



DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ—OCTOBER 2016



Meet our New Assistant Manager *by Connie Riter*

Yolanda Ortega, our new assistant manager, has worked here since early September. She is not new to Sun Communities, however. Yolanda has worked for them at Fiesta Village since February. Fiesta Village is a family park, about the size of ours located at 255 W Southern Avenue in Mesa, off of Country Club and Southern.

Yolanda grew up in Escondido, California, attending Riverside High School and Xavier College in San Diego. She has 3 sisters and 2 brothers. Her parents now live in El Paso, Texas. Yolanda has 2 daughters in their thirties and four grandchildren: 12, 9, 8, and 5. She also works part-time at Sprouts in Queen Creek as a scanning coordinator, cashier, florist, and whatever else they need at the time.

Yolanda likes to play softball and volleyball in her spare time. “I like Desert Harbor – it’s a welcoming community and quite friendly.” She invites everyone to stop in and meet her personally.

TABLE OF CONTENTS:			
Activity Organization	3	Upcoming Events	7
Activity Coordinators	4	Information	14
Birthdays & Anniversaries	5	Resident Services	15
Phone Update & New Resident	6	Calendar	16

From the President's Desk—Bob Hert



Our fun here at Desert Harbor continues! The activities board provided some great entertainment in September starting with our Labor Day Potluck with great food and fun games; fantastic Hawaiian Cuisine at our monthly Potluck along with great entertainment from two very talented Polynesian Dancers; and Les Koel took us all back in time with his great music renditions. It's fun to be residents of Desert Harbor. But all of this could not have happened without the help of volunteers. Thank you to everyone who planned, hosted, set-up, provided food and baked food for all the events; these efforts make the affairs great successes. And thanks to all who attended.

Your board has put together an abundant package of entertainment for the months ahead. We've booked singers, dancers, comedians and magicians so along with our "in park" activities such as our Monthly Potlucks, all holiday activities, Gospel Jams, a couple of out of Park trips to Arizona Opry and the Dutton's, we will all be kept busy. Please plan on attending the activities your board has scheduled for the Park...and if you can, volunteer to help. If you would like to see a particular form of entertainment in the Park, please contact a board member with your request.

Just as a reminder our monthly Resident's Meeting will be at 9 on the 1st; Songs in the Key of Life by Mary Jo, will be on the 6th from 6:30 to 7:30; the 15th starting at 4:30 is our Potluck celebrating Oktoberfest with music being provided by Hans and beer furnished by the board; Angi, has tentatively scheduled a Casino Night for the 20th; we will be having our Park Wide Patio, White Elephant and Bake Sale on the 29th from 7-1 and our Halloween Party will be held on the 31st beginning at 4:30 with the board providing Sloppy Joes. All these dates are printed on the calendar within this newsletter and the calendar posted outside the Clubhouse.

Remember we live in a very close community, take the time to say hello to your neighbors and keep an eye out for each other. Please be respectful of each other and have fun....life is too short.

Labor Day Celebration....by M Drouin

On Monday, September 5th, we held our annual Labor Day Picnic at our clubhouse....4:30 for happy hour, and 5:00 pot luck. There were approximately 95 residents signed up with just a few not in attendance. Our blessing was given by Pastor Penny Newby.

We had chicken as our main meat which was provided by the activities board. Many other foods were brought in as sides such as potato salads, Cole slaw, fruit salad, deviled eggs, pasta salad, beans, macaroni & cheese, just to name a few. The dessert table had pies, cakes, cookies, brownies and more. We had plenty of everything as far as food and dessert.

We had our usual 50-50 drawing where Arlene Wicken was the lucky recipient. After the clean-up was taken care of, we all sat down to play left, right, center and a card game called "screw your neighbor." Everyone who participated had a fun time.

ACTIVITIES ORGANIZATION

President (term 2016-2018)	Bob Hert	Lot #43	480-322-5533
Vice President (term 2016-2018)	Cami Weiss	Lot #188	480-234-5074
Secretary (term 2015-2017)	Connie Riter	Lot #81	315-657-3078
Treasurer (term 2015-2017)	Kathy Gabel	Lot #150	480-264-8354
Board Member (term 2014-2017)	Judy Childers	Lot #201	480-982-3664
Board Member (term 2015-2018)	Bobbie Lowery	Lot #193	480-276-8568
Board Member (term 2016-2019)	Sue Behrens	Lot #24	920-254-2005

DESERT HARBOR ACTIVITIES COORDINATORS

<u>ACTIVITY</u>	<u>COORDINATOR</u>	<u>TELEPHONE</u>
BEAN BAG	DON-JUDY CHILDERS	480-982-3664
BINGO	BRUCE-ARLENE WICKEN BOB-BEV HERT	612-518-4284 208-550-1572
BUNCO	BECKY GARDNER	480-288-9068
CASINO TRIPS	CONNIE RITER	315-657-3078
CLOSET QUILTERS	CAROLE HOBSON	480-288-6270
CLUBHOUSE DECORATING	SUSAN HOOPES SUE BEHRENS	505-280-5049 920-254-2005
GENEALOGY	ESTHER LOUGH	480-288-8579
GOLF	DON WALKER	480-288-5686
LADIES SOUP & SALAD IN PARK	CONNIE RITER	315-657-3078
MAH JONGG	ESTHER LOUGH	480-288-8579
PING PONG	DON-JUDY CHILDERS	480-982-3664
POKER	MIKE BAUSCHARD	480-288-4332
SHUFFLEBOARD	BOB HERT	480-322-5533
WELCOME	JUDY CHILDERS & BEV HERT	
SUNSHINE	PAT BALLOCK	480-983-5303

WEB MASTER, DICK SMITH, 480-983-5819

DESERT HARBOR MANAGER, 480-288-8876

NEWSLETTER COMMITTEE
Connie Riter, Dave Borchardt, Dick Smith, Bob Mayo,
Midge Drouin, Margo Crawford, Jane Boudreau

BIRTHDAYS - ANNIVERSARIES

OCTOBER BIRTHDAYS

<u>DAY</u>	<u>NAME</u>	<u>LOT</u>
1	Shari Haucke	129
2	Karen Stephens	156
5	Bob Mayo	124
7	Bonnie Harrison	40
7	Dianna Stai	126
8	Mike Kereluk	82
11	Karen Anderson	39
19	Jane Boudreau	179
22	Paul Tremblay	196
24	Liz Paprowicz	197
27	Ron Estes	77
27	Alice Johnson	5
30	Rich Goodrich	60
30	Fran LeVeque	62

OCTOBER ANNIVERSARIES

<u>DAY</u>	<u>NAME</u>	<u>LOT</u>
3	Sid & Becky Gardner	70
20	Bill & Alice Johnson	5
26	Jerry & Janice Miller	170



If you wish to add your birthday and/or anniversary or make any corrections to the list, please call Dick Smith at 480-983-5819

ITEMS FOR SALE OR ITEMS WANTED

Please let us know if you have something for sale or if you need something

If you have had a phone number change, please let Dick Smith know.
Dick is in lot #74, phone 480-983-5819



PHONE BOOK & NEW RESIDENT UPDATES:

Bailey, Joseph-Phyllis (lot #117) **NEW RESIDENTS**

Barrows, Lawrence-Jane (lot #91) **NEW RESIDENTS**

Benson, Kurtis-Cindy (lot #115) 480-703-6134

Evans, David-Gail (lot #42)

Geurts, Barbara (lot #158)

Goudeseune, Joe-Bea (lot #177)

Hert, Bev (lot #43) cross out 208-549-3645 replace with 208-550-1572

Hightower, Bill (lot #8) cross out 772-7453 replace with 480-372-7530

Jackson, James (lot #57)

Kroschel, Clark (lot #105) New Phone 480-271-2813

Martolano, Gabrielle (lot #109)

Medcoff, Heather (lot #46)

Mueller, Dorothy (lot #155) 480-984-9780

Omness, Danny-Lee (lot #46)

Parker, Anna (lot #12) 303-902-7193

Pfiefer, Michael-Judy (lot #50) **NEW RESIDENTS**

Rasmussen, Harry-Bobbi (lot #47) 850-602-1043 850-910-5574

Smith, Jean (lot #164)

Speck, Steve-Mardene (lot #25)

Wallace, James (lot #36) 480-888-8030

Wicken, Arlene (lot #37) correct phone is 612-518-4284

UPCOMING EVENTS

OCTOBER

1st	Saturday	Resident Meeting 9:00 am
6th	Thursday	Songs in the Key of Life, Mary Jo 6:30 to 7:30 pm
15th	Saturday	Oktoberfest/Pot Luck 4:30 HH 5:00 Food
20th	Thursday	Sun Communities Casino Event
29th	Saturday	All Park Patio Sale, 7 am to 1 pm
31st	Monday	Halloween Party

NOVEMBER

3rd	Thursday	Bird Bash Party 12:00 to 2:00 pm
5th	Saturday	Resident Meeting 9:00 am
9th	Wednesday	Patrick & Tracy 6:30 to 8:00 pm
11th	Friday	Free Breakfast , 7—9 am Tribute to Veterans
12th	Saturday	Gospel Jam 1:00 to 3:00 pm
17th	Thursday	Sun Communities Fun Day
19th	Saturday	Thanksgiving Pot Luck 4:30 HH 5:00 Food
30th	Wednesday	Ivanka—Welcome Back Party. 5:30 pm hh/snacks 6:30 pm Ivanka's show

DECEMBER

1st	Thursday	Decorating the Clubhouse, 4 pm
3rd	Saturday	Resident Meeting 9:00 am
6th	Tuesday	Kids Next Door, 6:30 pm
6th	Tuesday	Home Decorating Contest
10th	Saturday	Gospel Jam 1:00 to 3:00 pm
13th	Tuesday	Bell Ringers 6:30 pm
16th	Friday	Home Decorating Judging
17th	Saturday	Christmas Pot Luck 4:30 HH 5:00 Food Ham provided by Sun
21st	Wednesday	Caroling and Cookies
31st	Saturday	New Year's Eve Party

ALL EVENTS, DATES AND TIMES ARE SUBJECT TO CHANGE

AEROBIC EXERCISE CLASS

Don't forget we have our Aerobic Exercise classes every Monday, Wednesday and Friday mornings at 8:00 am in the clubhouse. It is a 45 minute to one hour work-out and is a very good program to follow. We use the "Walking with Leslie" DVD's and usually will do a 3 mile exercise walk.

CHURCH NEWS *by Midge Drouin*

Our church here at Desert Harbor Community is open every Sunday morning from 10:30 AM to 11:30 AM. We are a non-denominational church. New residents are welcome as well as seasoned residents. On Tuesday evenings we hold a Bible study in our clubhouse from 6:30 PM to 7:30 PM being taught by Phil Fox, one of our park residents. Starting in October, we will be in the Book of John. So bring your bibles and plan on joining us.

Coming up on November the 3rd, the church is sponsoring a welcome back party for the return of our winter visitors as well as our full time residents. The Bird Bash Party will be held in our clubhouse from 12 noon to 2:PM. More info will follow.

BUNCO RESULTS *by Becky Gardner*

September kept us all rolling the dice! Sept. 1st winners were Sid Gardner for MOST BUNCOS and MOST WINS. Don Childers had 2nd MOST WINS and Judy Childers placed 3rd. Nancy Pavkov had the MOST LOSSES. We had no TRAVELING since we were short one player.

Sept 15th MOST BUNCOS and 3rd MOST WINS went to Charlene Hudson. MOST WINS and TRAVELING went to Bev Hert. Judy Childers got 2nd MOST WINS and Don Childers got the MOST LOSSES.

We are having another Bunco game on Sept. 29th. Those results will go with the October results. Be sure to put Bunco on your calendars. October dates are the 6th and 20th! Thank you everyone for joining in the game and helping with cleaning up!

COME TO THE CASINO *by Connie Riter*

Each month we have a free casino trip on the third Thursday of the month. During the summer we have been going only to Fort McDowell because we haven't had many people going. But, on October 20th, we are going to Lone Butte and Wild Horse Casinos – with both Meridian Manor (our long-time partner) and La Casa Blanca.



The bus will pick us up here at the Clubhouse at 9:00 am and we'll travel over to Meridian Manor to pick up the people there. There is a sign-up sheet in the clubhouse and it needs to be signed by October 13th. I will need your name, which casino you plan to visit, and your player's card number. If you don't have one, I need your birthday. You will get \$10 slot play for going and more if you have never had a Gila River Casino player's card. We will return before the Casino night in our Park – so come with us and make a day of having casino fun.....

PATIO SALE *by Bev Hert*

This year our Community Patio Sale, White Elephant Sale, Bake Sale and Book Sale, will be held on October 29th from 7:00 am to 1:00 pm.

The White Elephant, Bake Sale and Book Sale will be held in the Clubhouse.

Sign-up sheets for the patio sales are in the Clubhouse and we will use the information you provide for detailed advertising. If you are participating in the patio sale, flags, which designate you as holding a sale, can be picked up at the clubhouse on Wed. the 26th, Thursday the 27th or Friday the 28th from 2-4 pm. If you are going to hold a patio sale we ask that you donate one (or more if you wish) item to our white elephant sale (this helps defray the cost of advertising); items may be dropped off at the craft room Wednesday through Friday. As in the past our Park will have a "preview" of sales on Friday; time to be determined.

There is also a sign up sheet for our Bake Sale which is always a money-maker for us. We're a Park full of excellent bakers so please bake some goodies for our sale. Package the items, price accordingly and drop off at the Clubhouse Friday the 28th from 11-5.

RECYCLED GREETING CARDS WANTED

Do you have used greeting cards? There is a basket in the clubhouse that you can put them in. Only the fronts are used. Connie Riter will be sure the cards are sent to St. Jude's in Nevada. Thank you.

CHIT CHAT AROUND THE PARK



Ladies Out of Park Luncheon *by Midge Drouin*

On Tuesday, the 20th of September, about 20 ladies from our park carpoled to go eat our lunch at the Olive Garden Restaurant at the Queen Creek mall. There was a great menu to pick from. The service was very good and everyone had a good time and good food. Afterwards, a few of us ladies decided to go shopping at various shops in the mall. Thanks Arlene for hosting this luncheon. We also talked about where our next month's luncheon would be and the Sour Dough Restaurant was mentioned. Info will follow.

Ladies Soup n Salad luncheon *by Connie Riter*

Our monthly ladies' soup 'n salad luncheon was held on Sept. 6th at noon. Thirteen ladies attended it. We had two soups – minestrone and tomato basil. A variety of salads and desserts were also brought. Next month at our October 4th luncheon, Colleen Kutzman has offered to provide some kind of special activity. In November at our Nov. 1st luncheon, we agreed to bring not only a soup or salad, but also a Christmas cookie to share – AND the recipe – so we would have some new recipes to try this season. We are having a winter fashion show at our December luncheon on December 6th, hosted by Cato's. All ladies are welcome to attend and we encourage more people to sign up to come. Please join us!

SHERRY'S IMPOSSIBLE PUMPKIN PIE

¾ c. sugar
½ c. Bisquick mix
2 Tblsp margarine or butter
1 can evaporated milk
2 eggs
1 can (16 oz) pumpkin
2 1/2 tsp pumpkin pie spice
2 tsp vanilla

350* oven

Mix all ingredients together, either with mixer or blender. Pour into pie plate and bake 1 hour or until knife comes clean.

You can double the recipe and pour into cake pan.

NO crust needed.

ENJOY!!!



Need CASH?
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Youth Groups ♦ Kids ♦ Schools ♦ Academics ♦ Sports Clubs



Coyote Coupon Books – for Sale *by Connie Riter*

The new Coyote Coupon Books are in and for sale at \$20 each. This is a book which contains 160 local discounts – from buy one, get one free or ½ off, to entertainment, golf courses, and many restaurants in Apache Junction, Gold Canyon, and East Mesa.

Some of the new offers this year are Annabelle's Fine Dining at AZ Golf Resort, Chen's Chinese, Fat Willy's, JJ Madisons All American Grill, Mesa Market Food Court, Wahoo's Restaurant & Bar, Free Spirit Vacations, Escape Rooms Mesa, Wisconsin Cheese Market at MMP, Office Max, and many others. Just using a few coupons during the year more than pays for the cost of the book. If we sell 50 books this year, we will make \$500 to give to our Activities Committee. We are already on our way....If you'd like a book, see me at an activity or call me at 315-657-3078.

LES KOEL ENTERTAINMENT



On Thursday evening, Sept. 22nd, we had a wonderful mixture of music sung by Les Koel.

There were songs by Neil Diamond, Elvis, John Denver, Dean Martin, Don Williams and Ray Price just to name a few.

Les is a terrific singer and appears around the valley at different venues.

If you would like to get on his e-mail list, send your e-mail to LKoel8@cox.net and he will send times and locations that he will be singing.

Everybody had a terrific time and hopefully we can have him back another time.



Hawaiian Pot Luck...by M. Drouin

Have you ever been to a potluck where as soon as you enter the clubhouse the bright colors were unbelievable. Every one of us was given lei's to put around our necks and were given a door prize ticket for the raffle later that evening. There were MaiTai's, Piña Coladas, and margaritas for all. Residents came attired in Hawaiian shirts, blouses, and dresses. Cameras and phones were very active this night.

Michael Bauchard gave our blessing for that evening. The food table had delicious pork loin and ham which was prepared by Jim and Kathy Gabel...good job guys. Other dishes to pass that night were coleslaw, potatoes, fruit salad, spaghetti, bread, veggie dishes, spam and much more. The dessert table had pineapple upside down cake, brownies, cookies, cakes and more.

After our meal we had entertainment by a couple of Hawaiian dancers. Leila was one of the female dancers who danced in a Polynesian style. The gentleman's name was Sone, his decent was Samoan. He entertained us by having five men from the audience come up on stage to learn some Samoan moves. It was hilarious and enjoyable. Leila chose five women to come up to do the hula. Not a bad job at all ladies. Our evening entertainment was over by 6:45pm....a fun evening was had by all.

The 50-50 was won by Linda Aemmer and she also won one of the \$10 gift cards. Other winners of gift cards were Midge Drouin, Tim Chrissis, and Steve Davison won movie tickets. Thanks to the board for a well-planned evening!



HEALTH ARTICLE *by Midge Drouin*

What are the Health Benefits of Tai Chi?

Tai chi is a noncompetitive martial art known for both its defense techniques and its health benefits. As an exercise, it comprises gentle physical exercise and stretching with mindfulness. It has been shown to improve balance control, fitness, and flexibility, and to reduce the risk of falls in older people. It appears to reduce pain and the symptoms of depression. Tai chi is an ancient Chinese tradition that has evolved over centuries to become a means of alleviating stress and anxiety, a form of "meditation in motion." Advocates claim that it promotes serenity and inner peace.

The phrase "t'ai chi ch'uan" translates to "supreme ultimate fist" or "boundless fist". Tai Chi can be traced back to Taoist and Buddhist monasteries. Tai Chi is considered to be safe for people of all ages as it does not put too much stress on the muscles and joints.

There are five different styles of tai chi, dating from different periods. Each has its own methods and principles, lineage, and date of origin. They are:

Chen-style, started between 1580 and 1660

Yang-style, started between 1799 and 1872

Wu- or Wu (Hao)-style, started between 1812 and 1880

Wu-style, started between 1870 and 1942

Sun-style, started between 1861 and 1932.

Some focus on health, while others stress competition or self-defense.

History of tai chi

The true origins of tai chi remain a mystery, but the concepts are rooted in Chinese history, in Taoism and Confucianism. The founder of tai chi is believed to be Zhang Sanfeng, a 12th-century Taoist monk. Some stories claim that Zhang Sanfeng left his monastery to become a hermit, and that he created his own form of fighting based on softness.

Health benefits of tai chi

The benefits of tai chi are said to include the reduction of stress, anxiety, and depression, and the enhancement of mood, both in both healthy people and in those with chronic conditions. Some of the benefits claimed for tai chi include:

Better mood, with lower levels of depression, stress, and anxiety

Greater aerobic capacity and muscle strength

More energy and stamina

Enhanced flexibility, balance, and agility

Lower blood pressure and improved heart health

Reduced Inflammation

Fewer falls.

Midge is starting a tai chi class on Monday, October 3rd from 9:00 – 9:45am and on Thursday, October 6th, same time. It will continue on Mondays and Thursdays after that.

The health articles are generally taken from medical information web sites and are not endorsed or promoted by the newsletter committee

INFORMATION

- GARBAGE** Picked up every Monday and Thursday morning (please don't put your food garbage out the night before because the Coyotes love to rip it open. If one of the following holidays falls on a Monday or Thursday, the garbage will be picked up one day later:
Independence Day, Thanksgiving Day, Christmas Day, New Year's Day
- RECYCLE** We have dumpsters located on the west side of the clubhouse. There are two green color containers that are for "aluminum cans" ONLY and another for paper and cardboard. We get money for these two dumpsters, so PLEASE use them as it helps the Activity Club's treasury. The two blue recycle dumpsters are for plastic, glass and all other recycle items. We do not get any money for these two containers, but please recycle as much as you can.
- MAIL** The mail person that delivers our mail will put the "red flag" up when he/she is done. If you have outgoing mail, just put it in the outgoing mail slots and it will be picked up. Please do not put the red flag up, let the mail person do it.
- WEB SITE** www.desertharboraz.net
You can find lots of information there including updates to our calendar
- NAME BADGES** Custom made name badge with your name & lot number
Contact Connie Riter, Lot #81, 315-657-3078
- FOOD BANK** There is a cardboard box in the clubhouse marked "Food Bank". Please bring non-perishable items to put in the box. Please do not bring outdated or expired items, we just have to throw them away.

DRIVERS LICENSE & TITLE-REGISTRATION

575 N Idaho Rd Ste 600 Apache Junction 85119 www.azdot.gov

APACHE JUNCTION CHAMBER OF COMMERCE

567 Apache Trail Apache Junction 85120 www.ajchamber.com

STAPLES REWARDS NUMBER FOR DESERT HARBOR 2892869542

DESERT HARBOR RESIDENTS OFFER SERVICES

<u>NAME</u>	<u>LOT</u>	<u>SERVICE</u>	<u>PHONE</u>
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780
Esther Lough	123	Puppy Sitting	480-288-8579
Connie Riter	81	Bus Trips	315-657-3078
Jean Myers	44	Pet & House Sitting, Drive to Store, Doctor's Office, Airport, House Cleaning	480-671-4481
Bob Myers	44	Yard work, odd jobs	480-671-4481
John Williams	162	Handyman	602-561-4562
Liz Pawlowski	6	Odd jobs, anything you can't do yourself	623-385-5429
Karen Majur	173	Sunshine Home Sales	480-250-2219
Dick Smith	74	House Sitting	480-983-5819
Barry Dalton	145	http://www.abcliveit.com	801-616-2643
Joyce Hoopes	141	Pet Sitting	505-250-6613
Jim Gabel	150	Roof shingle repair, Painting, Handyman	480-264-8354
Richard Nienkark	192	Painting, light landscaping, irrigation	480-288-0568
Karen Ayo	175	House cleaning, Elder care	480-383-9071
Miles Lowery	193	Exterior pressure washing, screens & windows, exterior painting, tighten jacks under home, handyman	480-276-8568

The newsletter committee neither endorses or approves any product or service

October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 7am Coffee/Donuts 9am Resident's Meeting 5:30 Texas Hold'em Poker
2 10:30am Church 12:30pm Texas Hold'em Poker	3 7:15am Water Aerobics 8am Exercise 9am Tai Chi 10am Ping Pong 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	4 7:15am Water Aerobics 10am Ping Pong 12pm Ladies Soup/ Salad Luncheon 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards 6:30pm Bean Bag Toss	5 7:15am Water Aerobics 8am Exercise 10am Zentangle class 1pm Mexican Train 1-3 pm Quilting 7:30pm Shuffleboard	6 7:15am Water Aerobics 9am Tai Chi 10am Bunco 1pm cards 6:00 Texas Hold'em Poker 6:30-7:30pm Songs in the Key of Life by Mary Jo	7 7:15am Water Aerobics 8am Exercise 10am Ping Pong 1pm Genealogy 4pm Happy Hour 6:30pm Cards	8 7am Coffee/Donuts 5:30 Texas Hold'em Poker
9 10:30am Church 12:30pm Texas Hold'em Poker	10 7:15am Water Aerobics 8am Exercise 9am Tai Chi 10am Ping Pong 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	11 7:15am Water Aerobics 10am Ping Pong 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards 6:30pm Bean Bag Toss	12 7:15am Water Aerobics 8am Exercise 10am Zentangle class 1pm Mexican Train 7:30pm Shuffleboard	13 7:15am Water Aerobics 9am Tai Chi 1pm cards 1-3 pm Quilting 6:30pm Billiards	14 7:15am Water Aerobics 8am Exercise 10am Ping Pong 4pm Happy Hour 1pm Genealogy 5:30 Texas Hold'em Poker 6:30pm Cards	15 7am Coffee/Donuts 4:30 Happy Hour 5pm Pot Luck OKTOBER FEST
16 10:30am Church 12:30pm Texas Hold'em Poker	17 7:15am Water Aerobics 8am Exercise 9am Tai Chi 10am Ping Pong 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	18 7:15am Water Aerobics 10am Ping Pong 11am Ladies Luncheon 6:00pmNDQ Poker 6:30pm Bible Study 6:30pm Cards 6:30pm Bean Bag Toss	19 7:15am Water Aerobics 8am Exercise 10am Zentangle class 1pm Mexican Train 1-3 pm Quilting 7:30pm Shuffleboard	20 7:15am Water Aerobics 9am Tai Chi 9:00am Casino 10am Bunco 1pm cards Casino Night	21 7:15am Water Aerobics 8am Exercise 10am Ping Pong 1pm Genealogy 4pm Happy Hour 6:30pm Cards	22 7am Coffee/Donuts 5:30 Texas Hold'em Poker
23 10:30am Church 12:30pm Texas Hold'em Poker	24 7:15am Water Aerobics 8am Exercise 9am Tai Chi 10am Ping Pong 1pm Mahjongg 6:30pm Bingo 6:30pm Billiards	25 7:15am Water Aerobics 10am Ping Pong 6:00pmNDQ Poker 6:30pm Bible Study 6:30pm Cards 6:30pm Bean Bag Toss	26 7:15am Water Aerobics 8am Exercise 10am Zentangle class 1pm Mexican Train 7:30pm Shuffleboard	27 7:15am Water Aerobics 9am Tai Chi 1-3 pm Quilting 1pm cards 6:30pm Billiards	28 7:15am Water Aerobics 8am Exercise 10am Ping Pong 1pm Genealogy 4pm Happy Hour 6:30pm Cards	29 7am-1pm Patio Sale 5:30 Texas Hold'em Poker
30 10:30am Church 12:30pm Texas Hold'em Poker	31 7:15am Water Aerobics 8am Exercise 9am Tai Chi 10am Ping Pong 1pm Mahjongg Halloween Party					