



DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ—AUGUST 2016

## 4<sup>th</sup> of July Celebration

*by Connie Riter*

Over 75 people came to celebrate our country's birthday at a picnic in our clubhouse. The celebration began with our first ever golf cart parade where 10 people decorated their carts and paraded through the streets blowing horns and greeting those watching. Little Dorothy led the parade in her festively decorated wheel chair with a red/white umbrella on the top. (It was windy and her umbrella kept falling off, as well as Dick Smith's top hat.) After the parade we met in the clubhouse where we had grilled hamburgers and hot dogs provided by the Activities Association and residents brought dishes to complement the meat. A margarita bar was set up by Connie Riter and Art Roberts, as well as a non-alcoholic bar for strawberry margaritas manned by Sue and Larry Behrens.

After the pledge we sang a verse of God Bless America, said Grace, then Kathy Gabel read the names to get their food. There was a wide variety of dishes and deserts with enough for people to return for seconds. Some people stayed after dinner to play left-right-center. Others went home to prepare for the fireworks. As you know, we have an excellent view of the fireworks at Apache Junction High School, right from our homes. Thanks to all who made this a great celebration!

*Photos, page 3*

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**From the President's Desk—Bob Hert**



Same thing – new month. Hot, Hot and Humid!

We had a great turn-out for the July 4<sup>th</sup> picnic and parade where we all enjoyed plenty of food had lots of fun. Our “cart parade” was headed-up by Dorothy Miller who led all participants around the park showing off their wonderful sense of patriotism. It was great seeing all the carts and atv’s decorated so well for the 4<sup>th</sup>. Thank you Don and Judy Childers for organizing our parade. A big thanks goes to Jim Gabel, Scott Hudson and Matt Spence who were the BBQ aficionados who stood out in the heat cooking 80 hamburgers and 80 hotdogs to perfection. Again, Connie and Art manned their margarita machine and did a terrific job working at full capacity to help all who wanted to cool off with a great drink. We held raffle drawings for gift cards donated by the Board and Sun Communities. After dinner some stayed to enjoy the company of friends and neighbors and play some LRC.

I want to thank all the Board Members and everyone who helped make our 4<sup>th</sup> of July such a success.

Sue and Larry Behrens, with help from Joyce Hoopes and Susan Hoopes, hosted a Board sponsored wine and cheese tasting on Saturday the 23<sup>rd</sup>. Those of us attending were treated to some first-rate wines (both red and white) and tasty snacks. Thank you Sue, Larry, Joyce and Susan.

A small group of about 30 people attended the July potluck and a good time was had by all and several stayed after dinner to play card bingo.

Don't forget August has several activities for us to attend. On the 6<sup>th</sup> we're having a potato feed (baked potato with all the fixin's), August 13<sup>th</sup> there will be a pool party and ice cream social (you need not swim to enjoy the ice cream) and August 20<sup>th</sup> is the potluck. Please sign up, and come out and enjoy these events.

If you have any suggestions for events you would like to see your Board sponsor please contact any Board Member with your idea.

Remember we live in a very close community, take the time to say hello to your neighbors and keep an eye out for each other. Please be respectful of each other and have fun....life is too short.



## ACTIVITIES ORGANIZATION

President (term 2016-2018)	Bob Hert	Lot #43	480-322-5533
Vice President (term 2016-2018)	Cami Weiss	Lot #188	480-234-5074
Secretary (term 2015-2017)	Connie Riter	Lot #81	315-657-3078
Treasurer (term 2015-2017)	Kathy Gabel	Lot #150	480-264-8354
Board Member (term 2014-2017)	Joyce Hoopes	Lot #141	505-250-6613
Board Member (term 2015-2018)	Bobbie Lowery	Lot #193	480-276-8568
Board Member (term 2016-2019)	Sue Behrens	Lot #24	920-254-2005

**DESERT HARBOR ACTIVITIES COORDINATORS**

<b><u>ACTIVITY</u></b>	<b><u>COORDINATOR</u></b>	<b><u>TELEPHONE</u></b>
BEAN BAG	DON-JUDY CHILDERS	480-982-3664
BINGO	BRUCE-ARLENE WICKEN BOB-BEV HERT	612-518-4284 208-550-1572
BUNCO	BECKY GARDNER	480-288-9068
CASINO TRIPS	CONNIE RITER	315-657-3078
CLOSET QUILTERS	CAROLE HOBSON	480-288-6270
CLUBHOUSE DECORATING	CAMI WEISS BEV HERT	480-234-5074 208-550-1572
GENEALOGY	ESTHER LOUGH	480-288-8579
GOLF	DON WALKER	480-288-5686
LADIES SOUP & SALAD IN PARK	CONNIE RITER	315-657-3078
MAH JONGG	ESTHER LOUGH	480-288-8579
PING PONG	DON-JUDY CHILDERS	480-982-3664
POKER	MIKE BAUSCHARD	480-288-4332
SHUFFLEBOARD	BOB HERT	480-322-5533
WELCOME	BILL-SHARI HAUCKE	928-978-4457
SUNSHINE	PAT BALLOCK	480-983-5303

**WEB MASTER, DICK SMITH, 480-983-5819**

**DESERT HARBOR MANAGER, 480-288-8876**

**NEWSLETTER COMMITTEE**

**Connie Riter, Dave Borchardt, Dick Smith, Bob Mayo,  
Midge Drouin, Margo Crawford, Jane Boudreau**

## BIRTHDAYS - ANNIVERSARIES

### AUGUST BIRTHDAYS

<u>DAY</u>	<u>NAME</u>	<u>LOT</u>
3	Steve Davison	134
3	Kenneth Kalber	64
3	Bill Dunham	100
4	Pam Allen	136
4	Agnes Olson	27
5	Bruno Borowczyk	26
7	Rick Schwiezer	89
9	Doug Harris	180
10	Bobbie Lowery	193
14	Roger Tucker	14
18	Patricia Ballock	183
18	John Eubank	169
19	Jackie Bowman	102
22	Sue Behrens	24
24	Elvira Jackson	55
24	Gabrielle Martolano	109
26	Pat Schaefer	106

### AUGUST ANNIVERSARIES

<u>DAY</u>	<u>NAME</u>	<u>LOT</u>
4	Larry & Sue Behrens	24
8	Dave & Bev Borchardt	142
8	Richard & Linda Lewis	23
12	John & Rosemarie Williams	162
13	James & Lorna Almon	9
22	Jerry & Dianna Stai	126
22	Ron & Sharon Schupbach	93
24	Jim & Karen Stevens	156
26	Greg & Ruthann Sather	10
26	Herman & Sherry Weinert	186
30	Noran & Agnes Olson	27



If you wish to add your birthday and/or anniversary or make any corrections to the list, please call Dick Smith at 480-983-5819

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### ITEMS FOR SALE OR ITEMS WANTED

Please let us know if you have something for sale or if you need something

If you have had a phone number change, please let Dick Smith know.  
Dick is in lot #74, phone 480-983-5819



## PHONE BOOK & NEW RESIDENT UPDATES:

Benson, Kurtis-Cindy (lot #115) 480-703-6134

Geurts, Barbara (lot #158)

Goudeseune, Joe-Bea (lot #177)

Hert, Bev (lot #43) cross out 208-549-3645 replace with 208-550-1572

Hightower, Bill (lot #8) cross out 772-7453 replace with 480-372-7530

Jackson, James (lot #57) **NEW RESIDENT**

Kroschel, Clark (lot #105) New Phone 480-271-2813

Martolano, Gabrielle (lot #109)

Medcoff, Heather (lot #46)

Mueller, Dorothy (lot #155) 480-984-9780

Omness, Danny-Lee (lot #46)

Rasmussen, Harry-Bobbi (lot #47) 850-602-1043 850-910-5574

Smith, Jean (lot #164)

Speck, Steve-Mardene (lot #25)

Wallace, James (lot #36) 480-888-8030

Wicken, Arlene (lot #37) correct phone is 612-518-4284

**Bunco Results** *by Becky Gardner*

July is over and BUNCO was still going. We have been down to 3 tables and playing with 11 people, but it still worked. July 14th winners were Judy Childers for Most Bunco's. Ann Bush for Most Wins - followed by Sid Gardner for 2nd and Charlene Hudson for 3rd Most Wins. Most Losses went to Bev Hert! Congrats!! July 21st winners were me (Becky Gardner) for Most Bunco's and 3rd most wins. Charlene Hudson had Most Wins followed by Judy Childers for 2nd. Most losses went to Sid Gardner.

Thank you everyone for the help of setting up and taking down.

Next Bunco dates will be the 4th and 18th of August- Hope to see you there!

In September we could have an extra game if you want! Sept. 1, 15, 29. I'll check to see who would be interested.

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***"The Old Days"***

Grandpa was telling his young grandson what life was like when he was a boy.

"In the winter we'd ice skate on our pond. In the summer we could swim in the pond, and pick berries in the woods. We'd swing on an old tire my dad hung from a tree on a rope. And we had a pony we rode all over the farm."

The little boy was amazed, and sat silently for a minute. Finally he said, "Granddad, I wish I'd gotten to know you a lot sooner!"

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I usually take a two-hour nap from  
one to four.

*Yogi Berra*

## UPCOMING EVENTS

***NO RESIDENT MEETINGS JUNE-JULY-AUGUST***

### **SEPTEMBER**

3rd Saturday Resident Meeting 9:00 am  
5th Monday Labor Day Picnic  
17th Saturday Pot Luck Luau, Meat provided, bring side salad/dessert  
to share, Entertainment Provided 4:30 HH 5:00 Food

### **OCTOBER**

1st Saturday Resident Meeting 9:00 am  
15th Saturday Pot Luck 4:30 HH 5:00 Food  
29th Saturday All Park Patio Sale, 7 am to 1 pm  
31st Monday Halloween

### **NOVEMBER**

5th Saturday Resident Meeting 9:00 am  
11th Friday Kids Next Door  
19th Saturday Thanksgiving Pot Luck 4:30 HH 5:00 Food

### **DECEMBER**

3rd Saturday Resident Meeting 9:00 am  
13th Tuesday Bell Ringers  
17th Saturday Christmas Pot Luck 4:30 HH 5:00 Food

***ALL EVENTS, DATES AND TIMES ARE SUBJECT TO CHANGE***



**CHIT CHAT AROUND THE PARK**



**Ladies Soup ‘n Salad Luncheon** *by Connie Riter*

With the heat, the number of people gone to other places for the summer, and the fact that we had just celebrated the 4<sup>th</sup> the day before, attendance at our monthly Soup ‘n Salad Luncheon was very slim....we had only 5 people in attendance. We had one soup – a delicious potato soup made by Barb Nieinkark, and 4 salads. One salad, made by Carol Rysavy, could be classified as a dessert. Carol made her famous ice cream jello salad. Yummy!! We sat around and talked about many things – it was a relaxing and enjoyable time. Please consider coming next month on August 2<sup>nd</sup> .....at noon. We’d love to see more ladies attend this monthly event....

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**Ladies Out of Park Luncheon** *by Connie Riter*

In July we went to Kneaders for lunch! For many of the eight who went, it was the first time they had gone to Kneaders. This restaurant is unique in that you place your order at the counter, pay for it, and then when it is ready, they bring it to you. We enjoyed the many varieties of sandwiches and salads ordered. Thank you, Lavonne, for planning this. Many of us left with full stomachs and a loaf of bread or some orange rolls. If you sign up to attend one of our luncheons, and then are unable to go, please call the person in charge or one of the other ladies going to let them know. Otherwise we are in the clubhouse waiting ....In August we plan to go to Chen’s in Gold Canyon. If you enjoy Chinese food, please consider joining us on August 16<sup>th</sup>. We leave around 11:30 am and car pool to the chosen restaurant. All ladies are invited!!

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**RECYCLED GREETING CARDS WANTED**

Do you have used greeting cards? There is a basket in the clubhouse that you can put them in. Only the fronts are used. Connie Riter will be sure the cards are sent to St. Jude’s in Nevada. Thank you.

## HEALTH ARTICLE *by Midge Drouin*

### Strange places to look for skin cancer

As the most common cancer in the United States, skin cancer attracts lots of media exposure, especially during the sun-kissed summer months. But here's a fact that often escapes notice: Melanoma can surface in some of the most unusual places. Like under your toenails. Or behind your ears. Many of us know that cancerous spots can appear in areas that get direct sun, like the face, arms and neck. But body parts that aren't so visible, or as closely inspected, can also harbor unseen spots that may go undetected and, therefore, escape early intervention. "Under the nails is a very concerning area, especially with the common use of gel manicures," which use a product that hardens by curing under ultraviolet lamps, says Dr. Laura Farrington, Medical Oncologist at our hospital outside Chicago. "The direct exposure of UV rays to the hands and nails, especially regularly, may increase the risk of melanoma and other skin cancers in those areas." Even the bottoms of your feet, palms of your hands and your eyelids can be vulnerable to skin cancer. Likewise, your scalp, underarms and groin may not see much of the sun, but cancer can develop there, too. Routine checkups are key to early intervention, Dr. Farrington says. "The scalp is actually a common site for melanomas," she says. "It is also important to have regular gynecological exams, because even though the pelvic area does not have much exposure to the sun, melanoma can still occur, and it may be difficult to check yourself." For hard-to-see body parts, try using a hand mirror or asking your loved ones for help. Your hairdresser can also prove instrumental in checking your scalp and behind your ears during your regular visits. If you get massages, ask your therapist to look for unusual moles, spots or patches, especially on your back. See your doctor if anything changes or looks suspicious. Skin cancer affects people of all demographics, regardless of their skin color or pigmentation. That's why it is important that everyone wears sunscreen, including African-Americans, who "can still get melanoma, although the risk is lower," says Dr. Laurence Altshuler, Director of Oncology Intake Services at our hospital in Tulsa. While you're slathering on the sunscreen, remember the bottoms of your feet and hands, and take care to cover the beds of your toenails and fingernails, too. "Most people don't think to put sunscreen there," says Dr. Altshuler. And don't assume that tattoos will serve as sun protection. "You still have to wear sunscreen," he adds. "Tattoos do not protect against skin cancer. But they can hide skin cancers, so they should not be placed over moles. To help protect yourself and your loved ones, remember these sun-safety tips: **Wear broad-spectrum sunblock** with a minimum sun protection factor (SPF) of 15, and reapply every two hours, as all sunscreens deteriorate after that time. If you are swimming, reapply more often. Don't forget your lips, eyelids, between your fingers and toes and behind your ears. **Help your kids apply** and reapply the sunblock, "because even one sunburn as a child can increase the risk for skin cancer," says Dr. Farrington. **Avoid the sun** between the hours of 10 a.m. and 3 p.m., when rays are strongest. **Stay in the shade.** If you have to be out in the sun during high-intensity hours, seek the cover of trees or other protective sun barriers. **Wear protective clothing** such as wide-brim hats, sunglasses, long-sleeve shirts and pants. **Get yearly skin exams by a physician**, especially if your family has a history of skin cancer.

*The health articles are generally taken from medical information web sites and are not endorsed or promoted by the newsletter committee*

## INFORMATION

- GARBAGE** Picked up every Monday and Thursday morning (please don't put your food garbage out the night before because the Coyotes love to rip it open).
- RECYCLE** We have dumpsters located on the west side of the clubhouse. There are two green color containers that are for "aluminum cans" ONLY and another for paper and cardboard. We get money for these two dumpsters, so PLEASE use them as it helps the Activity Club's treasury. The two blue recycle dumpsters are for plastic, glass and all other recycle items. We do not get any money for these two containers, but please recycle as much as you can.
- MAIL** The mail person that delivers our mail will put the "red flag" up when he/she is done. If you have outgoing mail, just put it in the outgoing mail slots and it will be picked up. Please do not put the red flag up, let the mail person do it.
- WEB SITE** [www.desertharboraz.net](http://www.desertharboraz.net)  
You can find lots of information there including updates to our calendar
- NAME BADGES** Custom made name badge with your name & lot number  
Contact Connie Riter, Lot #81, 315-657-3078
- FOOD BANK** There is a cardboard box in the clubhouse marked "Food Bank". Please bring non-perishable items to put in the box. Please do not bring outdated or expired items, we just have to throw them away.

### **DRIVERS LICENSE & TITLE-REGISTRATION**

575 N Idaho Rd Ste 600 Apache Junction 85119 [www.azdot.gov](http://www.azdot.gov)

### **APACHE JUNCTION CHAMBER OF COMMERCE**

567 Apache Trail Apache Junction 85120 [www.ajchamber.com](http://www.ajchamber.com)

**STAPLES REWARDS NUMBER FOR DESERT HARBOR** 2892869542

## DESERT HARBOR RESIDENTS OFFER SERVICES

<u>NAME</u>	<u>LOT</u>	<u>SERVICE</u>	<u>PHONE</u>
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780
Esther Lough	123	Puppy Sitting	480-288-8579
Connie Riter	81	Bus Trips	315-657-3078
Renee Spears	57	Reiki Sessions	480-215-8328
Jean Myers	44	Pet & House Sitting, Drive to Store, Doctor's Office, Airport, House Cleaning	480-671-4481
Bob Myers	44	Yard work, odd jobs	480-671-4481
John Williams	162	Handyman	602-561-4562
Liz Pawlowski	6	Odd jobs, anything you can't do yourself	623-385-5429
Karen Majur	173	Sunshine Home Sales	480-250-2219
Dick Smith	74	House Sitting	480-983-5819
Barry Dalton	145	<a href="http://www.abcliveit.com">http://www.abcliveit.com</a>	801-616-2643
Joyce Hoopes	141	Pet Sitting	505-250-6613
Jim Gabel	150	Roof shingle repair, Painting	480-264-8354
Richard Nienkark	192	Painting, light landscaping, irrigation	480-288-0568
Karen Ayo	175	House cleaning, Elder care	480-383-9071

*The newsletter committee neither endorses or approves any product or service*

# August 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> <p>7:15am Water Aerobics 8am Exercise 10am Ping Pong 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards</p>	<p>2</p> <p>7:15am Water Aerobics 10am Ping Pong 12pm Ladies Soup/ Salad Luncheon 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards 6:30pm Bean Bag Toss</p>	<p>3</p> <p>7:15am Water Aerobics 8am Exercise 1pm Mexican Train 7:30pm Shuffleboard</p>	<p>4</p> <p>7:15am Water Aerobics 10am Bunco 1pm cards 1-3 pm Quilting 6:00 Texas Hold'em Poker</p>	<p>5</p> <p>7:15am Water Aerobics 8am Exercise 10am Ping Pong 4pm Happy Hour 5:30 Texas Hold'em Poker 6:30pm Cards</p>	<p>6</p> <p>7am Coffee/Donuts</p> <p>Potato Bake 4-6pm BYOB</p>
<p>7</p> <p>10:30 am Church 12:30pm Texas Hold'em Poker</p>	<p>8</p> <p>7:15am Water Aerobics 8am Exercise 10am Ping Pong 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards</p>	<p>9</p> <p>7:15am Water Aerobics 10am Ping Pong 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards 6:30pm Bean Bag Toss</p>	<p>10</p> <p>7:15am Water Aerobics 8am Exercise 1pm Mexican Train 7:30pm Shuffleboard</p>	<p>11</p> <p>7:15am Water Aerobics 1pm cards 1-3 pm Quilting 6:30pm Billiards</p>	<p>12</p> <p>7:15am Water Aerobics 8am Exercise 10am Ping Pong 4pm Happy Hour 5:30 Texas Hold'em Poker</p> <p>6:30pm Cards</p>	<p>13</p> <p>7am Coffee/Donuts</p> <p>Pool Party and Ice Cream Social 3-6 pm</p>
<p>14</p> <p>10:30 am Church 12:30pm Texas Hold'em Poker</p>	<p>15</p> <p>7:15am Water Aerobics 8am Exercise 10am Ping Pong 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards</p>	<p>16</p> <p>7:15am Water Aerobics 10am Ping Pong 11am Ladies Luncheon 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards 6:30pm Bean Bag Toss</p>	<p>17</p> <p>7:15am Water Aerobics 8am Exercise 1pm Mexican Train 7:30pm Shuffleboard</p>	<p>18</p> <p>7:15am Water Aerobics 9:00 Bunco 1pm cards 1-3 pm Quilting 6:30pm Billiards</p>	<p>19</p> <p>7:15am Water Aerobics 8am Exercise 10am Ping Pong 4pm Happy Hour 5:30 Texas Hold'em Poker 6:30pm Cards</p>	<p>20</p> <p>7am Coffee/Donuts 4:30pm Happy Hour 5pm Pot Luck</p>
<p>21</p> <p>10:30 am Church 12:30pm Texas Hold'em Poker</p>	<p>22</p> <p>7:15am Water Aerobics 8am Exercise 10am Ping Pong 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards</p>	<p>23</p> <p>7:15am Water Aerobics 10am Ping Pong 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards 6:30pm Bean Bag Toss</p>	<p>24</p> <p>7:15am Water Aerobics 8am Exercise 1pm Mexican Train 7:30pm Shuffleboard</p>	<p>25</p> <p>7:15am Water Aerobics 1-3 pm Quilting 1pm cards 6:30pm Billiards</p>	<p>26</p> <p>7:15am Water Aerobics 8am Exercise 10am Ping Pong 4pm Happy Hour 6:30pm Cards</p>	<p>27</p> <p>7am Coffee/Donuts 5:30 Texas Hold'em Poker</p>
<p>28</p> <p>10:30 am Church 12:30pm Texas Hold'em Poker</p>	<p>29</p> <p>7:15am Water Aerobics 8am Exercise 10am Ping Pong 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards</p>	<p>30</p> <p>7:15am Water Aerobics 10am Ping Pong 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards 6:30pm Bean Bag Toss</p>	<p>31</p> <p>7:15am Water Aerobics 8am Exercise 1pm Mexican Train 7:30pm Shuffleboard</p>			