

DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ—OCTOBER 2015

Community Meeting. September 10, 2015

Brianna requested that comments during the meeting be kept to the general business at hand. Please see her about individual problems or complaints. She apologized for the **pool** not being completed on time. She admitted that slow payment by corporate slowed down the work being done along with weather events. The company doing the work filled in the time between payments by taking on other jobs. She promised the pool would be open the next day September 11, 2015. The **new chairs** for the clubhouse will arrive in a week to week and half. The chairs we are currently using will still be available for additional seating when needed. At some point in the future additional chairs will be ordered so all the chairs match. 8' tables have been ordered and should arrive in 2-3 weeks and closer to the 2 week estimate.

The **clubhouse itself will be painted** in a taupe color with creamy white trim. All walls etc. that attach to the building will be in the creamy white trim. There is no date set for the painting to begin. The next big focus will be bringing in the river rock. They are trying to coordinate with the land-scaper. The work that is being projected for the **kitchen** is in a back and forth discussion with the city regarding previous 'okays and approvals' vs what we are being told now. When questioned about the painting of the building that had been previously promised to start on August 10, she apologized and said it should be started by mid-September but that she couldn't guarantee it. Kitchen work will probably be put off until next summer. They will try to time it for our 'down time' season so as to not interfere with our activities. The company will try to save some money on this renovation by reusing the counter tops from the kitchen in the bathrooms. Brianna told us that there will be new carpet put in the Library and Card Room and new updated ceiling fans would be installed all around. They will also install actual billiard room lights above the pool tables to give it more of an authentic feel.

Bulletin boards will be installed on the exterior of the clubhouse for us to use to announce upcoming events. The dry erase board will be removed. The bulletin boards will be encased and a key will be made available for updating information. The bulletin boards inside the clubhouse can remain "as is" since they are neat and well maintained. There will be additional encased bulletin boards placed down the hallway by the bathrooms. This will help prevent outside solicitors from just posting whatever they want. They will have to request to have their information posted by the office staff. Brianna addressed the issue of the **keypads** on the doors to our facilities. There is a way to turn them off during events when people are moving in and out. However, this is being abused and too many people are aware of how to prevent the keypads from locking and the doors are being left unlocked when they should be locked. Residents questioned why the camera footage isn't being used to identify the people who are abusing the keypads. Brianna mentioned that she has already spoken to a few people and may have to speak to some others.

From the President's Desk by Ken Camp

We are now in the month of September and thank goodness the weather is cooling off somewhat. Some of our winter residents are starting to return, and we wish them safe driving or flying.

We are pleased that the pool and pool deck have been completed, and I am told that the residents really enjoy the new pool.

I am pleased to announce that Bob Hert and Bruce Weiss will cochair the 2016 March Fun Days. I want to thank both of them for their commitment to this project. They will need many volunteers to make this project a success again this coming year. More to follow at our regular monthly meetings.

We now have a chairperson for this year's Halloween party and they are in the planning stage for this event. We still need a chairman for the Valentine's Day party in February 2016. Please contact a Board member if you would like to chair this event. The Board feels that we will not need a chair-person for the New Year's Eve party, as this is a BYOB and your own snacks.

I want to thank our park manager for her meeting on September 10, 2015. Many items were covered and I felt we had a good meeting. A big thank you to the residents of this park for attending. You are the voice of what happens in our park.

In closing, be aware of the traffic when leaving the park. Also, when driving in the park, be aware of our residents walking and riding their bikes

ACTIVITIES ORGANIZATION						
President	Ken Camp	Lot #178	480-641-0975			
Vice President	Dave Borchardt	Lot #142	480-671-1682			
Secretary	Connie Riter	Lot #81	315-657-3078			
Treasurer	Tim Chrissis	Lot #34	480-982-1891			
Board Member	Midge Drouin	Lot #203	602-459-9039			
Board Member	Sherry Weinert	Lot #186	480-356-0949			
Board Member	(OPEN)					

DESERT HARBOR ACTIVITIES					
<u>ACTIVITY</u>	COORDINATOR	<u>TELEPHONE</u>			
BINGO	BRUCE-ARLENE WICKEN	612-518-4284			
CASINO TRIPS	CONNIE RITER	315-657-3078			
CLOSET QUILTERS	CAROLE HOBSON	480-288-6270			
CLUBHOUSE DECORATING	KAREN KROSCHEL	509-209-3722			
ENTERTAINMENT	SHERRY WEINERT CAMI WEISS MIDGE DROUIN	480-356-0949 480-234-5074 602-459-9039			
GENEALOGY	ESTHER LOUGH	480-288-8579			
GOLF	DON WALKER	480-288-5686			
LADIES OUT OF THE PARK LUNCHEONS	TBA				
LADIES SOUP & SALAD LUNCHEON	CONNIE RITER	315-657-3078			
LINE DANCING	MARY PAT SUMMERS	480-983-4227			
MAH JONGG	ESTHER LOUGH	480-288-8579			
POKER	MIKE BAUSCHARD	480-288-4332			
SHUFFLEBOARD	CLIFF TESSMER	480-671-1414			
STITCH & CHAT	CAROLE HOBSON	480-288-6270			
TAI CHI	DICK SMITH	480-983-5819			
WELCOME	KAREN KROSCHEL	509-209-3722			
SUNSHINE	PAT BALLOCK	480-983-5303			

WEB MASTER, DICK SMITH, 480-983-5819

DESERT HARBOR MANAGER, 480-288-8876

NEWSLETTER COMMITTEE
Connie Riter, Dave Borchardt, Dick Smith, Bob Mayo,
Midge Drouin, Margo Crawford, Jane Boudreau

BIRTHDAYS - ANNIVERSARIES

OCTOBER BIRTHDAYS

OCTOBER ANNIVERSARIES

<u>Day</u>	Name	Lot #	<u>Day</u>	Name	Lot #
1	Shari Haucke	129	3	Sidney & Becky Gardner	70
2	Karen Stephens	156	20	Bill & Alice Johnson	5
5	Bob Mayo	124	26	Jerry & Janice Miller	170
7	Bonnie Harrison	40		•	
7	Dianna Stai	126			
8	Mike Kereluk	82			
10	Dee Ramsey	91			
11	Karen Anderson	39			
13	Dan Piesinger	47			
17	Lee Ramsey	91			
15	Sharon Rau	158			
19	Jane Boudreau	179			
22	Paul Tremblay	196			
24	Liz Paprowicz	197			
27	Ron Estes	77			
27	Alice Johnson	5			
30	Rich Goodrich	60			
30	Fran LeVeque	62		If you wish to add your b	•
31	Jim Parker	12		and/or anniversary or ma	ake any
			0,00	corrections to the list, ple	ease call



Dick Smith at 480-983-5819

ITEMS FOR SALE OR ITEMS WANTED

Please let us know if you have something for sale or if you need something

If you have had a phone number change, please let Dick Smith know. Dick is in lot #74, phone 480-983-5819



PHONE BOOK UPDATES:

Berndt, Bart (#137) correct phone is 605-484-1529 Childers, Don-Judy (201) correct phone is 480-982-3664

Haucke, Bill-Shari (129) New 928-978-4457 Hoopes, Joyce (141) New 505-250-6613 Hoopes, Susan (141) New 505-280-5049

Kalmakoff, John-Janie (165) correct phone is 780-666-6328

Leach, Jim-Kathy (148) Kathy was spelled wrong and the numerical listing in

the back shows Cave in 148 and it should be Leach

Odell, Gary (53)

Odell, Rhonda (53)

Riter, Connie (81)

Roberts, Art (81)

New 509-671-0698

New 509-671-7582

New 315-657-3078

New 480-275-0161

Ruetz, Ron (73) correct phone is 480-822-7550

Speese, Jerry-Kathy new lot #58

Tremblay, Paul-Diane (196) New 480-288-8942 Tucker, Roger-Wanda (14) New 760-399-0927

Weiss, Bruce-Cami (188) name & phone was omitted in phone book

phone number is 480-234-5074 correct phone is 808-298-7814

Vendl, Chuck (95) correct phone is 808-298-7814 Worthem, Kim (80) correct phone is 406-491-3422

NEW RESIDENTS :		
		1

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The meeting was opened for **questions at this time.** Several residents commented that the **front entrance** drive looks awful. It is shabby and doesn't flatter the community in any way. We continue to have dead trees and flowers etc. Brianna responded that we will see an improvement in the center drive plant areas by October 1st.

A resident asked if we will ever have a **fulltime manager** at our park/community. She said she has been told absolutely not. Dick Nienkirk asked who is reviewing the **camera footage**. It is not really being reviewed at this time. Dick suggested that Angie and or Brianna should start reviewing footage on a routine basis. Dave Borchardt asked when the second camera would be installed. There is no date set at this time as corporate is slow in paying this company also. Tim Chrissis asked why the **trash around the park** is not being picked up especially after storms and the pieces of the palm trees that blow down. There is a large tree branch on the ground outside the back gate. It has been there for 3 weeks. Why hasn't it been picked up?

Tony is supposed to be here at 5:00 am but who checks on him? There is no-one in the office until 8:00 am. Brianna said that she will try to start driving by and checking on this situation. Brianna also stated that she will start giving Tony work orders for jobs that need completing and following up on his progress. A resident requested that the a/c flow in the craft room be checked yet again as it is very hot and stuffy in there. Drainage for the dog run area has been brought up again. This time Brianna said they are again dealing with the city on the fact that part of the problem is with the city's outside drain that they need to clean. Then we can work better on our own drainage issue. A resident asked about the tinting of the doors. He stated that we don't need for the windows just the doors. Brianna said there is a problem coming up with the money. A resident asked her when we could expect the **mantle piece** to be installed over the fire place. Brianna explained that she is hoping there will be enough material left over from another park and that can be used for the mantle here at Desert Harbor. A resident asked if the pool furniture will be cleaned before it is placed around the pool. Brianna said it would be cleaned before the pool opened again. It had to be placed inside the walled area as some pieces had already walked away. A resident reminded us that rattle snakes are present in the park and a juvenile rattler was found inside the clubhouse. Be careful!

The **Library and Card Room** will be receiving new tables. The Card Room will get two matching tables like the one in the office. The Library will also get a similar table and the roll top desk will be removed. The shelves that don't match will be removed and matching book cases will be brought in. Carol respectfully asked that no books be removed when the smaller book cases are taken out. Brianna assured her that won't be done. The sitting chairs in the Library will either be replaced by matching chairs or recovered so they match. Tim asked why it was taking so long to get two tables for the card room. What has happened to all the money that was in the budget when Sun Communities took over here at D. H.. An amount of 300 K was mentioned. We certainly haven't gone through all that money.

There was a discussion about the **flooring**. It would be best to wait until the kitchen is done. There was no agreement reached on what type of flooring should be installed. Rancho Mirage is not happy with the flooring they have. We need the type of flooring that we can dance on. This has to be discussed at a future date. Apparently there is a service owned by Sun Communities that makes random calls to residents in each park to ask for comments on how happy or displeased they are with the park and management. A resident questioned why the gate out by the pool was painted when it is almost rusted out. Brianna stated even the painters questioned that decision but it was done and the gate will eventually be replaced.

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A **new cleaning crew** will be working in the clubhouse as soon as the cleaning company gets licensed, bonded and insured. Residents complained that the front area of the clubhouse is always trashy and looks nasty. This area needs to be cleaned on a daily basis. Can the cleaning crew arrive during the early morning instead of the afternoon? When asked about the **new benches for the shuffle board area** Brianna said they have been ordered. A resident asked if the golf course would ever be finished. Could Tony at least put the cups and flags in place? They have been in storage for over a year now. Even if the course still needs work at least put them in place for those who want to practice.

The **perimeter wall** will be painted. Brianna is getting bids now. However, there is no money at this time in the budget. A resident asked again where all the money has gone? No answer.

A resident commented that the **shrubs** etc. around the outside of the perimeter wall look like crap. The shrubs around Rancho Mirage are always neatly trimmed why can't ours look that good. When Sun Communities took over we were told that Brianna would be in the Desert Harbor 2 $\frac{1}{2}$ days each week. The assistant manager would be here the other 2 $\frac{1}{2}$ days. Brianna denied that this was ever a plan. That she is only supposed to be in the office at Rancho Mirage and Angie works here. She explained that she couldn't possibly work from this office because she wouldn't have her computer to use etc.

A resident stated that the **electrical problems** still exist in the kitchen. Brianna said that problem was taken care of when the electrician said it was caused by the use of too many electric griddles at one time. Residents stated that the breakers still trip when just using two coffee pots. Griddles are not being used at all. Could you please once again address the problem with the breakers? What happened to the **defibrillator class** we were supposed to have? It was cancelled due to a problem scheduling it for a time when we would have the most residents in the park. Brianna is hoping it can be done around mid - October.

The resident who lives at lot #17 said a section of the **perimeter wall** behind her house is unstable and could possibly fall over. Brianna promised to come by and check on the situation and pass the information on to corporate.

If Brianna can't be here for the $2\frac{1}{2}$ days a week as originally promised then why can't we have a **full time manager**. She is the only manager who has two full time parks to manage. She indicated that this is too much work for one person. A resident complained that Tony is missing obvious problems in the park. One of the trees in the entry way is always flooded. The leak should be fixed. Tree by lot # 26 gets trimmed to keep it away from the wires but doesn't get trimmed on the side by the pathway to the dog run so it is dangerous to people trying to use the path. Brianna said she would check these situations out.

A resident complained about the **runoff from the lots** when heavy rains come through the area. Brianna said there will be no street sweeper brought in to clean streets until Monsoon Season is over. The resident commented that it looks bad to have all the mess just left in the streets. Brianna stated that she will tell Tony to clean up the runoff mess after the storms. Brianna said she will ask about having the street sweeper come through on a monthly basis. A resident thanked Brianna / Sun Communities for the quarterly newsletter.

A resident complained that the **dog park lights** are not bright enough. You can't see well enough to pick up poop or walk safely. Brianna will see what can be done. A resident requested that the dog park area be sprayed for **mosquitoes**. Brianna said she would check in to that. A resident mentioned a **large washout hole** opening between lots # 168 & 169. The ground is washing out and is becoming a major issue. Brianna will go by there and check it out.

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Sun Communities will continue to make us pay the Pass On Tax simply because they can. It was suggested that instead of spending money on doing the clubhouse floor at this time that the money be redirected to repairs and painting of the perimeter wall. Brianna will see if this can be done. A resident reminded Brianna that we still don't have the new **stop signs** as promised. It has been noticed that people don't stop for the signage painted on the roads. Too many people speed through the park. All the stop signs and speed limit signs look awful. Brianna stated there will be no speed bumps put in place. Signs will be taken care of when there is money for it. A resident commented that when he visited the park 2 years ago it looked really nice and well kempt so he decided he would move here. He recently moved into the park and is very dismayed with the abnormal amount of complaints and how much the park has become run down in two years.

ALUMINUM CANS

Please, please, please only put Aluminum Cans in the recycle bin marked "Aluminum Cans"

We are finding steel cans, paper, garbage and other assorted items that don't belong there and our resident "Sanford & Son" team are finding it hard to sort through smelly garbage

Please make it easy for them and only put
Aluminum Cans in the bin

THANK YOU EVERYONE!

RED MAILBOX FLAG

The Red Mail Box Flag is only to be put up by the mail person when they are done delivering our mail.

The mail person always picks up our mail that is put in the outgoing mail slots.

It is confusing when the flag is up and there is no mail in our boxes so please do not put the flag up, let the mail person do it.



UPCOMING EVENTS

NOVEMBER

7th Saturday Resident Meeting 9:00 am

11th Wednesday Veterans Day, Ice Cream Social 6:00 pm

14th Saturday Patio Sale 7:00 am to Noon

20th Friday TRACEY—Come Back Buddy Holly 7:00-9:00 pm

21st Saturday Thanksgiving Pot Luck 4:30 HH 5:00 Food

DECEMBER

2nd Wednesday Resident Appreciation Dinner and Entertainment 5:00 pm

5th Saturday TRACEY—Breakfast 9:00 to Noon

9th Wednesday Arizona Opry (out of park) 12th Saturday Resident Meeting 9:00 am

19th Saturday Christmas Pot Luck 4:30 HH 5:00 Food

31st Thursday 8:00 pm New Year's Eve Party, \$5.00 at the door

JANUARY

2nd Saturday Resident Meeting 9:00 am

6th Wednesday 6:00 pm Karaoke

16th Saturday Pot Luck (theme ?) 4:30 HH 5:00 Food

17th Sunday TRACEY, 5:00-7:00 pm Taste of Sun (out of park at Lost Durchman)

19th Tuesday TRACEY, Concert Series, Eagles Show (out of park)

28th Thursday 7:00 pm The Duttons Show (out of park, East Valley H.S.)

FEBRUARY

6th Saturday Resident Meeting 9:00 am

7th Sunday SUPER BOWL 50 party, clubhouse

14th Sunday Valentine's Day

20th Saturday Pot Luck (theme?) 4:30 HH 5:00 Food

CHIT CHAT AROUND THE PARK



Hawaiian Potluck by Midge Drouin

The third Saturday of August we had our Hawaiian themed pot luck. We had many assorted meals prepared in a Hawaiian manner such as pork, chicken with pineapple, salads, casseroles, breads and many delicious desserts....pineapple upside down cake, cherry cake, brownies, and more. We had 94 residents signed up for that afternoon. Happy hour started at the usual 4:30pm and was featuring frozen margaritas, piña coladas, and mai tais deliciously prepared by Bev and Bob Hert. The cocktail bar was something new that seemed to go over very well with all who attended. Of course, thank you to Karen Kroechel for the well decorated clubhouse in Hawaiian theme.

After everyone had eaten and cleaned up, most stayed to enjoy a game or two of left-right-center which broke up around 7:30pm. Thank you to the Texas hold'em poker players for hosting this event and also to Bev and Bob Hert for the great job with the cocktail bar. It was a great evening to eat, drink, and visit with our neighbors and friends. See you at the next potluck which will be an Italian theme hosted by the church group.

Ladies Soup 'n Salad Luncheon by Cami Weiss

The monthly luncheon was held Tuesday September 1st with 9 ladies in attendance. A 50/50 drawing was held and Cami Weiss won the \$7.00 winning number. The luncheon will continue so please join the ladies on the 1st Tuesday at 11:30 am in the clubhouse. Next Ladies Luncheon will be Tuesday October 6th Please check the bulletin board and sign up for the soup, salad or dessert. We sure have a great time with good talk and a lot of laughs. We look forward to next time. We will be waiting to see you all there. Thank You.

Patio Sales in November by Connie Riter

November 14th is our annual All-Park Patio Sales when residents may sell items on their own patios, if they wish. The sale goes from 7 am to 12 noon. In the Clubhouse we will have a book and bake sale, so please consider baking something for us to sell, and, if you can, please mark the items individually. We will also have a white elephant sale in the clubhouse for those who don't want to have their own patio sale. We ask that everyone who is having a sale on their patio please bring an item to sell at the clubhouse to help cover the cost of the advertising. Bring items to the craft room to sell on Wednesday through Friday, November 11-13th, so they can be marked.

A Summary of the September Residents Meeting

by Connie Riter

Ken Camp began our monthly residents meeting at 9 am on Sept. 5 by having everyone say the Pledge of Allegiance and then introducing Lila Hinson #17, a newcomer to our Park. Since Sharon Ziccardi resigned, we have an opening for a position from now until next March – for a member at large. Both Joyce Hoopes and Cami Weiss would like to run for this office.

Both the secretary's report and the treasurer's report were approved as written. The treasurer's report shows a balance of \$501.23 in checking, \$148.67 in petty cash, and \$7,451.67 in Savings.

Joyce spoke on the food donated to the food bank – must not be expired, must not have been opened, and must have labels on them. She had to throw out some food that didn't meet these criteria – and still she was able to give 40 lbs. to the food bank this week.

Ken spoke on two changes to the by-laws....one would allow the entertainment committee to spend up to \$500 for entertainment for an event, and the other would allow us to have residents meetings from September through May only. After some discussion, we will have a written ballot in November for these.

Dec. 2nd will be an appreciation dinner for the residents – no guests allowed. This will be a catered dinner to thank everyone for all the help for our March fun days. Ken asked permission to spend up to \$1800 for this event. It was approved.

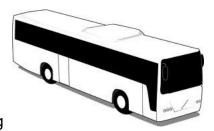
We need a chairman for the March fun days. (After the meeting, Bruce Weiss and Bob Hert volunteered to co-chair this event.) We need a chairperson for our Halloween Party, too. (After the meeting, Philicia Hightower, Rose Chrissis, Bev Hert, and Sue Behrens offered to host it.) New Year's we will have BYOB and snacks only. The entertainment has already been hired.

Briana will be here on Sept. 10th at 3 pm for a meeting. Please come and "pound her with questions." So little is being done for our Park. We will again sell the Coyote Coupon books, but they will be delayed until mid-October. Cost will remain \$20 per book. November 14 is an all-park patio sale day. We will have the bake sale, book sale, white elephant sale at the clubhouse, and residents will be able to have their own sales at their homes. The 50/50 raffle consisted of \$41 and Art Roberts won it! The meeting was adjourned at 9:45 am.

Bus Trips Available

by Connie Riter

Many bus trips have been planned for this coming year and we are working on getting more day trips. Here are a few of the ones coming up – more information on each of these is available in the book in the clubhouse.



Dec. 20 – Besh ba gawah – Festival of Lights in Globe (\$95)

Dec. 24 – 26 – Christmas in Laughlin at the Aquarius. (\$229pp)

Dec. 29 – Jan. 1 – Tournament of Roses Parade (\$649pp)

Dec. 30 – Jan. 1 – New Years' Eve in Rocky Point, Mexico (\$329pp)

Jan. 6, 2016 -- Taliesin West and Musical Instrument Museum (\$149)

Jan. 12 – 15 – Everyone Loves San Diego (\$599)

Jan. 13 – 15 – Kingston Trio in Laughlin (\$259pp)

Jan. 27 – 30 – Santa Fe Culinary and Art Tour (\$599pp)

Feb. 13 – Phoenix Gold Cup Racing at Turf Paradise.(\$99 pp) includes lots of perks, including a back pack this year, rather than a t-shirt.

Most trips include meals and other things. Check the tour book in the clubhouse for more info on these and other trips and take a copy of all the trips, if you wish.

Give me a call for reservations or more information. Connie @ 315-657-3078.

Diane's Weird Words of the Month

by Diane Hoskinson

bibble (v.) to drink often, to eat and/or drink nosily

Cabotage (n.) coastal navigation; the exclusive right of a country to control the air traffic within its borders

Sometimes there are more than one definition of a word, but these are unusual ones.

Bunco by Becky Gardner

We will begin playing BUNCO the first Thursday of every month at 10:00 am in the clubhouse. (Starting October 1st).

Anyone who is interested feel free to join us for some fun. Cost is \$10.00 and prizes will be awarded. Bring your own drinks.

Any questions you may call Becky Gardner at 480-288-9068

September Potluck by Karen Kroschel

Our September potluck was an Italian theme and if you missed it you missed some wonderful food. Several people in this park certainly know some great recipes for good stuff. Am sure most ate too much. We had a great turn out as well. Don't have an exact count but at least 80 were in attendance. After the leftovers were put away we enjoyed some rousing games of Left Right Center. Hopefully our new residents enjoyed themselves and plan to join us for the next time. Our October potluck is a German theme for Oktoberfest.

Labor Day Bar-B-Q by Dave Borchardt

Our annual Desert Harbor Labor Day Bar-B-Q was a huge success. Again the main entrée on the menu was pre-cooked Fried Chicken and everyone seemed to enjoy it. The new way of calling names as you were signed up seems to work out very well. If you want to sit with a certain group of people, then have your group sign up all at once and have your names called accordingly. The array of side dishes were fantastic and of course the dessert table was outstanding.

Church News by Barbara Fox

The folks at Community Worship of Desert Harbor continue to collect clothing, food, and toiletries for the Genesis Project. Items are collected on the fourth Sunday of every month.

It is time to re-register with the Fry's Community Reward Program. Quarterly checks received from this program will also go to the Genesis Project. Every time you shop at Fry's and use their VIP card we can receive rewards. For more information please contact Pastor Penny.

We started our new study of Genesis. Study books are provided. The craft room is getting full but there's always room for one more!

A new Bible study was started in September. This study focuses on Bible basics and learning more about the books of the Bible - Old Testament, New Testament, The Law, The Prophets, and Psalms. It is held on Wednesday afternoons at 2 pm. Please contact Phil Fox if you have any questions. A gospel jam is scheduled for Saturday, October 24.

HEALTH ARTICLE by Midge Drouin

Shigellosis

Shigellosis is a type of food poisoning caused by infection with the shigella bacterium. It is more common in summer than winter. Children ages 2 to 4 are most likely to get the condition.

Shigellosis is spread when the bacteria in feces (stool) or on soiled fingers are ingested. Poor hand-washing habits and eating contaminated food may cause the condition. Shigellosis is often found in day care centers, nursing homes, refugee camps, and other places where conditions are crowded and sanitation is poor.

Shigellosis is likely to occur among toddlers who are not fully toilet trained. Family members and playmates of infected children are also at high risk of becoming infected.

Food may become contaminated by infected food handlers who do not wash their hands with soap after using the bathroom.

Vegetables can be contaminated if they are harvested from a field that has sewage in it. Also, flies can breed in infected feces and then contaminate food.

Shigellosis can result from drinking or swimming in contaminated water. Water may become contaminated if sewage runs into it or if someone with shigellosis swims in it.

Shigellosis also can be spread through sex, especially through anal and oral sex.

What are the symptoms?

The symptoms of shigellosis include diarrhea (often bloody), fever, and stomach cramps starting 1 or 2 days after you are exposed to the bacteria. Shigellosis usually lasts 5 to 7 days. In some people, especially young children and older adults, the diarrhea can be so severe that a hospital stay is needed. Some people who are infected may have no symptoms at all but may still spread shigellosis to others.

Because many different diseases can cause a fever and bloody diarrhea, lab tests are the best way to diagnose shigellosis. Your doctor will most likely still do a physical exam and ask you questions about your symptoms, foods you have recently eaten, and your work and home environments. A stool culture confirms the diagnosis. Blood tests may be done if your symptoms are severe or to rule out other causes.

Updates to the calendar can always be found on the website www.desertharboraz.net

DESERT HARBOR RESIDENTS OFFER SERVICES

<u>NAME</u>	<u>LOT</u>	<u>SERVICE</u>	<u>PHONE</u>	
Midge Drouin	203	Haircuts, Styling, Blow Drying	602-459-9039	
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780	
Esther Lough	123	Puppy Sitting	480-288-8579	
Connie Riter	81	Bus Trips	315-657-3078	
Renee Spears	57	Reiki Sessions	480-215-8328	
Jean Myers	44	Pet & House Sitting, Drive to Store, Doctor's Office, Airport, House Cleaning	480-671-4481	
Bob Myers	44	Yard work, odd jobs	480-671-4481	
John Williams	162	Handyman	602-561-4562	
Liz Pawlowski	6	Odd jobs, anything you can't do yourself	619-508-9402	
Karen Majur	173	Sunshine Home Sales	480-250-2219	
Al & Jen Kitterman	36	Tatting & pine needle baskets, unique gifts	480-982-4057	
Dick Smith	74	House Sitting	480-983-5819	
Barry Dalton	145	http://www.abcliveit.com	801-616-2643	
Joyce Hoopes	141	Pet Sitting	505-250-6613	
Jim Gabel Richard Nienkark	150 192	Roof shingle repair, Painting Roof shingle repair, Painting	480-264-8354 480-288-0568	
Miles Lowery	107	Exterior pressure washing, screens & windows, exterior painting, tighten jacks under home, handyman	480-276-8568	

The newsletter committee neither endorses or approves any product or service

October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 7:15am Water Aerobics 10 am BUNCO 1pm cards 5:30 First Thurs- dayTexas Hold'em Poker 6:30pm Billiards	7:15am Water Aerobics 8am Exercise 1pm Genealogy 4pm Happy Hour 6:30pm Cards	3 7am Coffee/Donuts 9am Residents Meeting 5:30 Texas Hold'em Poker
4 10:30 am Church 12:30pm Texas Hold'em Poker	5 7:15am Water Aerobics 8am Exercise 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	6 7:15am Water Aerobics 12pm Ladies Soup/ Salad Luncheon 6pm NDQ Poker 6:30pm Bible Study 6:30pm Cards	7 7:15am Water Aerobics 8am Exercise 10-12 Craft Class 1pm Mexican Train 1-3 pm Quilting 7pm Shuffleboard	8 7:15 Water Aerobics 1pm cards 1-3 pm Quilting 6:30pm Billiards	9 7:15am Water Aerobics 8am Exercise 1pm Genealogy 4pm Happy Hour 6:30pm Cards	10 7am Coffee/Donuts 5:30 Texas Hold'em Poker
11 10:30 am Church 12:30pm Texas Hold'em Poker	12 7:15am Water Aerobics 8am Exercise 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	13 7:15am Water Aerobics 10am Ping Pong 6pm NDQ Poker 6:30pm Bible Study 6:30pm Cards	14 :15am Water Aerobics 8am Exercise 10-12 Craft Class 1pm cards Mexican Train 7pm Shuffleboard	15 7:15am Water Aerobics 9:15am Casino Trip Gila River 6:30pm Billiards	16 7:15am Water Aerobics 8am Exercise 1pm Genealogy 4pm Happy Hour 5:30 Texas Hold'em Poker 6:30pm Cards	17 7am Coffee/Donuts 4:30 Happy Hour 5pm Pot Luck German theme
18 10:30 am Church 12:30pm Texas Hold'em Poker	19 7:15am Water Aerobics 8am Exercise 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	20 7:15am Water Aerobics 10am Ping Pong 6pm NDQ Poker 6:30pm Bible Study 6:30pm Cards	21 7:15am Water Aerobics 8am Exercise 10-12 Craft Class 11am Ladies Lunch 1pm Mex Train 1pm cards 1-3 pm Quilting 7pm Shuffleboard	22 7:15 Water Aerobics 1pm cards 1-3 pm Quilting 6-9 Karaoke BYOB and Snacks 6:30pm Billiards	23 7:15am Water Aerobics 8am Exercise 11am Movie Day Superstition Springs Harkins 1pm Genealogy 4pm Happy Hour 6:30pm Cards	24 7am Coffee/Donuts 1-3 Gospel Jam 5:30pm Fall Poker Tournament
25 10:30 am Church 12:30pm Texas Hold'em Poker Tournament	26 7:15am Water Aerobics 8am Exercise 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	27 7:15am Water Aerobics 10am Ping Pong 6pm NDQ Poker 6:30pm Bible Study 6:30pm Cards	28 7:15am Water Aerobics 8am Exercise 10-12 Craft Class 1pm Mexican Train 7pm Shuffleboard	29 7:15 Water Aerobics 1pm cards 6:30pm Billiards	30 7:15am Water Aerobics 8am Exercise 1pm Genealogy 4pm Happy Hour 6:30pm Cards	31 7am Coffee/Donuts 500pm Halloween Party