in one cup chopped," Gerbstadt says. "Rich in antioxidants, this veggie can boost cancerfighting enzymes. You can eat it raw, cooked, sweet, savory, stand-alone in a dish like coleslaw, or added to almost anything from soups, to salads, casseroles, sandwiches, burgers, and more." She suggests keeping a head of red cabbage in your crisper to inspire creative ways to add more color and nutrition to your meals.

5. Canned Tomatoes

Fire-roasted petite diced tomatoes are a staple in the pantry of Georgia State University professor emeritus Chris Rosenbloom, PhD, RD. "Everyone thinks fresh is best but cooking tomatoes helps release some of the disease-fighting lycopene so it is better absorbed," Rosenbloom says.

A study in the 2009 *Journal of Clinical Oncology* shows that a diet rich in tomatoes may help prevent prostate cancer and that lycopene, a strong antioxidant, may also help prevent other types of cancer. Of course, many other lifestyle and genetic factors also affect cancer risk.

Stock your pantry with canned tomatoes for pizza, spaghetti sauce, and home-made salsa, or toss a can into soups, stews, casseroles, greens, or pasta dishes. And if your power goes out, "canned foods are a lifesaver," Rosenbloom says.

If canned tomatoes are not your favorite, how about low-sodium vegetable juice? Sheah Rarback, MS, RD, nominates vegetable juice that has been around for a long time with only 140 mg of sodium and that is an excellent source of vitamin C and potassium.

6. Plain, Nonfat Greek Yogurt

There are many yogurts on the market, and plain, nonfat Greek yogurt is a standout.

All yogurts are excellent sources of calcium, potassium, protein, zinc, and vitamins B6 and B12. What distinguishes Greek yogurt is its thicker, creamier texture because the liquid whey is strained out. Also, it contains probiotic cultures and is lower in lactose and has twice the protein content of regular yogurts.

Judith Rodriguez, PhD, RD, says, "Skip the extra sugar calories found in most yogurts and pump up the protein by choosing Greek yogurt." She adds that it contains twice as much protein, "which is great for weight control because it keeps you feeling full longer."

Rodriguez suggests pairing the tart yogurt with the natural sweetness of fresh fruit or your favorite whole grain cereal.

Desert Harbor Community Church

Everyone is welcome to attend

There is a community church Service every Sunday in the clubhouse at 10:30am with Holy Communion given on the first Sunday of each month. The Community Church is at all times a non-denominational service so that "whosoever will may come" and we always encourage all residents to attend.

Our pastor, Penny Newby does the services, we have various speakers from a bible college join us for the services also.

Bible Study is now held at 6 pm on Tuesday evenings. Everyone is welcome here, too!

NEW COYOTE COUPON BOOKS ARE HERE! by

by Connie Riter

Once again the Coyote Coupon books are for sale as a fund raiser for our Activities Committee. This year's book has 75 BOGO offers, 85 restaurant coupons, 42 entertainment spots, 20 golf offers, and 40 new merchants. The cost of the books is \$20 this year because it has increased in size and is now more competitive with other fund raisers in the area. In the Clubhouse is a sample voided book for you to see

what a great value it is. The Activities Committee can earn between \$6 and \$10 per book, depending on how many we sell. If you would like to purchase one (or more) and you don't see Connie Riter or Art Roberts around, call us at 641-7753 and we'll be happy to have Art bring one to you personally!!

SAVE THE DATE! by Kay McKersie

Tue.	Oct. 1st	12:00p	Ladies Soup 'N Salad Luncheon
Sat.	Oct. 5th	9:00a	Resident's Meeting
Tue.	Oct. 15th	11:00a	Ladies Luncheon Sweet Tomatoes
Thu.	Oct.17th	8:15a	Fort McDowell Casino
Thu.	Oct 17th	7:00p	Movie Night
Sat.	Oct. 19th	4:30p	German Fest Pot Luck with music by Hans & Friends
Thu.	Oct. 31st	7:00p	Halloween Party

DESERT HARBOR RESIDENTS OFFER SERVICES

<u>NAME</u>	<u>LOT</u>	<u>SERVICE</u>	<u>PHONE</u>
Midge Drouin	203	Haircuts, Styling, Blow Drying	602-459-9039
Margo Crawford	104	Photo restoration, scanning-slides	623-910-2713
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780
Esther Lough	123	Puppy Sitting	480-288-8579
Connie Riter	81	Bus Trips	480-641-7753
Renee Spears	57	Reiki Sessions	480-215-8328
Jean Myers	44	Pet & House Sitting, Drive to Store, Doctor's Office, Airport, House Cleaning	480-671-4481
Bob Myers	44	Yard work, odd jobs	480-671-4481
John Williams	162	Handyman	602-561-4562
Liz Pawlowski	6	Odd jobs, anything you can't do yourself	619-508-9402
Karen Majur	173	Sweet Life Home Sales	480-250-2219
Lance Johnson	29	Custom Jewelry, Professional Jewelry Repair	801-231-3568
Miles Lowery	164	Exterior pressure washing, screens & windows, exterior painting, tighten jacks under home, repair-replace roofs, handyman	480-276-8568
Dick Smith	74	House Sitting, Transportation to Dr. or Store	480-983-5819

Updates to the calendar can always be found on the website

www.desertharboraz.com

October 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	PP WEEN	7:30am Water Aerobics 12pm Ladies Soup/Salad Luncheon 6pm Bible Study 6:30 pm NDQ Poker 7pm Cards	2 7:30am Water Aerobics 1pm Quilting 6:30pm Quilting (Reni's House)	3 7:30am Water Aerobics 1pm Cards 6:30pm Billiards 7pm Shuffleboard	4 7:30am Water Aerobics 1pm Genealogy 4pm Happy Hour 7pm Cards	5 8am Coffee/Donuts 9am Residents Meeting 5:30 Texas Hold'em Poker
6 10:30 am Church 1pm Texas Hold'em Poker	7 7:30am Water Aerobics 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	8 7:30am Water Aerobics 6pm Bible Study 6:30 pm NDQ Poker 7pm Cards	9 7:30am Water Aerobics 1pm Cards 6:30pm Quilting (Reni's House)	10 7:30am Water Aerobics 1pm Quilting 6:30pm Billiards 6:30pm Bunco 7pm Shuffleboard	7:30am Water Aerobics 1pm Genealogy 4pm Happy Hour 7pm Cards	12 8am Coffee/Donuts 9am (Solstice) Medical Update 5:30pm Texas Hold'em Poker
13 10:30 am Church 1pm Texas Hold'em Poker 2pm Pinochle	14 7:30am Water Aerobics 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	15 7:30am Water Aerobics 11am Ladies Luncheon 6pm Bible Study 6:30 pm NDQ Poker 7pm Cards	16 7:30am Water Aerobics 1pm Quilting 6:30pm Quilting (Reni's House)	17 7:30am Water Aerobics 8:15am Casino Trip Ft. McDowell 1pm Cards 6:30pm Billiards 7pm Shuffleboard	7:30am Water Aerobics 1pm Genealogy 4pm Happy Hour 5:30pm Texas Hold'em Poker 7pm Cards	19 8am Coffee/Donuts 4:30pm Happy Hour 5pm Pot Luck DJ Entertainment
20 10:30 am Church 1pm Texas Hold'em Poker	21 7:30am Water Aerobics 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	22 7:30am Water Aerobics 6pm Bible Study 6:30 pm NDQ Poker 7pm Cards	23 7:30am Water Aerobics 1pm Cards 6:30pm Quilting (Reni's House)	24 7:30am Water Aerobics 1pm Quilting 6:30pm Billiards 7pm Shuffleboard	25 7:30am Water Aerobics 1pm Genealogy 4pm Happy Hour 7pm Cards	26 8am Coffee/Donuts 5:30pm Texas Hold'em Poker
27 10:30 am Church 1pm Texas Hold'em Poker 2pm Pinochle	28 7:30am Water Aerobics 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	29 7:30am Water Aerobics 6pm Bible Study 6:30 pm NDQ Poker 7pm Cards	30 7:30am Water Aerobics 1pm Cards 6:30pm Quilting (Reni's House)	31 7:30am Water Aerobics 1pm Cards 7pm Halloween Party		