

DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ—JULY 2014

A Bit of History by Connie Riter

If you don't like history, you may want to skip over this article this month because it is on the history of the celebrations surrounding July 4th. During the American Revolution, the legal separation of the thirteen colonies from Great Britain occurred on July 2, 1776 when the Second Continental Congress approved a resolution of independence that had been proposed in June by Richard Henry Lee of Virginia declaring the US independent from Great Britain. After voting for independence, Congress turned its attention to the Declaration of Independence, a statement explaining this decision, which had been prepared by a committee of five, with Thomas Jefferson as its principal author. Congress debated and revised the wording of the Declaration, finally approving it on July 4th.

A day earlier, John Adams had written to his wife Abigail: "The second day of July, 1776, will be the most memorable epoch in the history of America. I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival. It ought to be commemorated as the day of deliverance, by solemn acts of devotion to God Almighty. It ought to be solemnized with pomp and parade, with shows, games, sports, guns, bells, bonfires, and illuminations, from one end of this continent to the other, from this time forward forever more."

From the outset, Americans celebrated independence on July 4, the date shown on the much-publicized Declaration of Independence, rather than on July 2, the date the resolution of independence was approved in a closed session of Congress. Historians have long disputed whether Congress actually signed the Declaration of Independence on July 4th. Most have concluded that it was signed nearly a month after its adoption, on August 2, 1776.

In a remarkable coincidence, both John Adams and Thomas Jefferson, both signers of the Declaration to later serve as Presidents died on the 50th anniversary of the signing -- July 4, 1826. In 1777, 13 gunshots were fired in commemoration in Rhode Island. Philadelphia celebrated the first anniversary in a way similar to the way it is celebrated today -- with fireworks, speeches, parades, music, prayers, and toasts. In 1778 General George Washington marked the 4th of July by giving his soldiers a double ration of rum and an artillery salute. Over the years, the political importance of the holiday may have declined, but Independence Day remains an important national holiday and a symbol of patriotism. However you celebrate it, find some way to make this a special day, and to think of all the freedoms we enjoy here in the United States of America.

TABLE OF CONTENTS:					
Activity Organization	2	Birthdays & Anniversaries	4		
Activity Coordinators	3	Resident Services	13		
Phone Updates New Residents	4	Calendar	14		

From the President's Desk

by Ken Camp

Summer is upon us and it has been warm. Oh well, I guess this is why we live in Arizona. As of this report, we or I, should say, they have NOT STARTED on the remodel. We did have a meeting with Melissa from Denver and I am hoping that they will start the first part of June. I do apologize to those residents who felt we should have



had a potluck in May and something for Memorial Day. But as I said at the May resident meeting, things would pretty well be shut down until the first of September. Pool parties and barbeques can still be held while remodeling is going on.

I did attend the ADOT meeting on the 29th of May, and this was their first meeting. As you saw by the flyer ADOT sent to all of us, this will involve the widening of 60 from Crismon Road to Ironwood Road. Construction will start in the year 2020. I did talk to ADOT on relief of traffic on Ironwood, and got no response. We have been lucky so far with no major accidents, so I hope our luck holds out. Be very careful when leaving the Park by the front gate.

Have a good summer, and enjoy!

ACTIVITIES ORGANIZATION				
President	Ken Camp	Lot #178	480-641-0975	
Vice President	Dave Borchardt	Lot #142	480-671-1682	
Secretary	Margo Crawford	Lot #104	623-910-2713	
Treasurer	Tim Chrissis	Lot #34	480-982-1891	
Board Member	Midge Drouin	Lot #203	602-459-9039	
Board Member	Sherry Weinert	Lot #186	307-329-7782	
Board Member	Sharon Ziccardi	Lot #147	480-839-0496	

DESERT HARBOR ACTIVITIES				
<u>ACTIVITY</u>	COORDINATOR	<u>TELEPHONE</u>		
BINGO	ТВА			
CASINO TRIPS	CONNIE RITER	480-641-7753		
CLOSET QUILTERS	CAROLE HOBSON	480-288-6270		
CRAFTS	MARGO CRAWFORD	623-910-2713		
ENTERTAINMENT	KATHY GABEL	480-625-1297		
GENEALOGY	ESTHER LOUGH	480-288-8579		
GOLF	DON WALKER	480-288-5686		
HORSESHOES	ТВА			
LADIES OUT OF THE PARK LUNCHEONS	ТВА			
LADIES SOUP & SALAD LUNCHEON	JUDY PETERS	480-270-2326		
LINE DANCING	MARY PAT SUMMERS	480-983-4227		
MAH JONGG	ESTHER LOUGH	480-288-8579		
PINOCHLE	ТВА			
POKER	MIKE BAUSCHARD	480-288-4332		
SHUFFLEBOARD	CLIFF TESSMER	480-671-1414		
STITCH & CHAT	CAROLE HOBSON	480-288-6270		
TAI CHI	DICK SMITH	480-983-5819		
WELCOME / SUNSHINE	KAREN KROSCHEL	509-951-2877		

WEB MASTER, DICK SMITH, 480-983-5819

DESERT HARBOR MANAGER, 480-288-8876

NEWSLETTER COMMITTEE Connie Riter, Dave Borchardt, Dick Smith, Bob Mayo, Midge Drouin, Margo Crawford, Jane Boudreau

BIRTHDAYS - ANNIVERSARIES

JULY BIRTHDAYS

JULY ANNIVERSARIES

Lot#

94 55

8 201

130

39 62 42

Day	Name	Lot #	<u>Day</u>	Name
4 4 7 9 9 11 11	Kitty Hutson John Kalmakoff Bill Johnson Harvey Nelson Cathleen Smartt Anne Eubank Bertha Luby Ray Altenschultz	56 165 5 131 20 169 86 83	Day 1 6 12 17 19 23 25 27	John & Patti Fitzpatrick Larry & Bertha Luby William & Philicia Hightower Chuck & Ellie Henderson Robert & Bette Roy Richard & Karen Anderson Bob & Fran LeVeque Bob & Bev Hert
12 12 14 14 15 17 17 18 20 21	Phyllis Tessmer Mary Morris Jerry Murphy Alma Shephard Penny Newby Karen Majur Ron Ruetz Cheryl Sunderman Art Roberts Noran Olson	51 24 205 107 185 173 73 71 81		
22 22 23 23 23 24 24 24 25 27	Ellie Henderson Ron Schupbach Bev Borchardt Bill Garriot Jim Hutson Greg Hudson Cliff Tessmer Kathleen Kalber Mary Lou Croyle	20 93 142 115 56 80 51 64	Commen	If you wish to add your bi and/or anniversary or ma corrections to the list, ple Dick Smith at 480-983-58

your birthday y or make any list, please call -983-5819

PHONE BOOK UPDATES:

NEW RESIDENTS:

William & Janis Lofthus Lot #119 Gerald & Laurie Gaston Lot #129 Daniel & Leslie Omness Lot #46 Marybeth Huber Lot #69 Gerald & Kathleen Speese Lot #128



Some Bus Trips Available This Year

by Connie Riter

There is still room on the following trip -- if you'd like to get out of the heat here in the valley. **July 3-5 Hon-dah Resort and Casino in Pinetop.** Tour includes 4 meals (2 breakfast and 2 dinner buffets),
Tour of Pinetop and surrounding areas, 4th of July fireworks. **\$199 pp dbl.**



Sept 10 - 12 -- Gambling and Gaming, Western Style

Guided tour of Bearizona and Deer Farm, lunch at Grand Canyon Café, 2 nights at the Twin Arrows Casino, Day trip to Grand Canyon via the Grand Canyon Railroad, visit Rock Springs Café and Saloon for their famous pies. **\$399 pp dbl.**

Sept. 14 - 19 -- Wine, Rail and Redwoods. 6 day tour, includes round trip airfare. Stay at the Hilton Sonoma Resort. Includes 10 meals, Napa Wine Train with lunch and wine, tour 4 wineries in Napa, Sonoma, and Russian River, tasting at a local Olive mill, tour Redwoods, a culinary institute tour and cooking demo, visit museums and the Filoli Mansion and Gardens. \$1769 pp dbl.

Oct. 6 (7 day trip) A Fall Foliage Tour of Back Roads of New England. Includes round trip airfare, full time escort, 6 nights accommodations, sightseeing in Maine, Vermont, Massachusetts, and New Hampshire. See state capitols, ride the Conway scenic railroad, and much more. 6 breakfasts and 5 dinners. \$1699 pp dbl.

Oct. 7 (8 day trip) Fall Foliage Tour and Best of New York. Includes round trip airfare, 8 nights accommodations, 6 breakfasts and 5 dinners, City Tours of New York and Buffalo, view NY city from atop the Empire State Building, tour the Hudson River Valley, and many cities in New York. \$1799 pp dbl.

Dec. 4 - 9 (6 days) **Christmas in Branson \$1949 pp dbl**. Includes round trip airfare, 11 meals, 8 live holi-day shows, local sight seeing in the College of the Ozarks and a stop in Arkansas. Tour Sight and Sound Theater. And more!

Dec. 24 - 26 Luxury in Laughlin 2 nights at the **Aquarius Casino**, 2 buffets, and a fun book. **\$199 pp dbl. Dec. 24 - 26 Christmas in Las Vegas.** 2 nights at the Golden Nugget in Vegas, 2 breakfasts, fun book, Las Vegas City Tour and Light Show, Fremont Street Light Show **\$199 pp dbl**.

Dec. 30 - Jan. 1 -- Rose Bowl Parade. Hotel accommodations at the Fairfield Inn in Buena Vista, including breakfast. View float decorating-- see them as they are being assembled, reserved seating at Parade, tour Reagan Library, Dinner at Orange County Mining Company, and New Years Eve Dinner at the Reef (on the water) **\$595 pp dbl**.

For those who like to plan ahead, **Tubac Festival of the Arts is on Feb. 4th and costs \$49 pp**.

Oakridge Boys in Laughlin -- Feb 11-13 -- stay at the Aquarius, includes one dinner buffet and 2 brunch buffets, and reserved seating for the Concert. \$219 pp dbl.

Please call me if you want to make reservations for any of these trips, or want more information on them.

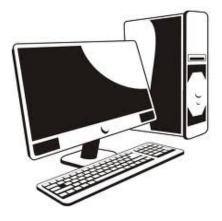
COMPUTER CORNER

by Margo Crawford

"Hi, this is a Microsoft technician calling...."

Oh no it isn't! They will continue with, "We are receiving error notices from your computer."

If you get a call of this type do not, repeat DO NOT, follow their instructions! This is a major scam call and they will end up with information from your computer and you will more than likely pay a fee for their 'assistance'.



If you have the minutes or time on your phone or service plan go ahead and play with them if you wish but do not give them information. It seems they are calling land line numbers but I guess they could call a cell phone. Marty has been receiving such calls on a fairly regular basis. He has told them things like.... Which of my 12 computers are you monitoring? This is a repair shop and I need to know which one it is.... The woman hung up. Another time he asked why they were 'monitoring' his computer.... The woman hung up. Another time Marty's daughter kept them on the phone while she checked all the 'windows' in the house... lol She made comments like "no, we have 14 windows in the house not 7..... No, the windows are clean! Oh you do windows???? If you mess with them they will hang up. So either just hang up on them or have some fun but never, never give these callers any information! There is no way Microsoft `has the time, authority or enough staff to monitor computers!

Be safe in the cyber world.

The Wifi Signal by Margo Crawford

The wifi signal that is provided at the clubhouse is intended for use in the immediate clubhouse area. This signal is not strong enough or fast enough to support park wide wifi. The current speed is 1.5 mbps. This is a slow speed, the slowest that is available, and therefore is on a narrow bandwidth so it can't support too many computers at one time. In order for the signal to be used throughout the park they would have to put a router antenna on the roof of the clubhouse and put booster antennas throughout the park. We are hoping management will be able to at least get the speed boosted soon. I, personally, use 12 mbps and it seems to be quite sufficient.

The original intent of having a signal and computer available at the clubhouse was for use by people who were just settling in and didn't have their own internet connection set up yet.

You can use your laptops and other portable devices in and around the clubhouse or you can use the computer provided in the card room. The pass key for the signal is (desert01) just as typed. No spaces or capitals.

COMMUNITY WORSHIP AT DESERT HARBOR

Community Worship is offering a new Bible Study Series entitled: They Met Jesus Bible Study meets on Tuesday evenings now at 6:30 PM and is lead by Phil Fox.

The studies are interactive and interesting with questions that always cause us to think outside of the box. We meet in the Craft Room, so bring a friend and join us! You'll be glad you did!

Our men enjoyed a great outing for Father's Day Breakfast at a local restaurant. I am willing to bet, (if I were a betting woman) fishing came up in the topic at some point.

Our services will continue through the summer on SUNDAY at 10:30 AM Come early for coffee and donuts! Visitors are always welcome!

APACHE JUNCTION FOOD BANK

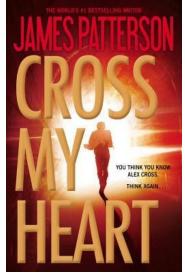
We have tubs for food donations in the clubhouse for the Apache Junction Food Bank. Any time you have extra food items, please think of donating items in the clubhouse. If you see items on sale at the grocery store, please buy an extra item or two for the food bank too.

Cross My Heart by James Patterson

BOOK REVIEW - by Bob Mayo

This is one of the latest books in the Alex Cross series and makes for some very entertaining reading.

Dr Cross and his partner John Sampson are caught up in a series of what appear to be related serial killings at massage parlors. These murders are conducted with ritualistic aspects which border on sadism and appear to be the work of a truly unbalanced individual or individuals. Young children are also being kidnapped for no apparent reason and with no ransom demands being made for their return.



The reader is led into the minds of two individuals who are obsessed with committing the perfect crime and their target(s) are not only Alex Cross but his entire family as well. Along the way they are killing other individuals with no connection to Dr Cross just because they can. Are these crimes related to each other? Is the same person or persons responsible for all of what appear to be these random acts of violence or is there more to the story than meets the eye?

Follow the twists and turns as Cross, Sampson, and Dr Cross's wife Bree Stone sort through the facets of people's lives to find the killer or killers. Be prepared for a bit of an unexpected surprise at the end.

LEMONADE ICEBOX PIE

Ingredients

- 1 package (8 ounces) cream cheese, softened
- 1 can (14 ounces) sweetened condensed milk
- 3/4 cup thawed lemonade concentrate
- 1 carton (8 ounces) frozen whipped topping, thawed
- Yellow food coloring, optional
- 1 graham cracker crust (9 inches)



Directions

In a large bowl, beat cream cheese and milk until smooth. Beat in lemonade concentrate. Fold in whipped topping and, if desired, food coloring. Pour into crust. Cover and refrigerate until set. Yield: 8 servings

You will detect a definite lemonade flavor in this refreshing pie. High and fluffy, this dessert has a creamy smooth consistency that we really appreciate. It's the dessert that came to mind immediately when I put together my favorite summer meal. —Cheryl Wilt, Eglon, West Virginia

Life is too short to wake up in the morning with regrets. So love the people who treat you right, forget about the ones who don't and believe that everything happens for a reason. If you get a chance, take it. If it changes your life, let it. Nobody said that it'd be easy, they just promised it would be worth it. ..

8

Ways to Beat the Heat in July

Splashing around in the pool can be cooling, but we need to find other ways to keep cool here in Arizona in the summer. Here is a list you may want to try: **Go to a movie theater** and don't forget about the "cheap movies" in the Superstition Springs Mall. **Go to a museum** such as the Arizona Science Center, the Arts Center, the Sea Life Aquarium in Tempe, or the Musical Instrument Museum in North Phoenix (to name a few.) **Go to a Casino** (these are usually so cool you may need a sweater!). **Take in a baseball game** (the Diamondbacks are playing the Marlins, the Cubs, the Tigers, and the Pirates during July here. **Take in a Play** (Jesus Christ Superstar is coming July 23 at US Airways Center, and Lady Gaga on July 30th there.)

The Free Summer Concert Series is again being held at the Superstition Springs Mall, starting June 7th through July 26th. These are on Saturday evenings starting at 7 pm. These are held outside by the Cheesecake Factory and you may want to bring a chair. No concert will be held on July 5th, but on the 12th they will have 80's and 90's variety music, on the 19th contemporary country, and on the 26th, the Beach Boys Music and British Invasion hits.

Many of the Casinos are also offering entertainment. On July 3rd, Art Garfunkel will be at Talking Stick, Kenny G at Wild Horse Pass on July 4th, Kiss and Def Leppard at Ak Chin on July 9th, Brad Paisley at Ak Chin on July 13th. Julianne and Derek Hough will be at the Comerica Theater on July 20th. "The Jersey Boys" is playing at Gammage from July 22nd through Aug. 10th. And at the Hale Theater in Gilbert, "Miracle Worker" is playing until July 3rd, followed by "Footloose" from July 10th through Aug. 23.

ITEMS FOR SALE OR ITEMS WANTED

FOR SALE: Folding chairs in the clubhouse, 4 chairs for \$10.00.

WANTED TO BUY: Patio umbrella with stand. Esther, Lot #123, 480-288-8579

CHIT CHAT AROUND THE PARK

LADIES LUNCHEON by

by Kay McKersie



Crackers & Company was selected by Kay McKersie for our May 20th luncheon. Our group dropped to only nine with the winter visitors deserting the Park.

Crackers has a large selection of many foods, including breakfast items, salads, soups, sandwiches, including burgers, etc. Something for everyone.

I hate to report that a couple of the ladies were served old bread for their sandwiches and french toast. After talking with the manager their lunches were free, but it still leaves a bad taste in your mouth.

I was upset because I recommended the restaurant and the food was not up to par. I have been going to Crackers regularly for twenty-five years and have never had such a bad experience.

My choice was delicious: Creole Crab Cake Eggs Benedict!

REMINDER TO ALL PET OWNERS...

It has been brought to our attention that some dog owners are allowing their pets to walk into other people's yards and do their duty which is against community policy and as such are subject to fines. Be sure to keep your pets in the street area and do not allow them to go into any yards. Pet owners are responsible for clean up after their animals and are responsible for any complaints that occur. Pets cannot be left unattended on a leash outside the home, and must be on a leash when walked in the community. Pets are prohibited from the golf course grassy area, recreational buildings, common areas and pool areas. Guests and/or visitors are not allowed to bring any pets into the community.

Most of the pet owners are observing our community policies. There are just a handful of pet owners that need to be reminded of the policies, so this reminder is for that small group of residents. Thank you.

You can also view the newsletter in full color at our website www.desertharboraz.net

HEALTH ARTICLE by Midge Drouin

Life Threatening Allergies

Peanuts are one of the most common causes of food-related allergy deaths. They can trigger anaphylaxis- a reaction that may be fatal if not treated right away. Symptoms usually start within minutes of exposure, but they can also start within seconds or take hours to develop. Call 911 at the first sign of swelling, hives, trouble breathing, a rapid pulse, or dizziness.

Shell Fish, Fish, Anaphylaxis

Shell fish such as shrimp, lobster and crab are triggers for some people. Shell fish and fish allergies can be so serious that just the cooking vapors can sometimes trigger an allergic reaction. As a reaction gets worse, tissues swell, blocking airways, and people can have deadly heart and circulation problems.

Sesame Seeds, Soy, Tree Nuts

Tiny seeds can cause a reaction, legumes such as lentils, peas, soy beans and other beans can also cause reactions. They are related to the peanut, which is actually a legume. Real nuts such as cashews and walnuts also tend to cause problems for some adults.

Hidden Allergies: Dairy, Wheat and Egg

In addition to peanuts, children are often allergic to wheat, milk, and eggs. Because triggers can be hidden in other foods, read labels carefully. By law, the eight most common allergenic foods-milk, eggs, fish, shellfish, tree nuts, peanuts, soy and wheat-and ingredients made from them such as lecithin (soy) and whey (milk) should be listed.

Flying Insect Stings and Allergies

Venom from honey bees, yellow jackets, wasps, and hornets can cause anaphylaxis. Allergy shots can be effective from insect stings. Avoid wearing perfume or cologne and bright colors. They can attract stinging bugs.

Ants, Ticks and Anaphylaxis

Crawling, biting insects like ants and ticks can cause severe allergic reactions just like flying, stinging bugs. Fire ants can inject their venom over and over. Wearing closed toe shoes, pants and long sleeves outside may also help you avoid bug bites.

Prescription Medicine and Reactions

Penicillin and other antibiotics are common causes of drug-related reactions. Chemo drugs, imaging dyes, and muscle relaxants used in anesthesia can also trigger problems.

Latex

Triggers can include gloves, IV tubes, syringes, and other items made with natural rubber latex.

Over The Counter Pain Relievers

Even meds you buy over the counter can trigger a reaction.

Exercise Can Trigger An Attack

In rare cases, physical activity such as walking, dancing, swimming can cause a reaction. It happens only with exercise along with eating certain foods or taking specific drugs. Exercising in hot, cold or humid weather can increase your chances of an attack



SOME GREAT HOLLYWOOD SQUARES ONE LINERS

Peter Marshall: George, does Elizabeth Taylor smoke?

George Gobel: She has one cigarette after every meal, which amounts to... two packs a day.

Peter Marshall: Howard Cosell's wife recently said in an interview that her husband tells her this at

least five times a day. What does he say to her? Paul Lynde: Is my toupee back from the cleaners?

Peter Marshall: Paul, does Ann Landers think there is anything wrong with you if you do your house-

work in the nude?

Paul Lynde: No, but I have to be terribly careful when I do my ironing.

Peter Marshall: In Hawaiian, does it take more than three words to say "I love you?"

Vincent Price: No, you can say it with a pineapple and a twenty.

DESERT HARBOR RESIDENTS OFFER SERVICES

<u>NAME</u>	<u>LOT</u>	SERVICE	<u>PHONE</u>
Midge Drouin	203	Haircuts, Styling, Blow Drying	602-459-9039
Margo Crawford	104	Photo restoration, scanning-slides	623-910-2713
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780
Esther Lough	123	Puppy Sitting	480-288-8579
Connie Riter	81	Bus Trips	480-641-7753
Renee Spears	57	Reiki Sessions	480-215-8328
Jean Myers	44	Pet & House Sitting, Drive to Store, Doctor's Office, Airport, House Cleaning	480-671-4481
Bob Myers	44	Yard work, odd jobs	480-671-4481
John Williams	162	Handyman	602-561-4562
Liz Pawlowski	6	Odd jobs, anything you can't do yourself	619-508-9402
Karen Majur	173	Sweet Life Home Sales	480-250-2219
Lance Johnson	29	Custom Jewelry, Professional Jewelry Repair	801-231-3568
Dick Smith	74	House Sitting, Transportation to Dr. or Store	480-983-5819

Updates to the calendar can always be found on the website www.desertharboraz.net

July 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		7:30am Water Aerobics 6pm Bible Study 6:30 pm NDQ Poker 7pm Cards	2 7:30am Water Aerobics 8am Exercise 1-3 pm Quilting	3 7:30am Water Aerobics 1pm cards 7pm Shuffleboard 6:30pm Billiards	4 7:30am Water Aerobics 8am Exercise 4pm Happy Hour 7pm Cards	5 8am Coffee/Donuts 5:30 Texas Hold'em Poker
6 10:30 am Church 1pm Texas Hold'em Poker	7 7:30am Water Aerobics 8am Exercise 9am Line Dancing 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	8 7:30am Water Aerobics 6pm Bible Study 6:30 pm NDQ Poker 7pm Cards	9 7:30am Water Aerobics 8am Exercise	10 7:30am Water Aerobics 1-3 pm Quilting 1pm Cards 7pm Shuffleboard 6:30pm Billiards	7:30am Vater Aerobics 8am Exercise 4pm Happy Hour 7pm Cards	12 8am Coffee/Donuts 5:30 Texas Hold'em Poker
13 10:30 am Church 1pm Texas Hold'em Poker 2pm Pinochle	7:30am Water Aerobics 8am Exercise 9am Line Dancing 1pm Mahjongg 6:30pm Billiards	7:30am Water Aerobics 11am Ladies Luncheon 6pm Bible Study 6:30 pm NDQ Poker 7pm Cards	16 7:30am Water Aerobics 8am Exercise 1-3 pm Quilting 1pm Cards	17 7:30am Water Aerobics 9:30am Casino Ft. McDowell 7pm Shuffleboard 6:30pm Billiards	7:30am Water Aerobics 8am Exercise 4pm Happy Hour 7pm Cards	19 8am Coffee/Donuts 5:30 Texas Hold'em Poker
20 10:30 am Church 1pm Texas Hold'em Poker	21 7:30am Water Aerobics 8am Exercise 9am Line Dancing 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	22 7:30am Water Aerobics 6pm Bible Study 6:30 pm NDQ Poker 7pm Cards	23 7:30am Water Aerobics 8am Exercise	24 7:30am Water Aerobics 1-3 pm Quilting 1pm Cards 7pm Shuffleboard 6:30pm Billiards	25 7:30am Water Aerobics 8am Exercise 4pm Happy Hour 7pm Cards	26 8am Coffee/Donuts 5:30 Texas Hold'em Poker
27 10:30 am Church 1pm Texas Hold'em Poker 2pm Pinochle	28 7:30am Water Aerobics 8am Exercise 9am Line Dancing 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	29 7:30am Water Aerobics 6pm Bible Study 6:30 pm NDQ Poker 7pm Cards	30 7:30am Water Aerobics 8am Exercise	31 7:30am Water Aerobics 1pm Cards 7pm Shuffleboard 6:30pm Billiards	***	