



DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ—JANUARY 2015

REMEMBERING OUR NEIGHBORS

As we begin the new year it's time to remember and reflect on those residents who are no longer with us. Each year we contact family members and neighbors for a little insight into their lives. We learn about the lives they touched, their passions and their dreams. For those of you who are new to our community we are honored to introduce you to neighbors you will not have an opportunity to meet.



Eleanor Bieder - Eleanor passed away on May 20. She had been a winter resident since 1997. She had a family member in Arizona and was drawn here by the wonderful winter weather. She left behind the cold Chicago winters for the warm Arizona temperatures. Before she retired she held many jobs including working for the Chicago Board of Education in the film department and at Baxter Labs. She began in the production area rising to a managerial position. At Desert Harbor she enjoyed attending potluck dinners, ladies luncheons as well as the daily water aerobics' class. She had been a strong swimmer all her life. She also, chronicled her family's history through her photography.



Don Gamst - Don and his wife Elaine have been winter residents of Desert Harbor for many years. They spend their summers in Minnesota where they spend time with their large family. Between them they have sixteen children and many descendents. Don joined the Marines after graduating from high school serving during World War II. He enjoyed fishing, golf, traveling, and cooking. He will be remembered for his strong work ethic, his honesty, and his meticulous manner.

Lee Haas - Lee passed away on March 22, 2013. He was a veteran having served in the USAF. He was not involved in activities in the park however, he was very active in the Elks, Eagles and Moose organizations. He was a very personable person and a very good neighbor possessing a great sense of humor. He also enjoyed discussing sports with his neighbors.



Robert (Bob) Hansen - Bob as I knew him passed away March 14. He and his wife Jean have been residents of Desert Harbor for 10 years. They were originally from New Jersey. He was a veteran serving his country as a Marine during the Korean conflict. I first met them in the Tia Chi class where we all had to learn our left from our right. He enjoyed attending pot luck dinners and other activities held in the community. I often chatted with them at the swimming pool. In his spare time he enjoyed leather tooling, creating belts and other items for several residents.

Raymond Hernandez - Ray passed away on Dec. 31, 2013. He and his wife Sue lived in Desert Harbor for many years. They were very private people. He was a very personable individual who enjoyed chatting with neighbors at the mailbox.



Shirley Hudson - Shirley passed away on April 28. She was the wife of a career military man. She and her twelve children experienced living in many countries and multiple states in the US. She loved Arizona and she enjoyed spending time with the residents of Desert Harbor. She attended many of the activities in the community to include potluck dinners, ladies luncheons, bingo and card sessions. She especially liked to play Hand and Foot, Cribbage, and pinochle. Her time with us was short however, she touched and was touched by her neighbors.



Dick Lazzari was the most positive person I knew. He enjoyed cooking and made a mean spaghetti and meat balls. Dick also loved playing poker, golf and going for long rides. He loved driving. I couldn't have had a better man beside me for the last two years. He also loved spending time with his family. He fought a hard battle with cancer and lost the battle after almost 4 years, but he made the most of his time doing a lot of traveling with me. He will always be in my heart. Carol Lazzari.



Natalie Martinez - On June 26 Natalie passed away. A survivor of Hurricane Katrina in 2005 Natalie and Marty decided to move to Arizona and selected Desert Harbor as their home. They relocated from Ocean Springs, Mississippi. While Marty was in the service of his country they spent many years outside of the USA. She was able to travel to Greece and the Republic of China to name a few. Even with their years in the service Natalie continued to enjoy traveling. Two of her favorite destinations were Sedona and San Diego, California. She was a quiet lady who was slow to make friends however, she did cherish the friendships she made in Desert Harbor.



Evelyn Rivest - Evelyn passed away on Feb 26 shortly after moving to Arizona. She moved from Connecticut to Arizona with her daughter and son-in-law Patti and John Fitzpatrick. She retired from the State of Connecticut as a department supervisor. She always smiled even as vascular dementia continued to consume her. She was very talented and could do just about any and everything. She loved to dance and was loved by any and everyone that she met. Shieba, her black Labrador, service dog still looks for her grammie every day. Evelyn's family wishes she was still with them everyday.



Everette Shepherd - Everette passed away on Feb 21 following a courageous battle with cancer. He was a family man who enjoyed spending time with his children and grandchildren. One of his young grandsons would don a uniform like the service personnel at the Feil Water Treatment company to work beside his grandfather. He was a man who lead by example providing a foundation for those who followed to build upon. He took every opportunity to provide guidance to his family. He shared his love of the out doors sharing hunting and fishing trips. While he and Alma wintered in Arizona he enjoyed making jewelry and quilting. They were quite the team. She pieced the top and he quilted. He also enjoyed many of the activities here in Desert Harbor.



Elsie Spiers - Elise passed away on June 24. She resided with her daughter, Sharon Rau the eldest of her three children. Elsie enjoyed attending the Ladies' Luncheons, potluck dinners and other activities in the community. It was the Sunday church services conducted by Chaplains Terry and Nita Watkins and Pastor Penny Newby that she found most rewarding and supportive. She was a very gentle lady who enjoyed visiting with her neighbors.

To all the families who lost loved ones during the past year we extend our heartfelt wishes for a brighter tomorrow.

From the President's Desk

by Ken Camp

First I want to thank all of you who prepared the turkeys for Thanksgiving. Thanks to the host and hostess for setting up. Thanksgiving and Christmas are our bigger dinners, so lots of work goes into these dinners.

There are a couple of items that have been brought to my attention which need to be addressed:

1. We need to stop cutting through people's yards for a shortcut to the pool or clubhouse. I know that this is the shortest way, but we need to respect other people's privacy. This is the second or third time this has been brought to my attention.
2. People need to pick up after their dogs. We have some residents that the yard is the bathroom, and in doing so, the smell and sight is not good. If you do not take your dog to the dog area, please respect your neighbor by picking up after your pet. Your neighbor will thank you, and I thank you.
3. Speed in the park. I talked to the park manager and I hope they will post new speed limits in the park. I know a lower speed limit doesn't make sense to some, but we don't want to hit a walking person or one on a bike. With it getting darker now, it is harder to see one on foot or on a bike.

Lastly, our thanks to Karen, Clark, Herm, and Patty for the decoration of the clubhouse. Thanks, guys! Again, use care when leaving and entering the park.



ACTIVITIES ORGANIZATION

President	Ken Camp	Lot #178	480-641-0975
Vice President	Dave Borchardt	Lot #142	480-671-1682
Secretary	Connie Riter	Lot #81	480-641-7753
Treasurer	Tim Chrissis	Lot #34	480-982-1891
Board Member	Midge Drouin	Lot #203	602-459-9039
Board Member	Sherry Weinert	Lot #186	307-329-7782
Board Member	Sharon Ziccardi	Lot #147	480-839-0496

DESERT HARBOR ACTIVITIES

<u>ACTIVITY</u>	<u>COORDINATOR</u>	<u>TELEPHONE</u>
BINGO	TBA	
CASINO TRIPS	CONNIE RITER	480-641-7753
CLOSET QUILTERS	CAROLE HOBSON	480-288-6270
CRAFTS	MARGO CRAWFORD	623-910-2713
ENTERTAINMENT	KATHY GABEL	480-625-1297
GENEALOGY	ESTHER LOUGH	480-288-8579
GOLF	DON WALKER	480-288-5686
HORSESHOES	TBA	
LADIES OUT OF THE PARK LUNCHEONS	TBA	
LADIES SOUP & SALAD LUNCHEON	JUDY PETERS	480-270-2326
LINE DANCING	MARY PAT SUMMERS	480-983-4227
MAH JONGG	ESTHER LOUGH	480-288-8579
PINOCHLE	TBA	
POKER	MIKE BAUSCHARD	480-288-4332
SHUFFLEBOARD	CLIFF TESSMER	480-671-1414
STITCH & CHAT	CAROLE HOBSON	480-288-6270
TAI CHI	DICK SMITH	480-983-5819
WELCOME	KAREN KROSCHER	509-951-2877
SUNSHINE	PAT BALLOCK	480-983-5303

WEB MASTER, DICK SMITH, 480-983-5819

DESERT HARBOR MANAGER, 480-288-8876

NEWSLETTER COMMITTEE

**Connie Riter, Dave Borchardt, Dick Smith, Bob Mayo,
Midge Drouin, Margo Crawford, Jane Boudreau**

BIRTHDAYS - ANNIVERSARIES

JANUARY BIRTHDAYS

Day	Name	Lot #
5	Pat Estes	77
7	Jerry Stai	126
8	William Hightower	6
12	Esther Lough	123
17	Margaret Poshka	4
20	Peter Jackson	55
23	Ed Croyle	120
23	David Hert	42
24	Bob LeVeque	62
24	Jan Lofthus	119
25	Dave Drouin	203
25	Guy Nagy	105

JANUARY ANNIVERSARIES

Day	Name	Lot #
1	Ronnie & Pat Estes	77
4	Barry & Nellie Dalton	145
21	Bill & Carole Garriott	115
22	Gene & Mary Pat Summers	189



If you wish to add your birthday and/or anniversary or make any corrections to the list, please call Dick Smith at 480-983-5819

If you have had a phone number change, please let Dick Smith know. Dick is in lot #74, phone 480-983-5819

PHONE BOOK UPDATES :

Sherry Weinert 480-356-0949 (lot #186) Herm Weinert 480-356-1020

Kathy Gabel 540-204-7028 (lot #150) Jim Gabel 540-525-6666

Paul (Jerry) /Dianna Stai (lot #126) 480-625-1797



NEW RESIDENTS :

Notes on the Residents Meeting in December *by Connie Riter*

The Residents meeting was held on December 6th at 9 am with about 50 people in attendance. Before the meeting began, we had a volunteer from the Apache Junction Food Bank, Linda McAteer speak on the Food Bank, its origins, its needs, and how many people it has served. This year they have served over 27,000 meals. Each person who qualifies can get 3 to 5 meals once per month. When our residents' meeting began at 9:25am, Ken introduced two new residents: Jim and Kathy Leach, #148. The minutes and treasurer's report from November were approved as written. All board members were present except Sherry Weinert. Dave spoke on Christmas caroling on Wednesday, Dec. 17th at 6 pm. Midge gave the results of the Patio Sale and indicated that the cook books which took in \$110, are now being sold 2 for \$15. Connie spoke on the Coyote Coupon Sales indicating that only 12 are left. She also spoke on some of the upcoming trips. Ken asked that people refrain from cutting through other people's property when coming to the clubhouse. Respect their privacy. He introduced Jim Gabel who will be chairperson of the Fun Day being held here on March 14th. With the new owners of our park, we have been promised a full-time person in our office 5 days per week. The results of the voting for the continued use of a debit card instead of writing checks was 124 for and 34 opposed. The next meeting for the development of the vacant lot by us will be on Jan. 6th at 7 pm. The meeting adjourned at 10:05 with Rose Chrissis winning the 50/50 raffle for \$44.00.

REMINDER TO ALL PET OWNERS...

Please remember...do not allow your pet to walk into other people's yards and do their duty. It is against community policy and as such are subject to fines. Do not allow your pet to stop and relieve themselves on another person's front wall either. Once a dog urinates on that wall, the scent is an open invitation to all other dogs that pass by.

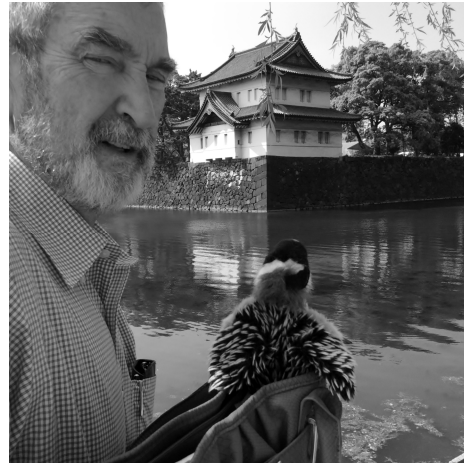
Be sure to keep your pets in the street area. Pet owners are responsible for clean up after their animals. Pets must be on a leash when walked in the community.

Pets are prohibited from the golf course grassy area, recreational buildings, common areas and pool areas. Pets are not allowed on any of the rock areas or sidewalks around the clubhouse.

Guests and/or visitors are not allowed to bring any pets into the community.



Relaxing in Denbou in 17th C. garden



Quincy at the Imperial Palace Tokyo

Our Trip to Japan Spring 2014 by Patrick and Kay Quinn

Shortly after we returned to Oregon in April this year for the summer, we left on a week-long trip to Japan, spending our time in Tokyo and Sendai (North of Tokyo). Sendai is also not too far North of Fukushima where the nuclear power station failed during the 2011 earthquake and parts of Sendai itself were inundated by the Tsunami following the earthquake.

This trip was primarily business for Patrick and our hosts (Patrick's long-time friend and colleague, along with his partner and three sons who have joined the family company) looked after us magnificently, as they always have.

On our first day, we went by Shinkansen (bullet train) to Sendai, and it was business for Patrick. I went with the youngest son to visit Matsushima Bay, a short distance away by train. Matsushima is one of the 'Three Great Views of Japan', and the views as we traveled the bay by ferry were quite breathtaking. There are about 200 pine-covered islets and rocky outcroppings dotted around the sweeping bay. During the Tsunami in 2011, these islands formed a natural breakwater and held back the Tsunami in this area.

We returned to Tokyo the following day, and had time to visit the East Gardens of the Imperial Palace, a short walk from our hotel. Unfortunately, we were a little late for the peak of cherry blossom season, but the massed azaleas in flower were spectacular.

The next day I was on my own while Patrick attended to business. I was able to negotiate the trains and subway to go to Isetan, Tokyo's major department store. It is easy to spend a whole day browsing here and the presentation and display of goods is meticulous and beautiful. For me, the food floor is most fascinating. Even though it is a large department store it feels quiet and relaxing in there.

For our final day in Tokyo, business was done and we had a day to ourselves to sightsee. We decided to take the metro and subway to the district of Asakusa in Tokyo. This remains a mostly traditional area, much of it centered on Senso-ji, a Buddhist temple that has been there for more than 1,000 years. The approach to the temple is along Nakamise, a narrow avenue of souvenir and specialty stores crowded with people. In the streets radiating out we found the Kappabashi wholesale market, a long street devoted only to kitchen and cookware items, each one very specialized. This is the place to find the well-known Japanese plastic food, displayed in the windows of many Japanese restaurants.

The following day we flew back to central Oregon and had a few days of respite before leaving on our trip to Australia and New Zealand (more to come).



Lunch in Sendai with our Japanese hosts



On the bullet train



Ferry on Matsuhima Bay



Sendai Reception

ACTIVITIES BOARD ELECTIONS *by Bob Mayo*

Election of Activities Organization board members are coming soon. Nominations will be made during the residents meeting in February with ballots provided to park residents in the middle of February. The election results will be announced during the March residents meeting.

The positions that will be open are those of Secretary and Treasurer. Anyone wishing to fill one of the positions, or if you know someone you would like to have serve in either position, you may make a nomination during the February meeting. Both positions are for a term of two years.

CHIT CHAT AROUND THE PARK



LADIES GET ACQUAINTED SOUP N SALAD LUNCHEON

By Jane Boudreau

Twenty-two ladies enjoyed an early holiday celebration which included an ornament exchange. The luncheon began with Judy Peters welcoming all the ladies followed by Midge Drouin offering the blessing. The ladies enjoyed five soups and a variety of salads and desserts. We enjoyed one salad so much we asked who prepared it and would they share the ingredients. Carol Rysavy was most happy to explain it was Jell-O blended with ice cream, celery and walnuts. No wonder we liked it so much it had ice cream as one of the ingredients.

It was Carol's lucky day as she won the 50/50 drawing as well as her salad receiving high praise. She also lead the ornament exchange. Each attendee was given a number and the ornaments were selected in numerical order. Each attendee could select from the unopened packages or steal an ornament from a neighbor. Several of the ornaments made it around the table several times.

All the attendees had a great time and are looking forward to you joining them at the January 6, 2015 luncheon.

Thanksgiving Pot Luck *by Midge Drouin*

On Saturday, November 22nd, we held our Thanksgiving Pot Luck where about 115 residents of our community were in attendance. It all started with Happy Hour at 4:30pm and dinner served at 5:00pm, with the blessing being given by our Pastor, Penny Newby. The turkeys were donated by Tracy, who is the activities director for Solstice. The prepping of the turkeys was performed by vice-president Dave Borchardt, our beloved president Ken Camp, and our treasurer Tim Chrissis. The cooking of the turkeys was started about 9AM in the clubhouse by Sharon Ziccardi, Vernita Loveridge, and Cammie Weiss and did the clubhouse smell good all day long! In addition to the main course, there were a large variety of dishes prepared by members of our community. The dessert table looked like a bakery delivery, with pecan pie, pumpkin pie (of course), a fruit truffle, fudge cakes, and brownies.

There were two fifty-fifty winners of \$50 each, won by Judy Fisher and Dan Piesinger. Card bingo was the after dinner entertainment and a thank you goes out to Kathy Gabel for being the caller. Thank you's go out to all who helped clean-up after the day's activities and to our hosts, Sherry & Herm Weinert and Karen & Clark Kroschel

LADIES' LUNCHEON AT OUTBACK *by Jane Boudreau*

The Outback Restaurant in Mesa was selected as the location for the November Ladies' Out of Park Luncheon. Eighteen residents carpooled to the restaurant. They were able to select from either the luncheon or dinner menu. Many selected the soup and salad/sandwich combo while others chose a steak and lobster dinner. All the ladies enjoyed their meal and the good company of those in attendance.

If you have not attended one of the two ladies luncheons please mark your calendars for the first and third Tuesday of the month. The luncheons provide and opportunity to meet your neighbors and find out what's happening in the community. Please check the bulletin board for the sign up sheets.

HEALTH ARTICLE *by Midge Drouin*

Premature Gray Hair Is Genetic

Going gray isn't always related to aging. If you're not yet 40 and see more than a few gray hairs, chances are it runs in your family. Gray usually isn't a sign of poor health, though anemia, thyroid issues, vitamin B-12 deficiency, and vitiligo can cause premature graying. You can highlight or color hair to cover the gray, but beware: some people are sensitive to the dye's chemicals. The result could be an itchy, burning scalp

Traction Alopecia Damages Follicles

Pulling hair too tight -- as can happen with ponytails, braids, and cornrows -- can damage hair follicles and cause hair to break or fall out. Hair extensions and hairpieces can sometimes cause traction alopecia, too, because their extra weight pulls on existing hair. Changing your hairstyle usually lets hair grow back. Pulling hair back tightly for a long time, though, can lead to permanent hair loss.

Over styling Weakens Your Hair

Blow drying, using a flat iron, coloring, bleaching, even over-brushing -- all can damage the outer layer (cuticle) of your hair. When the inner core of hair is exposed, your locks become dry and dull. Although it doesn't cause any permanent health damage, you can over style to the point that your only option for healthy hair is to cut it off and start over. When it comes to your hair, doing less leads to healthier tresses.

A Surprising Side Effect

Among the medications that list hair loss as a side effect are anti clotting drugs, cholesterol-lowering drugs, antidepressants, non-steroidal anti-inflammatory drugs (NSAIDs), and drugs for menopause, birth control, and antibiotics. Usually, hair grows back when the medication is stopped, but may not in some cases.

Scalp Massage Feels So Good

There's no evidence that massaging your scalp will slow hair loss or improve any scalp conditions -- but it can do wonders to relieve stress. Your scalp is covered with nerve endings that make it super-sensitive to touch. Rubbing your scalp may help release tension. Massage may also trigger the release of feel-good hormones like dopamine and serotonin.

Hair Analysis Not Reliable

Some companies claim they can analyze hair clippings to see if you are deficient in vitamins or have health problems. Although hair analysis can detect some poisons like lead or arsenic, findings can be inconsistent and varied. Everything from air pollution to shampoo may affect test results. The American Medical Association is against hair analysis to determine treatment.

ITEMS FOR SALE OR ITEMS WANTED

Please let us know if you have something to sell or want something to buy

The Fall from Grace (by Barb Fox)

(continued from last month)

One weekend at lunch time, Grace served homemade tapioca pudding. Edward noticed she made individual servings and passed them out to her son, grandchildren, herself and then Edward. On a whim Edward took his serving of pudding and offered to trade his serving for one of the grandchildren's. Grace became instantly distraught and grabbed Edward's dish stating that her grandchild did not like tapioca pudding. Suddenly Edward's mind started to work overtime. Could his symptoms be related to what he ate? And why only certain foods? He had never had any problems like this before. What could be in the food that could be causing his dizziness and nausea? So he tried an experiment. That day he brought some pudding back to the barn and fed it to his barn cats. After a short while he noticed they were just sitting around and appeared to be disoriented.

When Edward told his son what happened at lunch and with the cats that day, Greg became ballistic. He wanted his father to be checked at the emergency room and he wanted to confront Grace. Edward asked that he wait until he had more evidence that the two things were related. Greg started taking food samples to an out of town laboratory for testing but the results were inconclusive.

In March 1977, Bernice's third child was born. Edward planned a trip to Maryland to see his new granddaughter. His son helped him buy the plane tickets. A week before the trip Edward was discussing the trip with Grace. She insisted that he had told her different dates and he would need to change their flight plans. Edward became angry. His face became bright red and he could feel his blood pressure rising. Why was Grace being so difficult? Fortunately his son stopped by that afternoon and he saw that his father was upset. He tried to calm down his father. He stated he would take care of changing the airline tickets and advised that Edward not get angry or do anything drastic.

Meanwhile Bernice was receiving some disturbing phone calls from her sister, Nina. She was informed of the strange symptoms their dad was experiencing and how weird Grace was acting. Nina advised that Bernice be very careful and observe their stepmother's behavior during the visit.

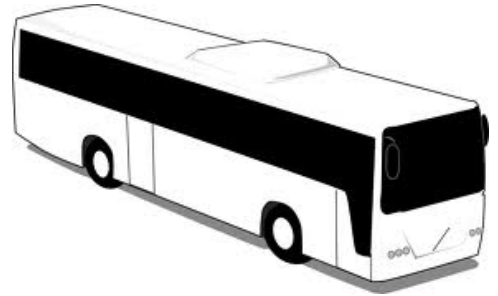
The visit went fairly well. Edward was glad to visit with his new granddaughter and also helped Bernice and her husband plant a garden. Grace seemed interested in the new baby. She did not however, hold the baby at any time during the visit. When Bernice viewed the family pictures after the visit she noticed a strange look on her dad's face as he looked over at his wife.

In May on Mother's day, Edward stopped at the florist and bought flowers for Grace. When Nina arrived to check on her dad she became very upset. When questioned why he did that (since he never bought flowers for her mother), Edward insisted that "people can change."

In June, Bernice and her family returned home to attend the graduation of the oldest granddaughter, Lois. Edward was a member of the School Board and was assigned special seats for the ceremony. Grace was late coming home from work. He waited as long as possible. He finally left the house and found his seat at the ceremony. Grace never showed up for the graduation. Again she had screwed things up and made Edward look bad.

After the ceremony there was a graduation party for Lois at Marge's house. All the aunts, uncles and cousins attended. When Edward arrived he announced that Grace was not coming to the party. Sometime during the party, Lois asked her grandfather where Grace was. As usual he made up some excuse for her. The cousins ended up in another room and Lois started telling her latest story about Grace. Lois did not like Grace from the start. She always said she had a bad feeling about her. She related that she had gone to visit their grandfather to ask for a loan so she could buy a car. She said she was in the spare bedroom. There was a large mirror in that room. She claimed that she saw Grace's reflection in the mirror. She was standing at the door with a scissors in her hand. Lois said it freaked her out because Grace had such an eerie look on her face. She immediately told Grace that she had to leave and couldn't wait for her grandfather. She then called and asked her mother to pick her up.

continued next month



Bus Trips Available Now *by Connie Riter*

We have many exciting trips available this season. Here are some of the ones coming up in the near future. On Jan 6th is a trip to **Taliesin West and the Solero Studio** (\$99pp). There is a trip to southern Arizona, **the Kartchner Caverns, Fort Hanchura and Tombstone** on Jan 13-14 (\$299). **Rocky Point** is on Feb 4-6, staying 2 nights at Playa Bonita, and including a welcome Margarita, 2 breakfasts, a Mexican Fiesta Dinner, and a chance to shop (\$279ppdbl). We have 10 people going on this trip, so far, so we will have a park pick-up....There is still room if you'd like to go....but you need a passport. The **Oakridge Boys in Laughlin** (Feb. 11-13), staying at the Aquarius (\$219). **Turf Paradise horse racing trip for the Gold Cup races** including reserved seating in the Turf Club Terrace and a Prime Rib Buffet with live music, and other "perks" (\$89). This is on Feb. 14th. What a nice way to spend Valentine's Day! We already have enough for a park pick-up here. Most of the people who went last year are going again! **The Best of Tucson** is on Feb. 24 - 26th. Stay at the Desert Diamond Casino, tour the Pima Air and Space Museum, the Titan Missile Museum, Tram tour of Sabino Canyon, etc. Includes 3 meals. \$298 pp dbl. Check the travel book in the Clubhouse for other trips available and call me if you want to go on any of them -- don't wait -- trips sell out quickly!

Coyote Coupon Book Sales *by Connie Riter*

We have only 12 more Coyote Coupon books to sell! The books are \$20 each and if we sell 50, we will make \$500 for our Activities Committee. Many of the people who buy the book use it for all the golf coupons, but there are many restaurant coupons and other things. Several ice cream coupons are there, pizza offers, pie offers, and even a coupon everyone can use who goes to the casino in Globe -- \$15 slot play. Using the book for just a few coupons will pay you back your initial investment. In the clubhouse is a voided book you can peruse to see how many coupons you personally could use. Several people have told me how much they use it each year and how quickly it "pays for itself" in savings, There even is a coupon for free popcorn when you go to a movie at Dickinson's theater. Get your book before they are all gone!

GOSPEL JAM SESSIONS

Desert Harbor will be hosting some Gospel Jam Sessions this coming winter season.

Right now we have two left, one on January 11th and one on March 8th.

They will run from 6:30 to 8:30 pm in the clubhouse.

This is a very lively and upbeat production that we are sure you will enjoy.



PHOTOGRAPHY 101 *by Margo Crawford*
Composition

As you start playing around with your camera and settings and the things you see, remember that the subject of your photo doesn't have to be the center of your photo. Powerful zoom lenses are great for bringing in a distant subject. However they also hamper your chances of finding unique ways to present the subject.

Play around with focal lengths and even different lenses. If you only have one lens to use that is fine. Today's cameras take fantastic pictures with great detail. Once you have taken some photos upload them to your favorite photo program on your computer. Practice positioning and offsetting the subject of the photo. You will sometimes find a natural frame for your subject that you didn't realize you captured when you snapped the shutter.

We all tend to concentrate on the subject we are trying to capture and are unaware of what the camera 'sees'. With the bee centered in the picture above I felt the out of focus flowers behind it drew more attention. When I cropped the picture, I moved the bee out of center and by eliminating the majority of out of focus distractions. Even when using auto focus and centering on your subject remember to reevaluate the total capture when viewing the photos later. You will often find unique ways to crop photos.

Photo Contest *by Karen Kroschel*

Don't forget about our ongoing Photo Contest to find two great photos the Activities Board will have enlarged and framed for our clubhouse walls. At the end of the entry period all entries will be posted in the clubhouse with numbers to be voted on by you.

Here are the rules:

1. NO people or pets
2. MUST be taken somewhere in this state of Arizona
3. SUBMIT your entries with a regular snapshot sized photo
4. SAVE your originals on a thumb drive, or on your computer, in case your picture is chosen
5. DO NOT put an identifying signature on the picture or on the back
6. ENTER as often as you like
7. DROP all your entries into the Suggestion box below the bulletin boards in the clubhouse
8. DEADLINE for entries is April 1st.
9. VOTING will be during the following week
10. WINNERS will be announced the following Saturday at the Residents Meeting (April 7th)
11. CHOSEN photos will then be gathered by digital media and taken for developing into the enlarged photos, then framed

DESERT HARBOR RESIDENTS OFFER SERVICES

<u>NAME</u>	<u>LOT</u>	<u>SERVICE</u>	<u>PHONE</u>
Midge Drouin	203	Haircuts, Styling, Blow Drying	602-459-9039
Margo Crawford	104	Photo restoration, scanning-slides	623-910-2713
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780
Esther Lough	123	Puppy Sitting	480-288-8579
Connie Riter	81	Bus Trips	480-641-7753
Renee Spears	57	Reiki Sessions	480-215-8328
Jean Myers	44	Pet & House Sitting, Drive to Store, Doctor's Office, Airport, House Cleaning	480-671-4481
Bob Myers	44	Yard work, odd jobs	480-671-4481
John Williams	162	Handyman	602-561-4562
Liz Pawlowski	6	Odd jobs, anything you can't do yourself	619-508-9402
Karen Majur	173	Sweet Life Home Sales	480-250-2219
Miles Lowery	107	Exterior pressure washing, screens & windows, exterior painting, tighten jacks under home, repair-replace roofs, handyman	480-276-8568
Allen Kitterman	36	Tatting & pine needle baskets, unique gifts	480-982-4057

*Updates to the calendar can always be found on the website
www.desertharboraz.net*

January 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 7:15am Water Aerobics 2pm Shuffleboard 6:30pm Billiards	2 7:15am Water Aerobics 8am Exercise 4pm Happy Hour 7pm Cards	3 8am Coffee/Donuts 9am Residents Meeting 5:30 Texas Hold'em Poker
4 10:30 am Church 1pm Texas Hold'em Poker	5 7:15am Water Aerobics 8am Exercise Noon Golf 1pm Mahjongg 1pm Ping Pong 6:30pm Bingo 6:30pm Billiards	6 7:15am Water Aerobics 12pm Ladies Soup/Salad Luncheon 6pm NDQ Poker 6:30pm Bible Study 7pm Cards	7 7:15am Water Aerobics 8am Exercise 10-12 Craft Class 1-3 pm Quilting 1pm Mexican Train	8 7:15am Water Aerobics 1pm cards 1-3 pm Quilting 2pm Shuffleboard 6:30pm Billiards	9 7:15am Water Aerobics 8am Exercise 4pm Happy Hour 6pm Karaoke 7pm Cards	10 8am Coffee/Donuts 5:30 Texas Hold'em Poker
11 10:30 am Church 1pm Texas Hold'em Poker 6:30 Gospel Jam	12 7:15am Water Aerobics 8am Exercise Noon Golf 1pm Mahjongg 1pm Ping Pong 6:30pm Bingo 6:30pm Billiards	13 7:15am Water Aerobics 6pm NDQ Poker 6:30pm Bible Study 7pm Cards	14 7:15am Water Aerobics 8am Exercise 10-12 Craft Class 1pm cards	15 7:15am Water Aerobics 9:15am Casino Trip Fort McDowell 2pm Shuffleboard 6:30pm Billiards Chili cookoff	16 7:15am Water Aerobics 8am Exercise 4pm Happy Hour 5:30 Texas Hold'em Poker 7pm Cards	17 8am Coffee/Donuts 4:30pm Happy Hour 5pm Pot Luck
18 10:30 am Church 1pm Texas Hold'em Poker	19 7:15am Water Aerobics 8am Exercise Noon Golf 1pm Mahjongg 1pm Ping Pong 6:30pm Bingo 6:30pm Billiards	20 7:15am Water Aerobics 11am Ladies Luncheon 6:30pm Bible Study 7pm Cards	21 7:15am Water Aerobics 8am Exercise 10-12 Craft Class 1-3 pm Quilting 1pm Mexican Train	22 7:15am Water Aerobics 1pm cards 1-3 pm Quilting 2pm Shuffleboard 6:30pm Billiards	23 7:15am Water Aerobics 8am Exercise 4pm Happy Hour 7pm Cards	24 8am Coffee/Donuts 5:30 Texas Hold'em Poker
25 10:30 am Church 1pm Texas Hold'em Poker	26 7:15am Water Aerobics 8am Exercise Noon Golf 1pm Mahjongg 1pm Ping Pong 6:30pm Bingo 6:30pm Billiards	27 7:15am Water Aerobics 6:30pm Bible Study 7pm Cards	28 7:15am Water Aerobics 8am Exercise 10-12 Craft Class	29 7:15am Water Aerobics 1pm cards 2pm Shuffleboard 6:30pm Billiards Gary Tyson Comedian	30 7:15am Water Aerobics 8am Exercise 4pm Happy Hour 7pm Cards	31 8am Coffee/Donuts 5:30 Texas Hold'em Poker