

#### DESERT HARBOR—A 55+ COMMUNITY—APACHE JUNCTION, AZ—JANUARY 2017

#### REMEMBERING OUR NEIGHBORS by Jane Boudreau

We end each year by the singing of Auld Lang Syne on New Year's Eve. The first stanza contains the words "Should old acquaintance be forgot..." The response is "no." They should be remembered for the friendship they brought to the Desert Harbor family. This year we said farewell to eight residents. With their families we share our fond memories and hope these words provide comfort to you as we begin a new year without them.

Ron Ruetz was an electrician by trade. He shared his knowledge and skills with residents until his vision would no longer permit. He and Helen were active in our community hosting Halloween parties and humorous fashion shows. He enjoyed attending the monthly potluck and playing bingo on Monday nights. They could frequently be found attending the Broadway Palms Dinner Theater and Barleens Arizona Opry. Weather permitting they would hop in their golf cart for a spin around the community to visit with neighbors. He was a great Dad and Grandfather to a family who miss his love and kindness. They have both left us now. However, those of us who knew him miss his smile and cheerful disposition. He will always be remembered as "Smiley".

**Bruce Weiss** moved to Desert Harbor in 2014 with his wife Cami. They are originally from Minnesota. After my first conversation with Bruce I learned we both worked for Blue Cross Plans. That was his last employer. He previously served in the National Guard, managed a Montgomery Ward's store and worked for Stein Chemical. He had a very positive outlook on life and enjoyed it to the fullest. He enjoyed cooking and collecting kitchen gadgets used in preparation of new recipes. His other interests were gardening, home improvement projects and computers. He enjoyed listening to music and dancing with Cami, his wife of 53 years. He left a lasting impression with a simple "thank you" note I received, a few weeks prior to his passing. He was a loving husband, father to Julie, brother and friend who miss his smiling face and warm hugs.

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**Fay Brandt** resided in Desert Harbor for many years. She was always impeccably dressed when she left her home even if it was to just pick up her mail. She enjoyed attending the luncheons and dinner held in the clubhouse as well as the ladies monthly luncheon out of park. She and her husband loved to dance and she missed her dancing partner after he passed away. She once told me if she could find a dance every evening she would go. Sadly, she was unable to continue dancing and participate in other activities due to her health. She was a loving mother, grandmother and great grandmother. We miss her bright smile and gentle voice.

**Sharon Rau** moved to Desert Harbor with her mother Essie Speers in 2006. She was an Arizona resident the majority of her adult life having worked for Motorola Corporation for over 15 years. After she married Malcolm Rau they traveled a great deal. She enjoyed seeing new areas of our country. Her son described her as a free spirit who loved her family. Their home was where the extended family met on holidays. Her sons said she was a wonderful Mom and Grandmother. You may not have known Sharon; however, I'm sure you may have seen her distributing Avon Catalogs to the cubbies. One of her friends described her as a very sweet gentle soul.

James "Jim" Parker was a Chicago, IL native who arrived in Desert Harbor with his wife, Anna, in 2011. They were high school sweethearts spending 53 years together. They lived in Colorado for 41 years where he was an insurance agent before retiring to a motor home for six years. He was a huge car enthusiast who also enjoyed making bird houses for his grandchildren. He and Anna attended potlucks and other get together functions held in the clubhouse. Missing his bright smile this holiday season are Anna, his son, daughter, grandchildren, great-grandchild, brothers and sisters.

Pat Estes, who lived at lot 77 with Ron, her husband passed away this summer. She and Ron moved to Phoenix in 1998 from Cortez, Colorado. They moved to Desert Harbor in 2002. You can see their home easily when out walking, by looking for the artificial turf in their front yard. Ron always joked that he wanted to find a statue of a boy mowing grass to put on the artificial turf. He hasn't found one yet... Pat loved to shop and visit thrift stores. She also enjoyed trips to Laughlin, but was "no gambling addict!" She had two sisters, one of whom still lives in Mesa. She had two children—Lori McElroy who lives in Beeville, Texas and Robert (Bear) Johnson, Jr. who lives in Cortez. Pat will be missed by her family, friends, and neighbors.

Christopher "Chris" Tomlinson was a long time resident of Desert Harbor passing away on June 6, 2016. He was born in England and lived there during WWII. He immigrated to this country and became a Naturalized Citizen. He lived in California prior to moving to Arizona. He was active in racing Mazda RX7 cars. One of his last endeavors was organizing a "Beat Cancer" fund raiser along with several local businesses. I spoke with him one day on this topic and he very much wanted the ladies of Desert Harbor to be involved with his fund raiser. He maintained a positive attitude that was infectious to all around him. He kept working until shortly before his death, a tribute to his spirit.

**Russell Nations** was a long time resident of Desert Harbor with his wife Sophie. They moved here 12 years ago from Milpitas, CA. Russ met Sophie while stationed in Germany. He was retired from the military. He was a helicopter pilot during the Vietnam Conflict. He was known to affectionately refer to his helicopter as his Huey. His was a painter and ceramic artist during his retirement. One of his neighbors referred to him as a really "great guy." He was a father to Karen, grandfather to three boys and a great-grandfather who are all missing him this holiday season.

As we remember all these residents who have passed, we wish you and yours a Happy New Year filled with love and good health in 2017.

#### From the President's Desk—Bob Hert

Wow, as I write this it is almost January 1, 2017! This year has gone by fast especially the last few weeks. Just seems like the other day we were enjoying the fabulous Ivanka (and sister), we decorated the Clubhouse on the 1<sup>st</sup> and if you have not seen all the festive decorations and the Christmas Village, provided by Ron and Sharon Schupbach please stop by the Club-



house. We had the Kids Next Door, which as always was such a treat. Pastor Penny got everyone in the holiday spirit with the Gospel Jam. The Bell Ringers entertained us on the 13<sup>th</sup> and we continued the Christmas Feeling with our Christmas potluck where there was a great variety of food.

The Christmas outdoor decorating contest was judged on the 16th by residents of La Casa with Lila Hinson, lot 17, taking 1<sup>st</sup> place; John & Ann Eubank, lot 169, taking 2<sup>nd</sup> and Betty Cuevas, lot 113 taking 3<sup>rd</sup> place. Thank you to everyone who decorated...the judges commented that our Park certainly had the Christmas Spirit. Even though the weather looked as if it wouldn't cooperate we had caroling on the 21<sup>st</sup>. What a fun-filled December. Thank you to everyone who helped with all these projects. Without your help we wouldn't be able to have all these fun activities. A big thank you to The Poker players for hosting the Christmas Potluck and Dave & Bev Borchardt, Jerry and Pat Murphy and Dave and Midge Drouin for cooking the dinner hams.

Our January is going to be starting off with our New Year's Eve party, hosted by Bruce and Arlene Wicken and Colleen Kitzman---we'll call it a January event, since most will still be at the Clubhouse at Midnight!! We have our monthly resident's meeting on Saturday the 7<sup>th</sup>; our annual chili cook-off will be the 11<sup>th</sup>, (there is a sign-up sheet in the Clubhouse); a gospel jam will be held on the 14<sup>th</sup>; Jeff Scanlan will be here to perform some magic for us on the 18<sup>th</sup>; our January potluck will be the 21<sup>st</sup> and for those that signed up, the Arizona Opry is on the 27<sup>th</sup>. Another full month of activities!!!

Again, I want to thank everyone who volunteers to help with all our activities. If you have any suggestions for events you would like to see your Board sponsor, please contact any Board Member with your idea.

Remember we live in a very close community, take the time to say hello to your neighbors and keep an eye out for each other. Please be respectful of each other and have fun....life is too short.

#### Church News....

by M. Drouin

On Sunday morning we have church here at Desert Harbor from 10:30 till 11:30 A.M. Our pastor is Penny Newby, a resident here in our community. We are a non-denominational church and everyone is welcome.

#### Gospel Jam....

Every month our community church here at Desert Harbor sponsors a Gospel Jam from 1 P.M. to 3 P.M. January's gospel jam will be held on the 3rd Saturday which will be the 21st from 1 till 3P.M. We have many talented musicians and singers that join us each month. You will hear old time gospel hymns. Everyone is invited, there will be refreshments served as well as coffee. Hope to see you in January.

ACTIVITIES ORGANIZATION					
President (term 2016-2018)	Bob Hert	Lot #43	480-322-5533		
Vice President (term 2016-2018)	Cami Weiss	Lot #188	480-234-5074		
Secretary (term 2015-2017)	Connie Riter	Lot #81	315-657-3078		
Treasurer (term 2015-2017)	Kathy Gabel	Lot #150	480-264-8354		
Board Member (term 2014-2017)	Judy Childers	Lot #201	480-982-3664		
Board Member (term 2015-2018)	Bobbie Lowery	Lot #193	480-276-8568		
Board Member (term 2016-2019)	Sue Behrens	Lot #24	920-254-2005		

DESERT HARBO	DESERT HARBOR ACTIVITIES COORDINATORS					
<u>ACTIVITY</u>	COORDINATOR	<u>TELEPHONE</u>				
BEAN BAG	DON-JUDY CHILDERS	480-982-3664				
BINGO	BRUCE-ARLENE WICKEN BOB-BEV HERT	612-518-4284 208-550-1572				
BUNCO	BECKY GARDNER	480-288-9068				
CASINO TRIPS	CONNIE RITER	315-657-3078				
CLOSET QUILTERS	CAROLE HOBSON	480-288-6270				
CLUBHOUSE DECORATING	SUSAN HOOPES SUE BEHRENS	505-280-5049 920-254-2005				
GENEALOGY	ESTHER LOUGH	480-288-8579				
GOLF	DON WALKER	480-288-5686				
LADIES SOUP & SALAD IN PARK	CONNIE RITER	315-657-3078				
MAH JONGG	ESTHER LOUGH	480-288-8579				
PING PONG	DON-JUDY CHILDERS	480-982-3664				
POKER	ТВА					
SHUFFLEBOARD	BOB HERT	480-322-5533				
TAI CHI	MIDGE DROUIN	602-459-9039				
WELCOME	BILL & SHARI HAUCKE	928-978-4457				
SUNSHINE	PAT BALLOCK	480-983-5303				

**WEB MASTER, DICK SMITH, 480-983-5819** 

**DESERT HARBOR MANAGER, 480-288-8876** 

NEWSLETTER COMMITTEE
Co-Editors Connie Riter & Dave Borchardt
Dick Smith, Bob Mayo, Midge Drouin, Margo Crawford, Jane Boudreau

### **BIRTHDAYS - ANNIVERSARIES**

#### **JANUARY BIRTHDAYS**

#### **JANUARY ANNIVERSARIES**

DAY	<u>NAME</u>	<u>LOT</u>	<u>DAY</u>	<u>NAME</u>	<u>LOT</u>
7	Jerry Stai	126	4	Barry & Nellie Dalton	145
8	Bill Hightower	6	14	Mike & Judy Pfeifer	50
12	Esther Lough	123	22	Gene & Mary Pat Summers	189
20	Peter Jackson	55			
23	Ed Croyle	120			
23	David Hert	43			
24	Bob LeVeque	62			
24	Jan Lofthus	119			
25	Dave Drouin	203			
25	Guy Nagy	108			
25	Judy Pfeifer	50			



If you wish to add your birthday and/or anniversary or make any corrections to the list, please call Dick Smith at 480-983-5819

#### **ITEMS FOR SALE OR ITEMS WANTED**

Please let us know if you have something for sale or if you need something

1



#### PHONE BOOK UPDATES

#### **NEW RESIDENTS**

Mager, Leroy-Diane (lot #118)

Delaney, Ray (lot #94)

Rivers, John-Theresa Lot #54

If you have had a phone number change, please let Dick Smith know.
Dick is in lot #74, phone 480-983-5819

#### CHRISTMAS HOUSE DECORATING CONTEST

1st Place (\$30.00) Lila Hinson Lot #17

2nd Place (\$20.00) John & Anne Eubank Lot #169

3rd Place (\$10.00) Betty Cuevas Lot #113

The judges from La Casa Blanca felt there needed to be Honorable Mention for the following lots:

(no particular order) 61 58 85 80 108 175 37 27 186 8

Thank you to everyone for decorating and making our Desert Harbor Community a little brighter during the holidays.

Thank you to the judges from La Casa Blanca as well.

### **UPCOMING EVENTS**

#### **FEBRUARY**

4th	Saturday	Resident Meeting 9:00 am
5th	Sunday	Super Bowl 51 Party
11th	Saturday	Turf Paradise Bus Trip
11th	Saturday	Gospel Jam 1-3 pm
14th	Tuesday	Valentine's Day
16th	Thursday	Mary Jo 6:30 pm
18th	Saturday	Pot Luck 4:30 HH 5:00 Food
23rd	Thursday	Bernie & Red Show 6:30 pm
25th	Saturday	Trip to the Dutton's Show Mesa

#### **MARCH**

4th	Saturday	Resident Meeting 9:00 am
4th	Saturday	Annual Canadian Party 5:00 pm
11th	Saturday	Fun Days
15th	Wednesday	Road Runner Band 7:00 to 9:00 pm
18th	Saturday	Pot Luck 4:30 HH 5:00 Food
19th	Sunday	Tim Eggebraaten (one man band) 6:30 to 9:30 pm
24th	Friday	Laughing Birds 7:00 to 9:00 pm

#### **APRIL**

1st	Saturday	Resident Meeting 9:00 am				
15th	Saturday	Pot Luck 4:30 HH 5:00 Food				

ALL EVENTS, DATES AND TIMES ARE SUBJECT TO CHANGE

### **Annual Community Garage Sale**

by Jane Boudreau

We have begun to plan for our third annual community sale. In prior years we have included different activities with our sale, some have been successful others not so. This year we will focus on the sale itself including a bake sale, book sale and raffle baskets. These activities produced profits for the organization last year. We will also hold both a mega 50/50 and hourly 50/50 drawings. Food will be available for purchase from the same vendor as last year. Using a vendor frees residents to assist with the sale. A coffee bar next to the delectable baked goods will be available for the early arrivals.

Look for additional information in the clubhouse, newsletters, Activities Organization meetings and emails. With the help and commitment of all our residents we hope to exceed last year's record profit. The revenue generated by the sale allows the Activities Organization to provide events at no or reduced cost to our residents. The Officers and Board have provided a very full schedule over the summer and have many events scheduled for the upcoming months.

For new residents we solicit items from all residents for our sale on March 11, 2017. If you have large items which need to be removed from your home we have a storage unit and will arrange for pick up. Please contact Jane Boudreau or Bob Hert if you have any questions.

#### Ten Coyote Coupon Books to go! by Connie Riter

The new Coyote Coupon Books are in and for sale at \$20 each. We only have 10 more books to sell and our Activities Committee will make \$500. This is a book which contains 160 local discounts – from buy one, get one free or ½ off, to entertainment, golf courses, and many restaurants in Apache Junction, Gold Canyon, and East Mesa.



Some of the new offers this year are Annabelle's Fine Dining at AZ Golf Resort, Chen's Chinese, Fat Willy's, JJ Madisons All American Grill (where they have wonderful broasted chicken), Mesa Market Food Court , Wahoo's Restaurant & Bar, Free Spirit Vacations, Escape Rooms Mesa, Wisconsin Cheese Market at MMP, Office Max, and many others.

Just using a few coupons during the year more than pays for the cost of the book. If you'd like a book, see me at an activity or call me at 315-657-3078.

Posted on: December 27, 2016 Apache Junction Police Dept.

#### Safe Habits for the New Year

The Apache Junction Police Department would like to provide a few tips to our citizens that could protect your personal property.

Chief Thomas E. Kelly reiterates that residential burglaries occur, more often than not, randomly, as the opportunity presents itself. Evaluate your home and determine if it would be an easy target. Don't forget to take into consideration the fact that your home may be vacant during the day. If there is an alley bordering the back yard, you may also need to take extra precautions.

Vehicle burglaries, unfortunately, are also a good resource for thieves, especially during the holiday season. Sometimes the target vehicles are in parking lots, and sometimes they're right in your driveway. Would the items that can be seen in your vehicle be profitable to the thief?

When a neighbor becomes a victim of a burglary, it puts the whole neighborhood on alert. To prevent that first burglary, neighbors need to be cognizant of what is going on in the area, as they should know what is normal and what is not. If something does look suspicious, do not hesitate to call the police department.

The following is a list of suggestions to help avoid becoming a victim of burglary:

- Good locks on windows and doors of a home are a necessity. Don't forget the sliding glass patio door. Use a pin lock or a dowel in the door track to make it more secure. Limit visibility into the home while gone, and do not leave valuables out that are visible from the street. Alarm systems and surveillance cameras are ideal; however, good neighbors and dogs are also great deterrents.
- Do not leave anything in your vehicle that you wouldn't want to lose. If you park outside at night and also have a garage, make sure you don't leave a garage door opener inside. Always check to make sure windows are up and doors are locked. While shopping, keep all packages in the trunk or out of sight. Be aware of your surroundings and ask store or mall personnel for an escort if you feel nervous in any way walking to your vehicle.
- Get to know your neighbors and do what you can to keep the neighborhood safe. If a crime in progress is observed, call 911 immediately. If something or someone looks suspicious or out of place in your neighborhood, call the non-emergency police number, (480) 982-8260, for an officer to check it out.

If you have any questions about this article, or other public safety issues, please contact the AJPD Community Resource Coordinator at (480) 474-5442 or scarney@ajcity.net.

If you are interested in starting a Neighborhood Watch group or would like to have someone speak at a neighborhood meeting please contact Serene.

Working together and sharing information empowers us all to take control of our safety. Have a safe and happy new year.



Hi! I'm Karen Majur, Co-Owner and Agent of Sunshine Home Sales. I've been serving home sale and listing needs of Desert Harbor residents and the East Valley for nearly a decade. As your Desert Harbor neighbor at Lot 173, I have your best interest at heart. Please feel free to call me anytime with questions or concerns regarding the listing and sale of your home. With over 29 years of combined experience in the industry, we know the local market and will find you a new home, or sell your present home at the best possible market price. We offer free consultations!

We wish you a Happy and Healthy New Year!

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#### **BUS TRIPS**

by Connie Riter

Here are some of the trips available in the next few weeks.



Thursday, Jan. 12 – City Tour of Mesa, Tempe, and Scottsdale with lunch in Scottsdale. Visit Western Spirit Museum. \$99 pp

Tuesday, Jan 17 – 19 Everybody Loves San Diego. 2 nights at the Viejas Casino, Visit Seaport Village, Dinner in Old Town at Casa Guadalajara, optional tours of the USS Midway and Maritime Museum. \$359 pp

Wednesday, Jan. 25 – Luxury in Laughlin. 2 nights at the Aquarius, 2 brunch buffets, value coupons. \$229 pp

Tuesday, Jan. 24 – Kartchner Caverns. Lunch at Galleano's in Benson, tour of the Rotunda in the Caverns, Visit the Discovery Center. \$99 pp

Wednesday, Feb. 8 – Oakridge Boys in Laughlin. 2 nights at the Aquarius, Oakridge Boys Concert, One Dinner Buffet, 2 brunch buffets...\$279 pp

Saturday, Feb. 11 – Phoenix Gold Cup Day at the Races. Admission, Program, and How to Wager Guide, Private terrace overlooking track, **hot plated Prime Rib Lunch (definitely!).** Race named in honor of our group, 8 people selected for picture. \$99 pp

Saturday, Feb. 11 – Tubac Festival of the Arts. \$69 pp

Tuesday, Feb. 14 – Verde Canyon Railroad Express. \$169 or \$199 pp (see brochure)

Wednesday, Feb. 22 – Luxury in Laughlin 2 nights at the Aquarius, 2 brunch buffets, Value Coupons. \$229 pp

More trips listed in the clubhouse book. We will have a group going to the Races on Feb. 11<sup>th</sup>—other trips may or may not have anyone going from here. See me for reservations.

#### Tai Chi Class....by M. Drouin

Are you interested in improving your memory, balance, and wellbeing? Well, we have classes twice a week....Monday and Thursday from 9: A.M. till 9:45
Our class includes stretching (a form of Chinese Yoga), and meditative Tai Chi (which relieves stress in your body). Everyone is always welcome...give it a try.



# From the Park Manager's Desk Angi Cummins

I hope that everyone had a safe and happy holiday season! 2016 was a good year, with some great accomplishments in the community. We set a schedule for the clubhouse floors to be cleaned every three months, completed the coffee bar, installed new signage, renovated the community hall bathrooms,

re-landscaped around the pitch and putt area, as well as completed the commercial kitchen. As good as 2016 was – I'm hoping for an even better 2017!

I'm sure many realized the we did not sponsor a Sun Christmas party at the community this year. We opted as a team that instead of a party that only some would attend, we wanted to make sure all residents were recognized during this holiday season. We do hope you all enjoyed the gifts that were personally delivered to your home. If you weren't home, we have your gift in the office and welcome you to stop by.

As I write this, I am still waiting for budgets to be approved for the capital improvements I requested, some of which were based on your feedback throughout the year. Once budgets are approved I will let everyone know what we will be doing for our community this year.

With the new year, I want to make sure I am personally making improvements on my management of the community as well. Please be sure to check your mail cubby in the craft room for the quarterly newsletter from the management team. I will be planning our monthly town hall meetings at least 3 months at a time so that everyone has an opportunity to attend, with at least 6 of our meetings to be held on a Saturday to allow those that work during the week to attend meetings. We will also be planning our Sun sponsored community events for 3 months at a time. I will work with the activity council to be sure we are not duplicating events and that we are not overlapping or interfering with existing plans/events. Please let me know if there are particular types of events you would like to have us plan! So far we will be planning a game day to include a cornhole tournament, Wii bowling (if you've never done this you will have to check it out!), possibly a poker tournament and games to still be determined. Ice Cream Socials, Pancake Breakfasts plus much more are in the works!

In addition to the "fun stuff" – there is sometimes a not so fun part of what I do – which is making sure each home lot is in compliance with the community policies and lease agreements. Please be sure you are familiar with and are adhering to the community expectations/rules & regs/lease agreements.

Thank you all for continuing to call Desert Harbor your home!

Best Regards and Warm Wishes for a Wonderful New Year!

**Angi Cummins** 

#### BUNCO RESULTS by Becky Gardner

Another month has passed and we are still going strong.

December 1st winners were Lavonne Lindholm for Most Buncos. Most Wins went to Don Childers followed by Judy Childers for 2nd and Kathy Speese for 3rd. Most Losses went to Bobbie Lowery and Traveling to Nancy Pavkov!!

December 15th winners were Bobbie Lowery for Most Buncos . Sid Gardner came in with Most Wins and Traveling. Kathy Gabel got 2nd most wins with Wanda Tucker for 3rd. Arlene Wicken took home most losses.

January dates are the 5th and 19th! Hope to see you all there. Thank you all for the participation this year, it's been fun.

Have a Happy New Year. Becky Gardner







Hi, I'm Pat Pedersen, my husband Ed and I are new to Desert Harbor (#69) but not new to the business of getting informed buyers and sellers together for successful home closings.

Come by, or invite us over to talk about your plans to get your friends down here, or your plans to get your present home ready to go on the market.

Pat Pedersen Ed Kelly 845-548-3037 845-248-8156 patwle@aol.com ekcatv@aol.com

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#### CHRISTMAS CAROLING

Thank you to everyone who went Christmas Caroling on Dec. 21st.

There were about 25 of us and we all had a great time.

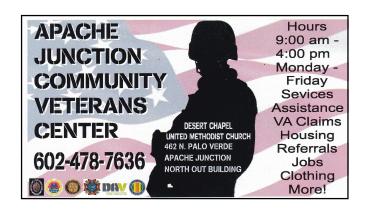
The cookies and hot chocolate we had at the clubhouse afterward were terrific.

Please consider coming out with us next year.

You will have a good time and it will warm your heart to see the look on our resident's faces. It only happens once a year and it is pretty special.

#### AEROBIC EXERCISE CLASS

Don't forget we have our Aerobic Exercise classes every Monday, Wednesday and Friday mornings at 8:00 am in the clubhouse. It is a 45 minute to one hour work-out and is a very good program to follow. We use the "Walking with Leslie" DVD's and usually will do a 3 mile exercise walk. Great for New Year's resolutions!







#### Christmas Pot Luck....by M. Drouin

On Saturday, December the 17th, we had our monthly pot luck hosted by the poker group. There were 104 signed up but only 94 in attendance. Residents came dressed in Christmas attire which was very festive. We heard Christmas music in the background and the clubhouse was decorated with a beautiful tree that sat on stage with packages beneath. The mantle was also decorated beautifully with a fireplace that had crackling logs which brought out a warm ambiance. The card room had a beautiful Christmas Village set up by Sharon and Ron Shupbach.

We had five hams that were furnished by Sun Community and cooked by the poker group. The food table had an abundance of different dishes such as: salads, casseroles, stew, potatoes, beans, fruit, and vegetable trays. The dessert table had many varieties of cookies, pies, brownies, cakes and candy. No one went away hungry for sure.

We had our usual 50/50 raffle and the first prize winner of \$45 went to Carol Lazarri with the 2nd place prize going to Bill Hauke. There were two \$10 gift cards and the winners were Jim Gabel and Guy Nagy. We also had two \$25 gift cards won by David Hert and Terry Watts. We had two wine bottles which were won by Bill Hightower and Don Childers. Congrats to all the winners and a big thank you goes out to all who contributed to a wonderful time! The evening ended with a few residents playing card bingo. Thanks to the poker group for hosting and the cleanup crew.



JEFF SCANLAN, Magician

Jeff Scanlan, magician will be performing here for us on January 18, from 6:30 to 7:30 pm. Don't miss his unique act! Here is what he says about himself...

"Born and raised in the Northwest suburbs of Chicago, IL, I've spent a large portion of my life as an entertainer. Following six very successful years in corporate sales, I decided to follow my true passion and become a professional magician. I bring my clean-cut, polished corporate image and expert magic experience to every performance."



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#### **CHIT CHAT AROUND THE PARK**





### **Ladies Soup n Salad Luncheon/Fashion Show** by Connie Riter

Our ladies soup n salad luncheon – fashion show was held at noon on Dec. 6th with about 30 people attending. We had a variety of soups and salads which we all enjoyed. The fashions were provided by Cato's and the models were Kathy Gabel, Arlene Wicken, Gabby Martolano, Cami Weiss, and Jane

Boudreau. Each model had three changes and Cato provided two gift cards as well as giving all in attendance a percentage off anything they bought. As always, a 50/50 raffle is held at the end of the luncheon. Everyone had a good time sharing fun and friendship. Our next luncheon is on January 3<sup>rd</sup>. We invite all ladies in the park to attend – just sign up and bring either a soup, salad, or dessert and be there by noon. This is a good time to meet some new ladies in the park and it only lasts about 90 minutes.

#### Ladies Luncheon at Annabelle's

by Jane Boudreau

On Tuesday, December 20, 2016 seventeen ladies enjoyed a holiday luncheon at Annabelle's at the Arizona Golf Resort. The service was a little slow however, that allowed us to visit a little longer. The overall consensus was the food was fair but not great. I do not think we will be returning. Seven of the ladies took a side trip to Dairy Queen on their way home.

Next month the ladies have selected the Outback at 1650 S Clearview St. (Power and Highway 60). A sign up sheet will be posted for those interested in attending. The luncheon is held on the third Tuesday of each month. Please mark your calendars and join your neighbors for a little conversation with a side of food. It's an enjoyable two hours with the ladies of Desert Harbor. If you have met a new resident please ask her to join us for lunch.



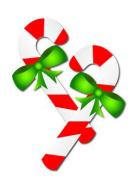


#### Getting in the Christmas Spirit by Connie Riter

On Tuesday, December 6<sup>th</sup> we were pleasantly entertained by the Kids Next Door, a charter school for performing arts in Mesa. The group of elementary students, many of whom came with their parents, sang and danced for us. We had about 114 people who came to hear them. They sang in full chorus and then in smaller groups of 4. With the background of our Christmas tree, they helped share the Christmas spirit, especially when we sang with them on favorite Christmas carols. (We even watched Dick Smith "sign" during Silent Night.)

At this school from kindergarten through sixth grade, students must take violin, dance, and choral classes as well as visual and theater arts. Some students say this results in improved academics. They have been invited to perform at Disney, as they have in previous years, and we took up a donation to help them with their costs.

On Tuesday, December 13<sup>th</sup>, we were again entertained – this time by the Red Mountain Ringers, an adult hand bell group under the direction of Kathy Wooton. The group consisted of about 15 bell ringers, some of whom have been playing the bells for 30 years or more! We had about 75 people who came to hear them. Again they played many Christmas songs and patriotic tunes. Kathy provided some of the history behind bell playing and showed the various sounds the bells could make. Thanks, Cami, for getting both of these groups to perform for us!







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#### **HEALTH ARTICLE** by Midge Drouin

#### What are anxiety disorders? (part one, part two will be in February issue)

Feeling anxious is a normal reaction to stress, and everyone feels anxious from time to time. Sometimes anxiety can even be positive — when it helps motivate you to address a tense situation at work, study harder for an exam, prepare for a new situation, or stay focused on an important task. In general, anxiety helps people cope and doesn't last for very long. But when anxiety becomes excessive, is not appropriate for the situation, or lasts a long time, it can get in the way of your everyday activities and may interfere with how you get along with others.

Some Veterans develop severe anxiety following a trauma or a life-threatening experience. For others, stressful life events — such as the transition from military to civilian life or difficult work situations — can cause anxiety disorders.

There are several types of anxiety disorders with a variety of symptoms. Some people have repeated short-term episodes of intense fear called panic attacks, while others have exaggerated worry, tension, and fear most of the time or in everyday social situations. Sometimes, this anxiety can cause physical symptoms like a pounding heart, trouble breathing, trembling, sweating, or being easily startled. Other times, anxiety disorders can include ongoing, intrusive, and unwanted thoughts or changes in behavior.

Common anxiety disorders include panic disorder, social phobia, generalized anxiety disorder, and obsessive -compulsive disorder. No matter the condition you may have, it is important to know that most people who have an anxiety disorder can improve their symptoms through connecting with professional care.

What are the signs of anxiety disorders?

A wide variety of symptoms may be signs of an anxiety disorder, some of which may be physical symptoms:

Pounding or racing heart

Sweating or cold, clammy hands

Feeling jumpy or restless

Trembling, twitching, or shaking

Having a hard time catching your breath

Feeling a fullness in the throat or chest

Feeling dizzy or lightheaded

Having stomachaches or nausea

Having trouble falling asleep or getting a good night's rest

The health articles are generally taken from medical information web sites and are not endorsed or promoted by the newsletter committee

#### RECYCLED GREETING CARDS WANTED

Do you have used greeting cards? There is a basket in the clubhouse that you can put them in. Only the fronts are used. Connie Riter will be sure the cards are sent to St. Jude's in Nevada. Thank you.





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### **INFORMATION**

GARBAGE Picked up every Monday and Thursday morning (please don't put your food

garbage out the night before because the Coyotes love to rip it open).

If one of the following holidays falls on a Monday or Thursday, the garbage will

be picked up one day later:

Independence Day, Thanksgiving Day, Christmas Day, New Year's Day

**RECYCLE** We have dumpsters located on the west side of the clubhouse. There are two

yellow color containers, one is for "aluminum cans" ONLY and another for pa per and cardboard. We get money for these two dumpsters, so PLEASE use them as it helps the Activity Club's treasury. The two blue recycle dumpsters are for plastic, glass and all other recycle items. We do not get any money for

these two containers, but please recycle as much as you can.

**MAIL** The mail person that delivers our mail will put the "red flag" up when he/she is

done. If you have outgoing mail, just put it in the outgoing mail slots and it will

be picked up. Please do not put the red flag up, let the mail person do it.

**WEB SITE** www.desertharboraz.net

You can find lots of information there including updates to our calendar

**NAME BADGES** Custom made name badge with your name & lot number

Contact Connie Riter, Lot #81, 315-657-3078

**FOOD BANK** There is a cardboard box in the clubhouse marked "Food Bank". Please

bring non-perishable items to put in the box. Please do not bring outdated

or expired items, we just have to throw them away.

**MEDICINE** You can drop off your old prescription medications at the Apache Junction

**DISPOSAL** Police Dept. Monday through Thursday from 9:00 am to 5:00 pm

**DRIVERS LICENSE & TITLE-REGISTRATION** 

575 N Idaho Rd Ste 600 Apache Junction 85119 www.azdot.gov

**APACHE JUNCTION CHAMBER OF COMMERCE** 

567 Apache Trail Apache Junction 85120 www.ajchamber.com

#### Notes from December Residents Meeting

by Connie Riter

Our monthly residents meeting was held on Dec. 3 at 9 am with Bob Hert leading us in the Pledge of Allegiance. About 60 residents were present. Robert Kirchmaier and Margaret Chrysler (lot 128), new residents, were introduced. All Board Members were present except Sue Behrens.

The minutes and treasurer's report were approved as written. Cami indicated that The Kids Next Door are coming on Tuesday to sing for us. A donation box will be set out to help them fund their trip to Disney World. Dec. 13 the Bell Ringers will play for us again. Please bring a dozen cookies to share and sign up so we know how many chairs to set out. Donna Belfour collected 25 pounds of food for the food bank. They also need new clothes for kids. Bring them to lot 135. Carol Rysavy mentioned bringing new books to our Library and re-stated the information about getting books from the Book Vault in Power Square. (1/2 price if you mention her name.) Art Roberts asked why certain events are being displaced because we are hiring entertainment for the times reserved for cards, etc. Bob said we are bound by the entertainers' restraints and since only a few people are being inconvenienced, he doesn't see any way to change this situation. Sherry Weinert is collecting money for the AZ Oprey and Karen Kroschel will be collected for the Duttons by the end of the month. Jane Boudreau then told us of the plans for the Fun Days in March. (See notes in clubhouse for details.) Bob asked for approval to purchase 2 new big coffee pots and 2 small ones. This was approved. Colleen Kitzman asked about getting gifts for families in Apache Junction. When she brings the information to us, she will have the age of the children, what they want, and for the parents usually gift cards for food.

Bob then went through the list of upcoming events and indicated that after our next residents meeting, USA insurance will speak for a few minutes on their services. They are now advertising on the last page of our newsletter.

We had 114 people for Ivanka. In January we need to establish a nominating committee. Connie, Kathy, and Judy have positions which are up this year. Both Connie and Kathy said they would run again. Bob asked that you do not call him late at night. He has received calls between 12 and 12:30 at night. He will not answer them. Art asked who won the two \$25 gift cards from Thanksgiving. Guy Nagy won one. No one could remember the other person. The 50/50 raffle was won by Bev Hert for \$55. Meeting adjourned at 10:05am.

SUPER BOWL PARTY **Super Bowl Fifty-One** Sunday, February 5th 2017

Clubhouse approx. 4:30 pm

Watch for details



HOUSTON 02.05.17

### DESERT HARBOR RESIDENTS OFFER SERVICES

<u>NAME</u>	<u>LOT</u>	SERVICE	<u>PHONE</u>
Midge Drouin	203	Haircuts, Styling, Blow Drying	602-459-9039
Dorothy Mueller	155	Avon Products, Free Boxes	480-984-9780
Esther Lough	123	Puppy Sitting	480-288-8579
Connie Riter	81	Bus Trips	315-657-3078
Jean Myers	44	Pet & House Sitting, Drive to Store, Doctor's Office, Airport, House Cleaning	480-671-4481
Bob Myers	44	Yard work, odd jobs	480-671-4481
John Williams	162	Handyman	602-561-4562
Liz Pawlowski	6	Odd jobs, anything you can't do yourself	623-385-5429
Karen Majur	173	Sunshine Home Sales	480-250-2219
Barry Dalton	145	http://www.abcliveit.com	801-616-2643
Joyce Hoopes	141	Pet Sitting	505-250-6613
Jim Gabel	150	Roof shingle repair, Painting, Handyman	480-264-8354
Richard Nienkark	192	Painting, light landscaping, irrigation	480-288-0568
Karen Ayo	175	House cleaning, Elder care	480-383-9071
Jim Jackson	57	Computer help	480-625-1364
Miles Lowery	193	Exterior pressure washing, screens & windows, exterior painting, tighten jacks under home, handyman	480-276-8568
Pat Pederson-Ed Kelly	69	Hummingbird Homes, Inc.	480-832-6241
Elaine Granata	99	Hairdresser	860-922-3681

# January 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30 am Church 12:30pm Texas Hold'em Poker	2 7:15am Water Aerobics 8am Exercise 9am Tai Chi 10am Ping Pong 12:00pm Golf 1pm Mahjongg 2pm Shuffleboard 6:30pm Bingo 6:30pm Billiards	3 7:15am Water Aerobics 10am Ping Pong 12pm Ladies Soup/ Salad Luncheon 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards	4 7:15am Water Aerobics 8am Exercise 1pm Mexican Train	5 7:15am Water Aerobics 9am Tai Chi 10am Bunco 12:30 Golf 1pm cards 1-3 pm Quilting 6:30pm Billiards	6 7:15am Water Aerobics 8am Exercise 10am Ping Pong 1:30-3:30pm Genealogy 2pm Bean Bag Toss 4pm Happy Hour 6:30pm Cards	7 7am Coffee/Donuts 9am Resident's Meeting 5:30 Texas Hold'em Poker
8 10:30 am Church 12:30pm Texas Hold'em Poker	9 7:15am Water Aerobics 8am Exercise 9am Tai Chi 10am Ping Pong 12:00pm Golf 1pm Mahjongg 2pm Shuffleboard 6:30pm Bingo 6:30pm Billiards	10 7:15am Water Aerobics 10am Ping Pong 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards	11 7:15am Water Aerobics 8am Exercise 1pm Mexican Train 4-6pm Chili Cookoff	12 7:15am Water Aerobics 9am Tai Chi 12:30 Golf 1pm cards 1-3 pm Quilting 6:30pm Billiards	13 7:15am Water Aerobics 8am Exercise 10am Ping Pong 1:30-3:30pm Genealogy 2pm Bean Bag Toss 4pm Happy Hour 6-9pm Karaoke 6:30pm Cards	14 7am Coffee/Donuts  1-3pm Gospel Jam 5:30 Texas Hold'em Poker
15 10:30 am Church 12:30pm Texas Hold'em Poker	16 7:15am Water Aerobics 8am Exercise 9am Tai Chi 10am Ping Pong 12:00pm Golf 1pm Mahjongg 2pm Shuffleboard 6:30pm Bingo 6:30pm Billiards	17 7:15am Water Aerobics 10am Ping Pong 11am Ladies Luncheon 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards	18 7:15am Water Aerobics 8am Exercise 10am Zentangle 1pm Mexican Train 6:30-7:30pm Jeff Scanlan, Magician	19 7:15am Water Aerobics 9am Tai Chi 9:00am Casino Fort McDowell 10am Bunco 1-3 pm Quilting 12:30 Golf 1pm cards 6:30pm Billiards	20 7:15am Water Aerobics 8am Exercise 10am Ping Pong 1:30-3:30pm Genealogy 2pm Bean Bag Toss 4pm Happy Hour 5:30 Texas Hold'em Poker	21 7am Coffee/Donuts 4:30 Happy Hour 5pm Pot Luck
22 10:30 am Church 12:30pm Texas Hold'em Poker	23 7:15am Water Aerobics 8am Exercise 9am Tai Chi 10am Ping Pong 12:00pm Golf 1pm Mahjongg 2pm Shuffleboard 6:30pm Bingo 6:30pm Billiards	24 7:15am Water Aerobics 10am Ping Pong 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards	25 7:15am Water Aerobics 8am Exercise 1pm Mexican Train	26 7:15am Water Aerobics 9am Tai Chi 12:30 Golf 1pm cards 1-3 pm Quilting 6:30pm Billiards	27 7:15am Water Aerobics 8am Exercise 10am Ping Pong 1:30-3:30pm Genealogy 2pm Bean Bag Toss 4pm Happy Hour 6:30pm Cards Arizona Opry trip	28 7am Coffee/Donuts 5:30 Texas Hold'em Poker
29 10:30 am Church 12:30pm Texas Hold'em Poker	30 7:15am Water Aerobics 8am Exercise 9am Tai Chi 10am Ping Pong 12:00pm Golf 1pm Mahjongg 2pm Shuffleboard 6:30pm Bingo 6:30pm Billiards	31 7:15am Water Aerobics 10am Ping Pong 6pmNDQ Poker 6:30pm Bible Study 6:30pm Cards				

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